EO MX20.01A – PARTICIPATE IN A CAF ACTIVITY

1. **Performance**: Participate in a CAF Activity

2. **Conditions**:

    a. Given:

        (1) Equipment as required by CAF staff,

        (2) Supervision, and

        (3) Assistance as required.

    b. Denied: Nil.

    c. Environmental: Any.

3. **Standard**: The cadet shall participate in a CAF activity.

4. **Teaching Points**:

    a. Provide the CAF staff with information about the cadets (eg, age) and ask them to leave time for questions and answers. Confirm if additional equipment is needed.

    b. Brief the cadets on their expected behaviour during the activity.

    c. Have the cadets prepare a thank-you card(s) for the CAF staff.

    d. CAF staff will brief the cadets, to include:

        (1) safety rules and regulations,

        (2) description and characteristics of the equipment being used / activity being conducted,

        (3) the procedures to be followed when:

            (a) preparing to use equipment / participate in an activity;

            (b) using equipment / participating in an activity; and

            (c) upon completion of using the equipment / participating in the activity; and

        (4) any other pertinent information.

    e. Have the cadets participate in the CAF activity.

    f. Debrief the cadets. Ideally this will be done by the CAF staff who were involved in the activity and should include:

        (1) how the cadets felt about the activity,

        (2) a question and answer period, and

        (3) having a cadet (or cadets) thank the staff on behalf of all cadets and present the thank-you card(s).

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5. **Time**: Up to two sessions (six periods) of mandatory training are allocated for this EO, with the option of adding complementary training time.

6. **Substantiation**: A practical activity was chosen for this lesson as it is a fun way to build on the cadets' knowledge of the CAF.

7. **References**: Nil.

8. **Training Aids**: Nil.

9. **Learning Aids**: Materials for making thank-you cards.

10. **Test Details**: Nil.

11. **Remarks**:

    a. Examples of CAF activities include:

        (1) CAF exercise,

        (2) Royal Canadian Navy (RCN) ship day sails,

        (3) CAF equipment displays / rides (eg, armoured vehicles, aircraft and ships),

        (4) small arms trainer,

        (5) simulator,

        (6) CAF mock tower familiarization,

        (7) CAF rappelling, and

        (8) CAF confidence course.

    b. Activities shall be chosen based on human and material resources available to the corps / squadron.

    c. There is no instructional guide for this EO.

    d. Participation in activities with affiliated / CAF units shall be IAW CATO 11-33, *Affiliated Unit Support and Canadian Forces Training*.

    e. CAF activities that use pyrotechnics and blank ammunition shall be IAW CATO 14-48, *Use of Pyrotechnics and Blank Ammunition*.

    f. Participating in a rappelling activity shall be IAW CATO 45-03, *Military Rappel Training*.

    g. Mock Tower activities shall be conducted IAW LFCO 22.01, *Parachuting*.

    h. Participation in a CAF confidence course will be as per the standing orders of the unit in charge of the confidence course.

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