EO M409.05 – INSTRUCT A 30-MINUTE LESSON

1. **Performance**: Instruct a 30-Minute Lesson
2. **Conditions**:
   a. Given:
      (1) A lesson specification,
      (2) An instructional guide, and
      (3) Supervision.
   b. Denied: Assistance.
   c. Environmental: Classroom or training area large enough to accommodate the entire group.
3. **Standard**: The cadet shall instruct a 30-minute lesson by:
   a. preparing the lesson;
   b. introducing the lesson;
   c. presenting the content of the lesson;
   d. confirming the knowledge / skills learned during the lesson; and
   e. concluding the lesson.
4. **Teaching Points**: Have the cadets instruct a 30-minute lesson by:
   a. preparing the lesson;
   b. introducing the lesson;
   c. presenting the content of the lesson;
   d. confirming the knowledge / skills learned during the lesson; and
   e. concluding the lesson.
5. **Time**:

a.	Introduction / Conclusion:	5 min
b.	Practical Activity:	85 min
c.	Total:	90 min

6. **Substantiation**: A practical activity was chosen for this lesson as it is an interactive way for cadets to develop instructional skills in a safe and controlled environment.
7. **References**: Nil.
8. **Training Aids**: Instructional Techniques Assessment Form.
9. **Learning Aids**:
   a. Presentation aids (eg, whiteboard / flip chart / OHP) appropriate for the classroom / training area, and
   b. Instructional Techniques Assessment Form.

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10. **Test Details**: This EO is assessed IAW Chapter 3, Annex B, 409 PC.

11. **Remarks**:

    a. There is no instructional guide for this EO.

    b. Additional instructions regarding the conduct and assessment of this EO are located in Chapter 3, Annex B, 409 PC.

    c. The cadets shall instruct Phase One or Phase Two cadets during a regular training session.

    d. The course officer shall communicate with the training officer to:

        (1) place the Phase Four cadets into the instructor schedule;

        (2) ensure the cadets are assigned a lesson at least one week prior to conducting this EO, to include:

            (a) a lesson specification, and

            (b) an instructional guide; and

        (3) adjust the period allocation for this EO if all three periods are not required for each Phase Four cadet to instruct a 30-minute lesson.

    e. Time for lesson planning for this EO is available in EO C409.01 (Plan a Lesson), should the course officer deem it necessary.

    f. Additional time for this EO is available in EO C409.02 (Instruct a 30-Minute Lesson).

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