EO M409.02 – IDENTIFY ELEMENTS OF A POSITIVE LEARNING ENVIRONMENT

1. **Performance**: Identify Elements of a Positive Learning Environment

2. **Conditions**:

   a. Given:

      (1) Supervision, and

      (2) Assistance as required.

   b. Denied: Nil.

   c. Environmental: Classroom or training area large enough to accommodate the entire group.

3. **Standard**: The cadet shall identify elements of a positive learning environment, to include:

   a. physical and emotional safety;

   b. stress management; and

   c. classroom / training area management.

4. **Teaching Points**:

TP	Description	Method	Time	Refs
TP1	Describe the importance of a physically and emotionally safe learning environment.	Interactive Lecture	15 min	A0-118 (p. 5, p. 7, p. D 1) C0-376 (p. 39, p. 103) C0-383 C0-385
TP2	Conduct a group discussion on stress management techniques, to include: a. creating positive stress to encourage learning; and b. controlling negative stress by: 1. informing cadets of expectations; 2. providing necessary resources; 3. providing adequate time to accomplish tasks; 4. incorporating physical activity; 5. providing time to process information; and 6. practicing relaxation techniques.	Group Discussion	15 min	A0-055 (pp. 44–47) A0-118 (p. 12, p. L 1) C0-191 (p. 293, p. 294, p. 300, p.301) C0-375 C0-380 (pp. 8.14–8.16, p. 4.4 C0-191

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TP	Description	Method	Time	Refs
TP3	Identify classroom / training area management techniques, to include: a. attention signals; b. correcting behaviour; c. providing positive reinforcement; d. engaging the learner; and e. managing distractions.	Interactive Lecture	20 min	A0-055 (pp. 44–47) C0-375 (p. 5.6, p. 5.7) C0-381 C0-382 C0-384

5. **Time**:

a.	Introduction / Conclusion:	10 min
b.	Interactive Lecture:	35 min
c.	Group Discussion:	15 min
d.	Total:	60 min

6. **Substantiation**:

a. An interactive lecture was chosen for TPs 1 and 3 to provoke thought and stimulate the cadet's interest in the importance of a physically and emotionally safe learning environment and a well-managed classroom / training area.

b. A group discussion was chosen for TP 2 as it allows the cadets to interact with their peers and share their knowledge, experiences, opinions and feelings about stress management.

7. **References**:

a. A0-055 A-P9-050-000/PT-006 Director Training and Education Policy. (2002). *Canadian Forces individual training and education system* (Vol. 6). Ottawa, ON: Department of National Defence.

b. A0-118 Director Cadets 3. (2007). *Youth reference guide*. Ottawa, ON: Department of National Defence.

c. C0-191 ISBN 978-0-7360-6675-4 Corbin, C. & Lindsey, R. (2007). *Fitness for life: Updated fifth edition*. Windsor: Human Kinetics.

d. C0-375 ISBN 978-1-879097-10-0 Kagan, S., & Kagan, M. (2009). *Kagan cooperative learning*. San Clemente, CA: Kagan Publishing.

e. C0-376 ISBN 0-7619-4626-8 Earle, L. M. (2003). *Assessment as learning*. Thousand Oaks, CA: Corwin Press, Inc.

f. C0-380 Scott, E. (2008). *Cortisol and stress: how to stay healthy*. Retrieved February 25, 2009, from http://www.Stress.about.com/od/stresshealth/a/cortisol.htm?p=1

g. C0-381 McDonald, E. (2006). *How to involve and engage students*. Retrieved March 4, 2009, from http://www.education-world.com/a_curr/columnists/mcdonald/mcdonald007.shtml

h. C0-382 Bear, TC. (2009). *Quiet signals for getting attention and control of your classroom*. Retrieved February 27, 2009, from http://www.teachercreated.com/blog/?tag=attention-signals

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i. C0-383 Bell, A. (2007). *Creating a learning centered environment - Introduction*. Retrieved February 23, 2009, from http://www.dialogueonlearning.tc3.edu/model/environment/Introduction-grp.htm

j. C0-384 Handy, K. (2009). *Classroom management plan*. Retrieved February 27, 2009, from http://www.katiehandy.wordpress.com/classroom-management-plan/

k. C0-385 Boudreau, D. (2008). *Creating the ideal learning environment - Emotional*. Retrieved February 25, 2009, from http://ezinearticles.com/?Creating-the-Ideal-Learning-Environment---Emotional&id=1536435

8. **Training Aids**:

   a. Presentation aids (eg, whiteboard / flip chart / OHP) appropriate for the classroom / training area,

   b. Relaxation exercise handouts,

   c. Create a positive learning environment crossword puzzles, and

   d. Create a positive learning environment crossword puzzle answer key.

9. **Learning Aids**:

   a. Relaxation exercise handouts, and

   b. Create a positive learning environment crossword puzzles.

10. **Test Details**: This EO is assessed IAW Chapter 3, Annex B, 409 PC.

11. **Remarks**: Nil.

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