ROYAL CANADIAN SEA CADETS

PHASE FOUR

INSTRUCTIONAL GUIDE

SECTION 2

EO M407.02 – IDENTIFY YEAR FOUR CADET SUMMER TRAINING CENTRE (CSTC) TRAINING OPPORTUNITIES

Total Time: 30 min

PREPARATION

PRE-LESSON INSTRUCTIONS

Resources needed for the delivery of this lesson are listed in the lesson specification located in A-CR-CCP-604/PG-001, *Phase Four Qualification Standard and Plan*, Chapter 4. Specific uses for said resources are identified throughout the instructional guide within the TP for which they are required.

Review the lesson content and become familiar with the material prior to delivering the lesson.

Review year four CSTC training opportunities found at CATO 31-03, *Sea Cadet Program Outline*, as the prerequisites for courses may change.

Review CSTC staff cadet employment opportunities found at CATO 13-28, *Advanced Training–Staff Cadets*, as the prerequisites for positions may change.

PRE-LESSON ASSIGNMENT

Nil.

APPROACH

A group discussion was chosen for TP 1 as it allows the cadets to interact with their peers and share their experiences, opinions and feelings about year four CSTC training opportunities.

An interactive lecture was chosen for TP 2 and 3 to orient the cadets to year four CSTC training opportunities and to generate interest.

INTRODUCTION

REVIEW

Nil.

OBJECTIVES

By the end of this lesson the cadet shall have identified year four CSTC training opportunities.

IMPORTANCE

It is important for cadets to identify year four CSTC training and employment opportunities because they must decide what route fits them best based on their previous training. These opportunities will enable cadets to

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plan their professional development in the program by transitioning from a cadet course to a staff cadet. The ability to set early goals will prepare them for future opportunities.

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Teaching point 1 **Conduct a group discussion on specialty areas for year four CSTC training.**

Time: 5 min Method: Group Discussion

BACKGROUND KNOWLEDGE



The purpose of the group discussion is to draw the following information from the group using the tips for answering / facilitating discussion and the suggested questions provided.

Write the specialty areas on a whiteboard / flip chart and discuss the activities associated with each area. Cadets may already know which area they would like to pursue and have a general idea of the activities.

AIR RIFLE MARKSMANSHIP

Cadets will develop marksmanship and biathlon knowledge and skills. Activities include:

- participating in advanced air rifle marksmanship training;
- participating in recreational marksmanship and biathlon activities;
- performing range assistant duties; and
- learning marksmanship instructional techniques.

FITNESS AND SPORTS

Cadets will improve individual fitness and sports knowledge and skills. Activities include:

- playing and developing skills in sports;
- participating in personal fitness activities; and
- learning fitness and sports instructional techniques.

MUSIC

Cadets will develop music knowledge and skills. Activities include:

- learning music theory;
- playing an instrument as part of an ensemble;
- playing an instrument as part of a military band;
- developing individual music skills; and
- learning music instructional techniques.

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SAIL

Cadets will develop sailing skills and knowledge IAW the Canadian Yachting Association (CYA) Learn-to-Sail (LTS) Program. Activities include:

- developing sailing skills;
- learning sailing theory;
- developing fundamental coaching knowledge and skills; and
- obtaining small craft operation qualifications.

SEAMANSHIP

Cadets will develop seamanship knowledge and skills. Activities include:

- obtaining small craft operation qualifications;
- communicating in a naval environment;
- performing ropework;
- performing petty officer of the watch duties;
- performing coastal navigation;
- performing small craft maintenance; and
- marine engineering.

DRILL AND CEREMONIAL

Cadets will develop the knowledge and skills required to improve leadership and drill and ceremonial knowledge and skills. Activities include:

- developing leadership skills;
- performing naval ceremonial drill;
- performing advanced foot drill;
- delivering words of command;
- performing cutlass drill;
- performing flag drill;
- executing ceremonies; and
- learning drill instructional techniques.

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GROUP DISCUSSION



TIPS FOR ANSWERING / FACILITATING DISCUSSION:

- Establish ground rules for discussion, eg, everyone should listen respectfully; don't interrupt; only one person speaks at a time; no one's ideas should be made fun of; you can disagree with ideas but not with the person; try to understand others as much as you hope they understand you; etc.
- Sit the group in a circle, making sure all cadets can be seen by everyone else.
- Ask questions that will provoke thought; in other words avoid questions with yes or no answers.
- Manage time by ensuring the cadets stay on topic.
- Listen and respond in a way that indicates you have heard and understood the cadet. This can be done by paraphrasing their ideas.
- Give the cadets time to respond to your questions.
- Ensure every cadet has an opportunity to participate. One option is to go around the group and have each cadet answer the question with a short answer. Cadets must also have the option to pass if they wish.
- Additional questions should be prepared ahead of time.

SUGGESTED QUESTIONS:

Q1. Which summer training activities interest you?

Q2. Who is interested in applying for summer training this year? Why?

Q3. What specialty area are you interested in pursuing? Why?



Other questions and answers will develop throughout the group discussion. The group discussion should not be limited to only those suggested.



Reinforce those answers given and comments made during the group discussion, ensuring the teaching point has been covered.

CONFIRMATION OF TEACHING POINT 1

The cadets' participation in the group discussion will serve as the confirmation of this TP.

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Teaching point 2 **Describe year four CSTC courses.**

Time: 15 min Method: Interactive Lecture



A cadet who has attended one of these courses could be asked to speak about their experience during this TP.

COMMON COURSES



Common courses are available to air, army, and sea cadets.



Refer to CATO 31-03, *Sea Cadet Program Outline* for prerequisites.

Air Rifle Marksmanship Instructor. The aim of this course is to improve the cadets' marksmanship and biathlon knowledge and skills and to prepare the cadets to assist in the delivery of marksmanship and biathlon training.

Fitness and Sports Instructor. The aim of this course is to improve the cadets' fitness and sports knowledge and skills and to prepare the cadets to assist in the delivery of fitness and sports training.

Military Band–Intermediate Musician. The aim of this course is to improve the cadets' music knowledge and skills and to prepare the cadets to assist in the delivery of music training.

Military Band–Advanced Musician. The aim of this course is to improve the cadets' music knowledge and skills and to prepare the cadets to assist in the delivery of music training.

ELEMENTAL COURSES

Intermediate Sail. The aim of this course is for cadets to become proficient in intermediate sailing skills and basic powerboat operation. Cadets will achieve CYA Bronze Sail Level IV and begin working toward achievement of CYA Bronze Sail Level V. In addition, cadets will receive Outboard Powerboat Operator certification through achievement of the Pleasure Craft Operator Competency (PCOC) and Small Boat Power qualifications (Modules 1 and 4 of the Small Craft Operator Program [SCOP]).

Sail Coach. The aim of this course is for cadets to become proficient in advanced sailing skills and safety boat operation. Cadets will achieve CYA Bronze Sail Level V and become trained CYA LTS Coaches. In addition, cadets will receive Safety Boat Operator certification through achievement of the Restricted Operator Certificate (Maritime) and Small Craft Rescue Award qualifications (Modules 2 and 3 of the SCOP).

Ship's Boat Operator. The aim of this course is to introduce the cadets to coastal navigation, to develop naval communication skills and to become proficient in the operation of small craft. Cadets will receive Powerboat Operator certification through achievement of the PCOC, Restricted Operator Certificate (Maritime) and Small Boat Power qualifications (Modules 1, 2 and 4 of the SCOP). In addition, cadets will receive Whaler / Cutter Coxswain certification through achievement of the Whalers (Pull or Power) and Whalers (Sail) qualifications (Modules 6 and 6a of the SCOP).

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Chief Boatswain's Mate. The aim of this course is for the cadets to become proficient in acting as a petty officer of the watch (POOW) on a sea cadet training vessel (SCTV), performing basic coastal navigation and other shipboard duties.

Drill and Ceremonial Instructor. The aim of this course is for the cadets to become proficient in organizing and leading parades and ceremonies, to improve leadership skills and knowledge and to become a drill and ceremonial instructor.

Marine Engineer. The aim of this course is to develop in the cadets a basic knowledge of machinery systems used on Canadian Forces Auxiliary Vessels and other SCTVs. The course also provides the opportunity for cadets to attain the ORCA Class Engineer II (OCE II) certification, enabling the cadets to stand watch in the engine room of an ORCA Class Patrol Craft Training Vessel (PCT) as the second engineer. Marine Engineer is considered a national course and is conducted in one location: HMCS Quadra.

Shipwright. The aim of this course to develop in the cadets the knowledge and skills required to carry out maintenance and repairs on the small craft used at CSTCs and sailing centres. Shipwright is considered a national course and is normally only conducted in two locations, HMCS Quadra and HMCS Quebec.

Silver Sail. The aim of this course is for cadets to become proficient in advanced sailing skills and basic racing skills. Cadets will achieve CYA Silver Sail Level VI. Silver Sail is considered a national course and is normally only conducted in one location: HMCS Quadra.

CONFIRMATION OF TEACHING POINT 2

QUESTIONS:

Q1. What common CSTC courses are available in year four?

Q2. What elemental CSTC courses are available in year four?

Q3. What courses are considered national courses?

ANTICIPATED ANSWERS:

A1. Air Rifle Marksmanship Instructor, Fitness and Sports Instructor and Military Band–Intermediate Musician.

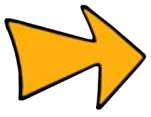
A2. Intermediate Sail, Sail Coach, Ship's Boat Operator, Chief Boatswain's Mate, Drill and Ceremonial Instructor, Marine Engineer, Shipwright, and Silver Sail.

A3. Marine Engineer, Shipwright, and Silver Sail.

Teaching point 3 **Describe staff cadet employment opportunities.**

Time: 5 min Method: Interactive Lecture

STAFF CADETS



The information below provides a brief introduction to what a staff cadet is and the types of opportunities that exist. To obtain more detailed and up to date information CATO 13-28, *Advanced Training–Staff Cadets* should be consulted prior to conducting this lesson.

CATO 13-28, *Advanced Training–Staff Cadets*, defines staff cadets as follows:

- Staff cadets are appointed to such rank as is authorized by the Commanding Officer (CO) of a Cadet Summer Training Centre (CSTC) established to conduct summer training.

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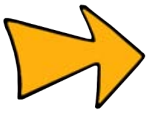
- On the authority of the CO of the CSTC, Staff cadets may be requested to participate in advanced training, including instructional, supervisory or administrative functions that are approved by the Regional Cadet Support Unit (RCSU) CO for that training centre.
- Staff cadets may not be less than 16 years of age as of the first day of January of the year of advanced training.
- Staff cadets are not employees. Participation by the staff cadet during authorized CSTC summer training constitutes advanced training



While staff cadets are not considered employees, they do receive pay during their time at a CSTC. Each position has a designated rank that corresponds to pay incentive. For more details see Annexes B and E of CATO 13-28, *Advanced Training–Staff Cadets*



There are more advanced positions available. For the purpose of this lesson only positions available to year four cadets will be introduced.

Staff cadet classifications are divided into two distinct categories:

- type 1—Those who provide direct training, to cadets (eg, divisional petty officer (DPO) and Instructor, and
- type 2—Those who have administrative / support roles (eg, storesman, ship's writer, roundsman, canteen clerk, and shipwright.)



Prerequisites are outlined in CATO 13-28, *Advanced Training–Staff Cadets* for each individual position.

CONFIRMATION OF TEACHING POINT 3

QUESTIONS:

Q1. What is the age requirement for staff employment opportunities?

Q2. What are the two categories of staff employment opportunities?

Q3. Name a staff position in each type of category.

ANTICIPATED ANSWERS:

A1. 16 years of age on / before January 1of the training year.

A2. Type 1—Training and Type 2—Administrative / Training Support.

A3. Type 1 includes instructor or DPO. Type 2 includes storesman, ship's writer, roundsman, canteen clerk, and shipwright.

END OF LESSON CONFIRMATION

The cadets' participation in the group discussion on year four CSTC opportunities will serve as the confirmation of this lesson.

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CONCLUSION

HOMEWORK / READING / PRACTICE

Nil.

METHOD OF EVALUATION

Nil.

CLOSING STATEMENT

Summer training is a fun and exciting aspect of the Cadet Program, which offers training in specialty areas that may not be accessible at the corps. CSTCs are places to meet other cadets and to make new friends from across Canada. It is important to be familiar with the training and employment options available at CSTCs. This will allow cadets to plan their training with the intention of preparing for a specific employment position in the future.

INSTRUCTOR NOTES / REMARKS

This EO should be conducted before the summer training application deadline.

It is recommended that the summer training application forms be completed during a training session after this EO has been conducted.

REFERENCES

A0-010 CATO 11-03 Director Cadets 2. (2006). *Cadet program mandate*. Ottawa, ON: Department of National Defence.

A0-033 CATO 14-21 Director Cadets 3. (2004). *Music training and education with the Canadian Cadet Organizations*. Ottawa, ON: Department of National Defence.

A0-128 CATO 13-28 Director Cadets 2. (2006). *Advanced training–Staff cadets*. Ottawa, ON: Department of National Defence.

A1-096 CATO 31-03 Director Cadets 3. (2006). *Sea cadet program outline*. Ottawa, ON: Department of National Defence.

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