**EO M309.07 – INSTRUCT A 15-MINUTE LESSON**

1. **Performance:** Instruct a 15-Minute Lesson.
2. **Conditions:**
   a. Given: Supervision.
   b. Denied: Assistance.
   c. Environmental: Classroom or training area large enough to accommodate the entire group.
3. **Standard:** The cadet shall instruct a 15-minute lesson to a group of peers using:
   a. a written lesson plan,
   b. an appropriate method(s) of instruction, and
   c. an appropriate instructional aid(s).
4. **Teaching Points:** Have the cadets instruct a 15-minute lesson.
5. **Time:**

| | | |
|---|---|---|
| a. | Introduction/Conclusion: | 5 min |
| b. | Practical Activity: | 85 min |
| c. | Total: | 90 min |

6. **Substantiation:** A practical activity was chosen for this lesson as it is an interactive way for cadets to develop instructional skills in a safe and controlled environment.
7. **References:** A0-055 A-P9-050-000/PT-006 Director Training and Education Policy. (2002). *Canadian Forces Manual of Individual Training and Education* (Vol. 6). Ottawa, ON: Department of National Defence.
8. **Training Aids:** Instructional Techniques Assessment Form.
9. **Learning Aids:**
   a. Presentation aids (eg, whiteboard/flip chart/OHP) appropriate for the classroom/training area, and
   b. Instructional Techniques Assessment Form.
10. **Test Details:** This EO is assessed IAW Chapter 3, (309 PC).
11. **Remarks:** Additional time for this EO is available in EO C309.03 (Instruct a 15-Minute Lesson).



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