EO M223.02 – IDENTIFY THE WATCH SYSTEM

1. **Performance**: Identify the Watch System

2. **Conditions**:

   a. Given:

      (1) supervision; and

      (2) assistance as required.

   b. Denied: N/A.

   c. Environmental: Suitable classroom facilities or training area large enough to accommodate the entire group.

3. **Standard**: In accordance with specified references, the cadet shall identify the watch system, to include:

   a. the organization of the watch system;

   b. the duty personnel positions; and

   c. the responsibilities of duty personnel.

4. **Teaching Points**:

TP	Description	Method	Time	Refs
TP1	Describe how watch systems are organized, to include: a. port and starboard; and b. red, white and blue.	Interactive Lecture	5 min	A1-024 (p. 7-4)
TP2	Describe the division of time for the watch system, to include: a. timings, to include: 1. middle watch (0000 hrs to 0400 hrs); 2. morning watch (0400 hrs to 0800 hrs); 3. forenoon watch (0800 hrs to 1200 hrs); 4. afternoon watch (1200 hrs to 1600 hrs); 5. first dog watch (1600 hrs to 1800 hrs); 6. last dog watch (1800 hrs to 2000 hrs); and 7. first watch (2000 hrs to 0000 hrs); and b. bells.	Interactive Lecture	10 min	A1-024 (p. 7-2)

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Verify against the official publication.

TP	Description	Method	Time	Refs
TP3	Describe the responsibilities of duty personnel, to include: a. officer of the watch; b. second officer of the watch; c. petty officer of the watch; d. quartermaster; e. helmsman; f. lookout; and g. lifebuoy sentry.	Interactive Lecture	10 min	A1-024 (pp. 7-5 to 7-8)

5. **Time**:

a.	Introduction / Conclusion:	5 min
b.	Interactive Lecture:	25 min
c.	Total:	30 min

6. **Substantiation**: An interactive lecture was chosen for this lesson to present basic material and orient the cadets to the watch system, timings, and duty personnel responsibilities.

7. **References**: A1-024 Venture Naval Officer Training Centre. (2005). *Naval Environmental Training Programme - Officers Handbook.* Esquimalt, BC: Venture Naval Officer Training Centre.

8. **Training Aids**: Presentation aids (e.g. whiteboard/flipchart/OHP) appropriate for the classroom/training area.

9. **Learning Aids**: N/A.

10. **Test Details**: N/A.

11. **Remarks**: N/A.

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