EO M203.04 – DEMONSTRATE POSITIVE GROUP DYNAMICS

1. **Performance**: Demonstrate Positive Group Dynamics

2. **Conditions**:

   a. Given:

      (1) supervision; and

      (2) assistance as required.

   b. Denied: N/A.

   c. Environmental: Suitable classroom facilities or training area large enough to accommodate the entire group.

3. **Standard**: In accordance with specified references, and while in a peer group setting, the cadet shall demonstrate positive group dynamics, to include:

   a. contributing to group goals;

   b. exhibiting trust in the group;

   c. creating a safe environment for others to share their opinions;

   d. following the leader;

   e. finishing the task;

   f. displaying esprit de corps; and

   g. appreciating others within the group.

4. **Teaching Points**:

TP	Description	Method	Time	Refs
TP1	Discuss positive group dynamics.	Group Discussion	10 min	

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TP	Description	Method	Time	Refs
TP2	Explain how to display positive group dynamics, by: a. contributing to group discussions by providing input; b. motivating yourself; c. ensuring your group goals are consistent with the aims of the CCM; d. trying new things; e. being sensitive to other points of view; f. knowing your teammates' strengths and weaknesses; g. increasing your self-confidence through positive self-talk; h. being cooperative; i. resolving conflicts as quickly as possible at the lowest and most appropriate level; and j. celebrating successes.	Interactive Lecture	25 min	C0-028 C0-114 (p. 12) C0-115
TP3	Demonstrate positive group dynamics.	In-Class Activity	15 min	

5. **Time**:

a.	Introduction / Conclusion:	10 min
b.	Group Discussion:	10 min
c.	Interactive Lecture:	25 min
d.	In-Class Activity:	15 min
e.	Total:	60 min

6. **Substantiation**:

   a. A group discussion was chosen for TP1 as it allows the cadets to interact with their peers and share their knowledge, experiences, opinions, and feelings about positive group dynamics.

   b. An interactive lecture was chosen for TP2 to orient the cadets to positive group dynamics, to generate interest and to present basic material.

   c. An in-class activity was chosen for TP3 as an interactive way to provoke thought and stimulate interest among cadets.

7. **References**:

   a. C0-028 (ISBN 0-07-046513-4) Newstrom, J. & Scannell, E. (1998). *The Big Book of Team Building Games*. USA: McGraw-Hill Companies.

   b. C0-114 (ISBN 0-02-863656-2) Pell, A. R. (1999). *The Complete Idiot's Guide to Team Building.* USA: Alpha Books.

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c. C0-115 (ISBN 0-7879-4059-3) Van Linden, J. A. & Fertman, C. I. (1998). *Youth Leadership*. San Francisco, California: Jossey-Bass Inc.

8. **Training Aids**: Presentation aids (e.g. whiteboard/flipchart/OHP) appropriate for the classroom/training area.

9. **Learning Aids**: N/A.

10. **Test Details**: N/A.

11. **Remarks**: The instructor shall provide a safe learning and team-building environment in which the cadets will display and demonstrate positive group dynamics.

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