EO M108.09 – EXECUTE MARK TIME, FORWARD AND HALT IN QUICK TIME

1. **Performance**: Execute Mark Time, Forward and Halt in Quick Time

2. **Conditions**:

   a. Given:

      (1) Words of command,

      (2) Supervision, and

      (3) Assistance as required.

   b. Denied: Nil

   c. Environmental: Drill hall or outdoor parade square in favourable weather.

3. **Standard**: IAW A-DH-201-000/PT-001, *The Canadian Forces Manual of Drill and Ceremonial*, the cadet shall execute marking time and forward and halting in quick time from marking time.

4. **Teaching Points**:

TP	Description	Method	Time	Refs
TP1	Explain, demonstrate and have the cadets execute marking time.	Demonstration and Performance	10 min	A0-002 (pp. 3-15–3-17)
TP2	Explain, demonstrate and have the cadets execute forward from marking time.	Demonstration and Performance	10 min	A0-002 (pp. 3-15–3-17)
TP3	Explain, demonstrate and have the cadets execute halting in quick time from marking time.	Demonstration and Performance	5 min	A0-002 (p. 3-17)

5. **Time**:

   a. Introduction / Conclusion: 5 min

   b. Demonstration and Performance: 25 min

   c. Total: 30 min

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Verify against the official publication.

6. **Substantiation**: A demonstration and performance was chosen for this lesson as it allows the instructor to explain and demonstrate the skill the cadets are expected to acquire while providing an opportunity for the cadets to practice the skill under supervision.

7. **References**: A0-002 A-DH-201-000/PT-001 Director History and Heritage 3-2. (2006). *The Canadian Forces manual of drill and ceremonial*. Ottawa, ON: Department of National Defence.

8. **Training Aids**: Presentation aids (eg, whiteboard / flip chart / OHP / multimedia projector) appropriate for the classroom / training area.

9. **Learning Aids**: Nil.

10. **Test Details**: Nil.

11. **Remarks**:

    a. It is recommended that ongoing feedback be provided to the cadets during drill practices, parade nights and ceremonial parades. All corrections shall be made immediately so that bad habits do not persist.

    b. Assistant instructors may be required for this lesson.

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