ROYAL CANADIAN SEA CADETS

PHASE ONE

INSTRUCTIONAL GUIDE

SECTION 4

EO M107.04 – STATE THE AIM AND MOTTO OF THE SEA CADET PROGRAM

Total Time: 30 min

PREPARATION

PRE-LESSON INSTRUCTIONS

Resources needed for the delivery of this lesson are listed in the lesson specification located in A-CR-CCP-601/PG-001, *Phase One Qualification Standard and Plan*, Chapter 4. Specific uses for said resources are identified throughout the instructional guide within the TP for which they are required.

Review the lesson content and become familiar with the material prior to delivering the lesson.

Cut each puzzle, located in Attachment A, and place each into a separate envelope.

PRE-LESSON ASSIGNMENT

Nil.

APPROACH

An in-class activity was chosen for TPs 1 and 2 as an interactive way to provoke thought and stimulate interest in the mission and vision of the Sea Cadet Program.

An interactive lecture was chosen for TPs 3 and 4 to orient the cadets to the aim and motto of the Cadet Program.

INTRODUCTION

REVIEW

Nil.

OBJECTIVES

By the end of this lesson the cadet shall be expected to:

- be familiar with the mission and vision of the cadet program; and
- state the aim and motto of the sea cadet program.

IMPORTANCE

Knowing the aim and motto of the sea cadet program is fundamental for any sea cadet. This information will give cadets a better understanding of how the cadet program can help them develop both as a cadet and an individual.

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Teaching point 1 **Conduct an activity on the mission of the Cadet Program.**

Time: 5 min Method: In-Class Activity



Conduct the brainstorming activity before stating the mission.

MISSION OF THE CADET PROGRAM

The mission of the cadet program is to contribute to the development and preparation of youth for the transition to adulthood, enabling them to meet the challenges of modern society, through a dynamic, community-based program.

Time: 5 min

OBJECTIVE

The objective of this activity is to have the cadets brainstorm ideas about what the mission of the cadet program.

RESOURCES

- Flip chart paper.
- Flip chart markers.

ACTIVITY LAYOUT

Nil.

ACTIVITY INSTRUCTIONS

1. Divide the cadets into two groups.
2. Give each group a piece of flip chart paper and a marker.
3. Direct each group to brainstorm ideas about what they think the cadet program mission (or objective) is.
4. Give the groups two minutes to complete this activity.
5. After the two minutes, have each group present their ideas.
6. Finish the activity by providing the definition.

SAFETY

Nil.

CONFIRMATION OF TEACHING POINT 1

QUESTIONS

Q1. What is the mission of the cadet program?

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ANTICIPATED ANSWERS

A1. To contribute to the development and preparation of youth for the transition to adulthood, enabling them to meet the challenges of modern society, through a dynamic, community-based program.

Teaching point 2 **Conduct an activity on the vision of the Cadet Program.**

Time: 5 min Method: In-Class Activity



Conduct the brainstorming activity before stating the vision.

VISION OF THE CADET PROGRAM

The vision of the cadet program is a relevant, credible and proactive youth development organization, offering the program of choice for Canada's youth, preparing them to become the leaders of tomorrow through a set of fun, challenging, well-organized and safe activities.

Time: 5 min

OBJECTIVE

The objective of this activity is to have the cadets brainstorm ideas about what the vision of the cadet program.

RESOURCES

- Flip chart paper.
- Flip chart markers.

ACTIVITY LAYOUT

Nil.

ACTITY INSTRUCTIONS

1. Divide the cadets into two groups.
2. Give each group a piece of flip chart paper and a marker.
3. Direct each group to brainstorm ideas about what they think is the cadet program vision.
4. Give the groups two minutes to complete this activity.
5. After the two minutes, have each group present their ideas.
6. Finish the activity by providing the definition.

SAFETY

Nil.

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CONFIRMATION OF TEACHING POINT 2

QUESTIONS

Q1. What is the vision of the cadet program?

ANTICIPATED ANSWERS

A1. The vision of the cadet program is a relevant, credible and proactive youth development organization, offering the program of choice for Canada's youth, preparing them to become the leaders of tomorrow through a set of fun, challenging, well-organized and safe activities.

Teaching point 3 **Describe the aim of the Cadet Program.**

Time: 10 min Method: Interactive Lecture

DEVELOP IN YOUTH THE ATTRIBUTES OF GOOD CITIZENSHIP AND LEADERSHIP

The cadet program aims to help in the development of cadets as good citizens and leaders.

Through citizenship and community service activities, the cadet develops an understanding of and an appreciation for community membership and involvement within cadet, local, regional, provincial, national and global communities. Cadets' active involvement will have a positive impact on local communities, which will contribute to community strength and vibrancy.

Through leadership activities, cadets develop interpersonal skills and assume responsibility as effective team members, leaders and dynamic coaches. They will develop the ability to conduct themselves in an ethical and socially responsible way.

PROMOTE PHYSICAL FITNESS

The cadet program aims to promote physical well-being. Cadets develop an understanding of the benefits of fitness and a healthy lifestyle. This understanding, combined with on-going participation in fitness activities, aids in the development of positive attitudes and behaviours that build resiliency within cadets and enables them to meet challenges.

STIMULATE THE INTEREST OF YOUTH IN THE SEA, LAND AND AIR ACTIVITIES OF THE CANADIAN FORCES

The cadet program aims to expose youth to the sea, land and air activities of the Canadian Forces (CF). Cadets develop elemental skills through introduction and interaction with their respective CF communities. The cadet program educates and promotes liaison with civilian maritime, adventure and aviation communities. These combined experiences and interactions are essential to the unique identity of the sea, army and air cadet organizations. Also, they distinguish the cadet program as a whole from other youth development programs.

CONFIRMATION OF TEACHING POINT 3

QUESTIONS

Q1. What is the aim of the Cadet Program?

Q2. How does the cadet program help in developing good citizens and leaders?

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Q3. How does the cadet program promote physical fitness?

Q4. How does the cadet program stimulate an interest in the sea, land and air activities of the CF?

ANTICIPATED ANSWERS

A1. The aim is to develop in youth the attributes of good citizenship and leadership, to promote physical fitness, and to stimulate the interest of youth in the sea activities of the CF.

A2. The cadet program aims to help in the development of cadets as good citizens and leaders through citizenship and leadership. Through citizenship and community service activities, the cadet develops an understanding of and an appreciation for community membership and involvement within cadet, local, regional, provincial, national and global communities. Cadets' active involvement will have a positive impact on local communities, which will contribute to community strength and vibrancy. Within leadership, cadets develop interpersonal skills and assume responsibility as effective team members, leaders and dynamic coaches. They will develop the ability to conduct themselves in an ethical and socially responsible way.

A3. The cadet program aims to promote physical well-being. Cadets develop an understanding of the benefits of fitness and a healthy lifestyle. This understanding, combined with on-going participation in fitness activities, aids in the development of positive attitudes and behaviors that build resiliency within cadets and enables them to meet challenges.

A4. The cadet program aims to expose youth to the sea, land and air activities of the CF. Cadets develop elemental skills through introduction and interaction with their respective CF communities. The cadet program educates and promotes liaison with civilian maritime, adventure and aviation communities. These combined experiences and interactions are essential to the unique identity of the sea, army and air cadet organizations, distinguishing each from each other, and the cadet program as a whole from other youth development programs.

Teaching point 4 **State the motto of the Sea Cadet Program.**

Time: 5 min Method: Interactive Lecture

MOTTO OF THE SEA CADET PROGRAM

The motto of the sea cadet program is "Ready Aye Ready".

Time: 5 min

OBJECTIVE

The objective of this activity is to confirm the mission, vision and aim of the Cadet Program and motto of the Sea Cadet Program.

RESOURCES

- Puzzles located at Attachment A, and
- Envelopes.

ACTIVITY LAYOUT

Nil.

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ACTIVITY INSTRUCTIONS

1. Divide the class into four groups.
2. Give each group an envelope with a puzzle in it.
3. Direct each group to piece together the puzzle in the envelope.
4. When the puzzles are complete, have a member of each group read out what their group's puzzle says.

SAFETY

Nil.

CONCLUSION

HOMEWORK/READING/PRACTICE

Nil.

METHOD OF EVALUATION

Nil.

CLOSING STATEMENT

The aims and motto of the sea cadet program provide the cadet with a greater understanding of what it means to be a sea cadet. The aim and motto will contribute to the development of a sense of pride in belonging to the sea cadet program.

INSTRUCTOR NOTES/REMARKS

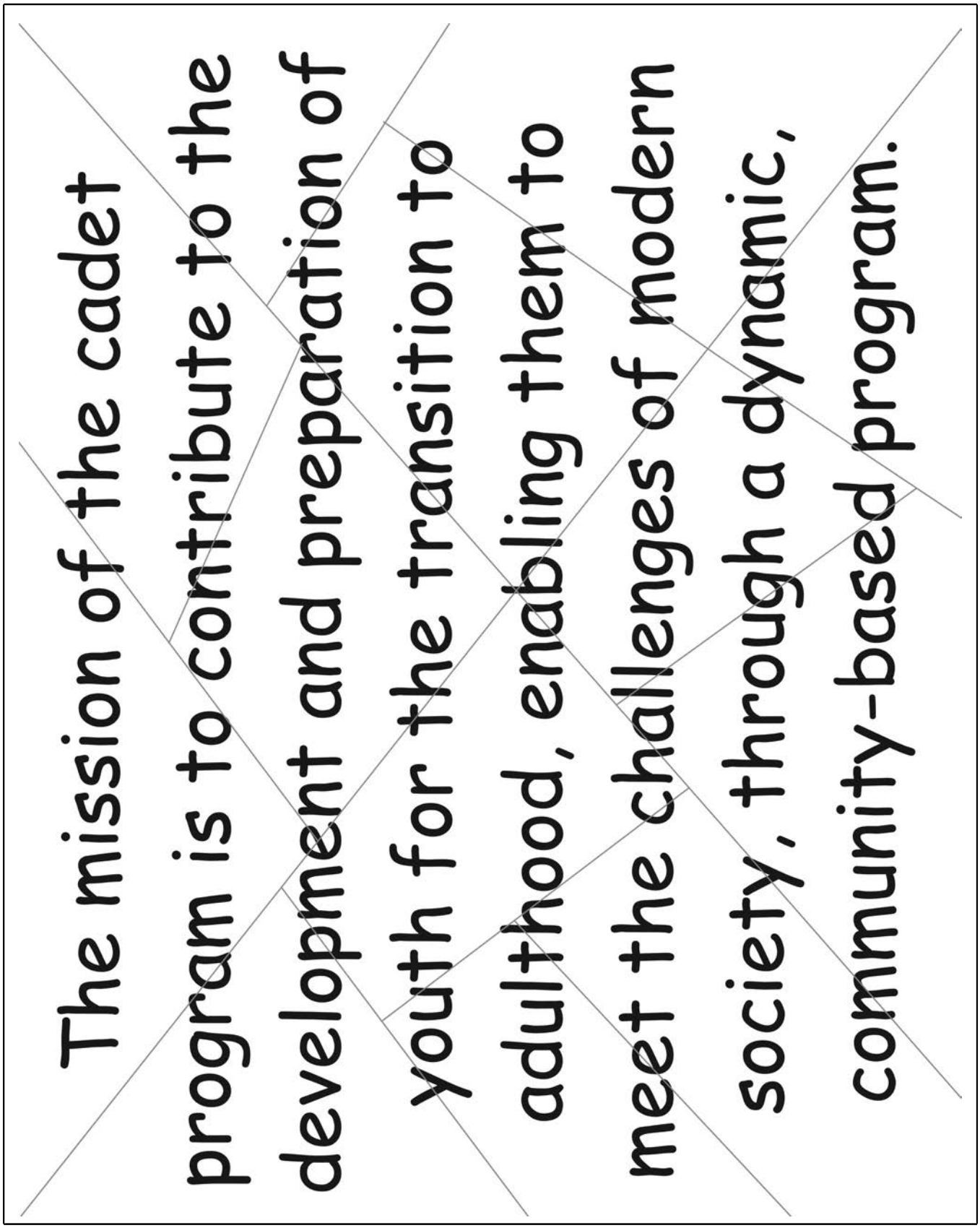
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REFERENCES

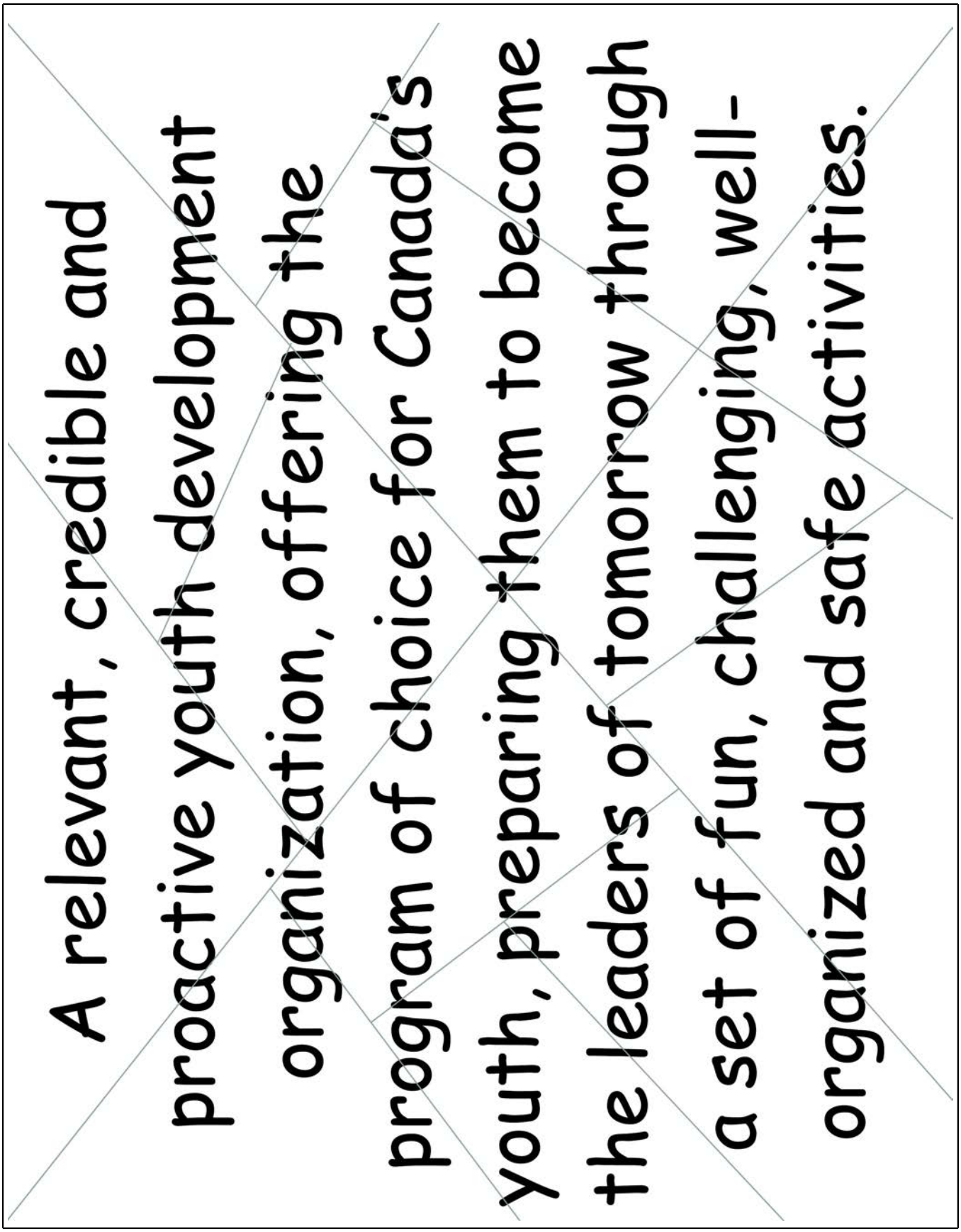
A0-003 Director Cadets. (1999). *CATO 11-03 Cadet Program Mandate*. Ottawa, ON.

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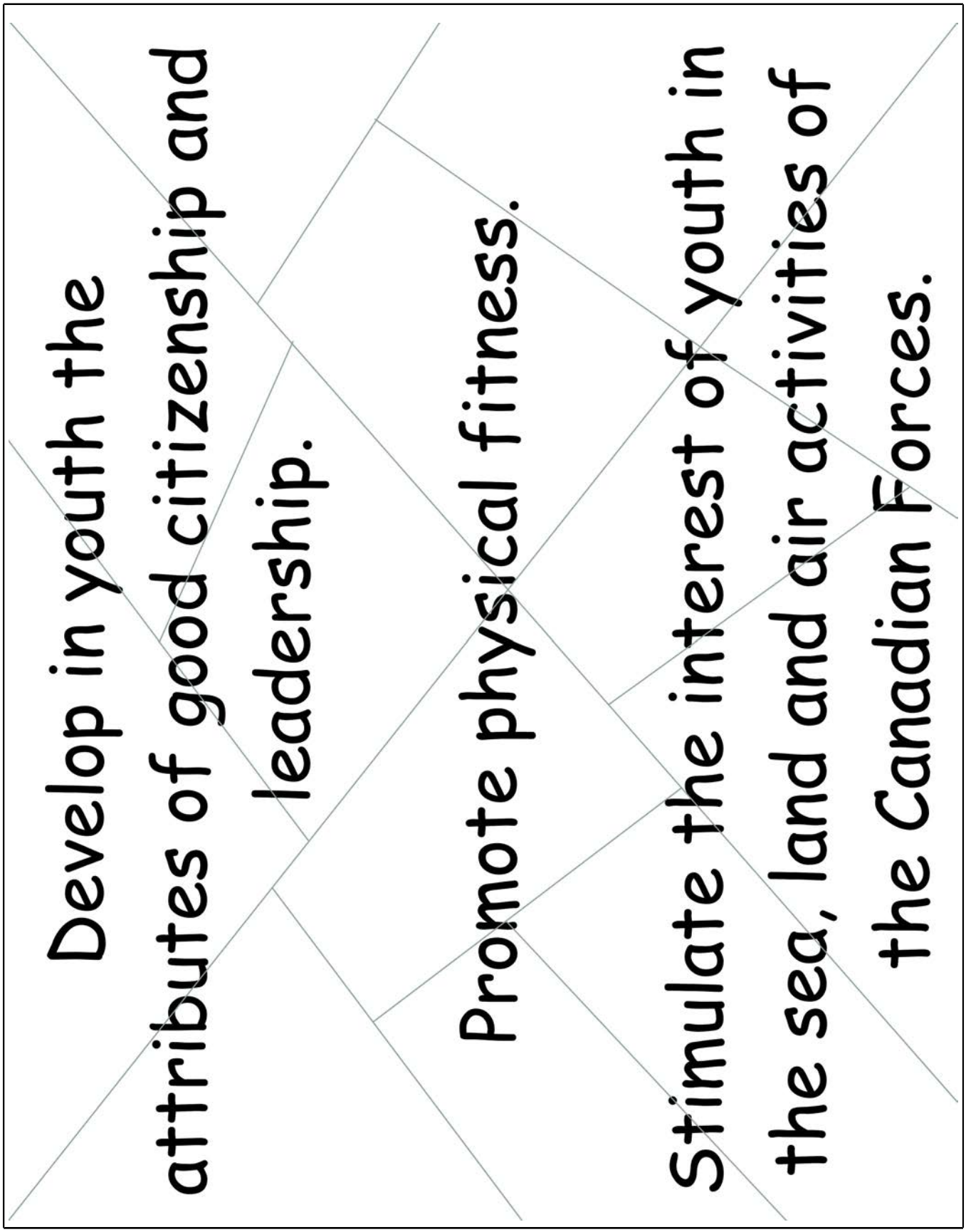
PUZZLES



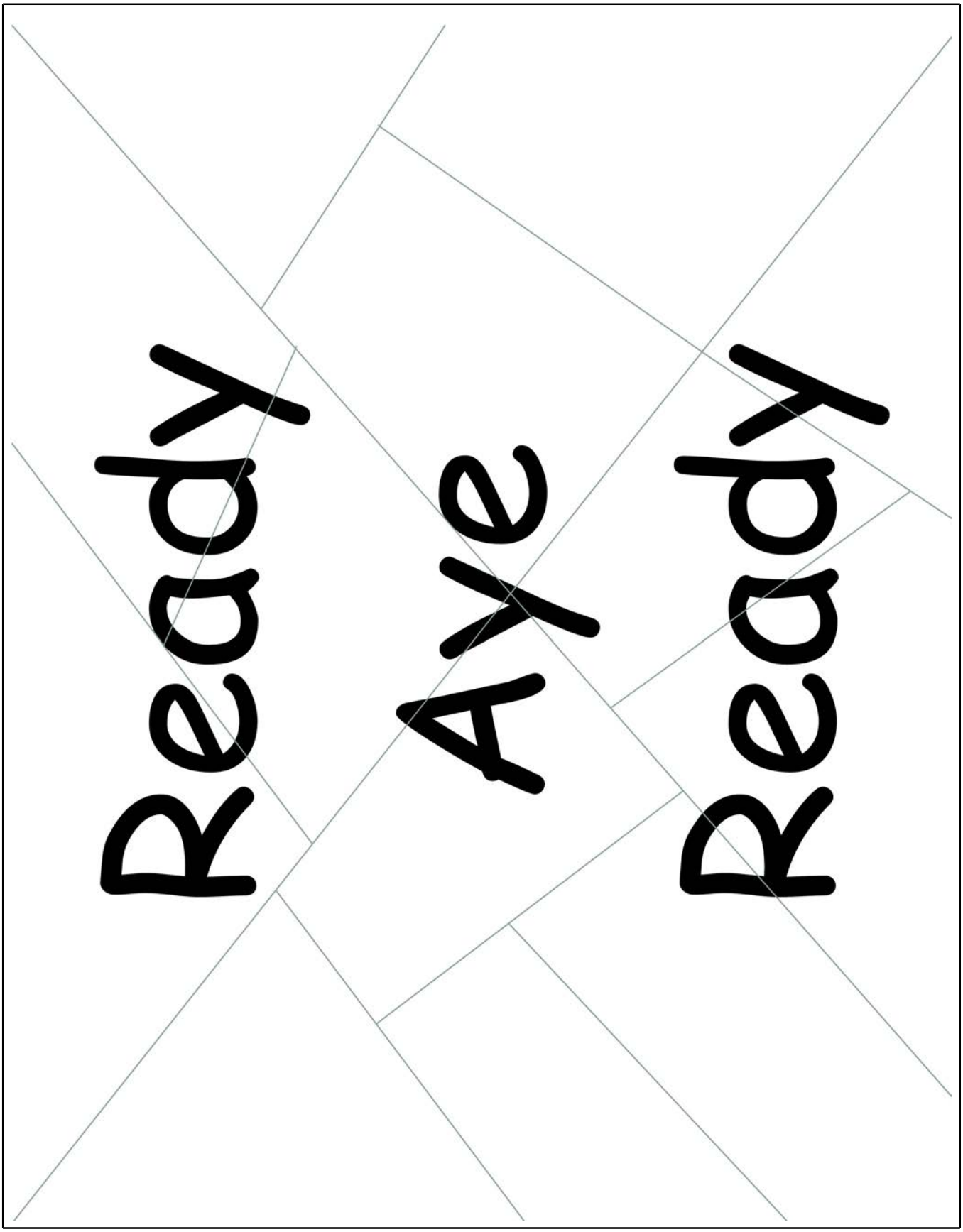
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