EO CX04.05 – ATTEND A LOCAL AMATEUR SPORTING EVENT

1. **Performance**: Attend a Local Amateur Sporting Event
2. **Conditions**:
   a. Given:
      (1) Supervision, and
      (2) Assistance as required.
   b. Denied: Nil.
   c. Environmental: Sports field, gymnasium or area large enough to accommodate the entire group.
3. **Standard**: The cadet shall attend a local amateur sporting event.
4. **Teaching Points**:
   a. Select a local amateur sporting event. The event selected should reflect an activity that is available for cadets to start practicing, should they decide to do so, even if they have no prior experience.
   b. Make arrangements to have the cadets view the event.
   c. Have the cadets attend the sporting event.
5. **Time**: One session (3 periods) = 90 min.
6. **Substantiation**: A field trip was chosen for this lesson as it is a fun and interactive way to build on the cadets' knowledge of personal fitness and healthy living.
7. **References**: Nil.
8. **Training Aids**: Nil.
9. **Learning Aids**: Nil.
10. **Test Details**: Nil.
11. **Remarks**:
    a. The aim of this EO is to expose cadets to various sporting events or activities conducted in their local communities, and in which they may choose to participate.
    b. Examples of sporting events include:
       (1) martial arts competition,
       (2) roller derby,
       (3) dance competitions,
       (4) equestrian event, and
       (5) sports tournament.
    c. There is no instructional guide for this EO.

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