EO C523.01 – EXAMINE NAVAL CUSTOMS AND TRADITIONS

1. **Performance**: Examine Naval Customs and Traditions
2. **Conditions**:
   a. Given:
      (1) Self study package,
      (2) Supervision, and
      (3) Assistance as required.
   b. Denied: Nil.
   c. Environmental: Classroom or training area suitable to complete the self study package.
3. **Standard**: The cadet shall examine naval customs and traditions by completing a self study package.
4. **Teaching Points**: Have the cadets complete the self study package, which includes:
   a. examining the origins and history of naval officer ranks;
   b. identifying superstitions and traditions of naval personnel; and
   c. examining the historical laws of the Royal Navy (RN).
5. **Time**:

a.	Self Study:	90 min
b.	Total:	90 min

6. **Substantiation**: A self study was chosen for this lesson as it allows the cadet to examine in greater detail naval customs and traditions at their own learning pace. This encourages the cadet to become more self-reliant and independent by focusing on their own learning instead of learning directed by the instructor.
7. **References**:
   a. C1-043 *ReadyAyeReady.com - The Canadian Navy*. (2006). Retrieved October 21, 2009, from http://www.readyayeready.com
   b. C1-238 *Royal Navy & Marine Customs and Traditions*. (2009). Retrieved October, 21, 2009, from http://www.hmsrichmond.org/avast/customs.htm
   c. C1-239 ISBN 0-920852-38-6 Arbuckle, G. (1984). *Customs and traditions of the Canadian Navy*. Halifax, NS: Nimbus Publishing Limited.
8. **Training Aids**: Nil.
9. **Learning Aids**:
   a. Self study package, and
   b. Pen / pencil.
10. **Test Details**: Nil.
11. **Remarks**: Nil.

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