EO C421.02 – MAKE A ROUND MAT

1. **Performance**: Make a Round Mat

2. **Conditions**:

   a. Given:

      (1) 4-mm (3/16-inch) diameter braided line,

      (2) Corkboard,

      (3) Straight pins,

      (4) Glue,

      (5) Round mat pattern,

      (6) Supervision, and

      (7) Assistance as required.

   b. Denied: Nil.

   c. Environmental: Classroom or training area large enough to accommodate the entire group.

3. **Standard**: The cadet shall make a round mat.

4. **Teaching Points**:

TP	Description	Method	Time	Refs
TP1	Explain the set-up of a knot-weaving board.	Interactive Lecture	10 min	C1-102 (pp. 3–5)
TP2	Demonstrate and have the cadets make a round mat.	Demonstration and Performance	70 min	C1-064 (p. 226) C1-102 (p. 11)

5. **Time**:

   a. Introduction / Conclusion: 10 min

   b. Interactive Lecture: 10 min

   c. Demonstration and Performance: 70 min

   d. Total: 90 min

6. **Substantiation**:

   a. An interactive lecture was chosen for TP 1 to introduce the use of a knot-weaving board for making a round mat.

   b. A demonstration and performance was chosen for TP 2 as it allows the instructor to demonstrate making a round mat while providing an opportunity for the cadets to practice this skill under supervision.

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Verify against the official publication.

7. **References**:

   a. C1-064 ISBN 1-55267-986-1 Budworth, G. (2001). *The ultimate encyclopedia of knots & ropework*. London, England: Anness Publishing Limited.

   b. C1-102 David Fukuhara. (2002). *Fancy knotting: An introduction*. Vancouver, BC: David Fukuhara.

8. **Training Aids**:

   a. Presentation aids (eg, whiteboard / flip chart / OHP) appropriate for the classroom / training area,

   b. 10 m of 4-mm (3/16-inch) diameter braided line,

   c. Corkboard,

   d. Straight pins,

   e. Cutting tool,

   f. Glue, and

   g. Round mat pattern.

9. **Learning Aids**:

   a. 10 m of 4-mm (3/16-inch) diameter braided line,

   b. Corkboard,

   c. Straight pins,

   d. Glue, and

   e. Round mat pattern.

10. **Test Details**: Nil.

11. **Remarks**: If time and resources permit, the instructor can be creative and demonstrate other methods of making the round mat.

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