EO C421.01 – MAKE A BOATSWAIN'S BELT

1. **Performance**: Make a Boatswain's Belt

2. **Conditions**:

   a. Given:

      (1) Line,

      (2) Clips,

      (3) Supervision, and

      (4) Assistance as required.

   b. Denied: Nil.

   c. Environmental: Classroom or training area large enough to accommodate the entire group.

3. **Standard**: The cadet shall make a boatswain's belt.

4. **Teaching Points**:

TP	Description	Method	Time	Refs
TP1	Explain the use of a boatswain's belt.	Interactive Lecture	5 min	
TP2	Demonstrate and have the cadets make a Portuguese Sennit.	Demonstration and Performance	15 min	C1-158 (p. 400)
TP3	Demonstrate and have the cadets make a boatswain's belt.	Demonstration and Performance	60 min	

5. **Time**:

   a. Introduction / Conclusion: 10 min

   b. Interactive Lecture: 5 min

   c. Demonstration and Performance: 75 min

   d. Total: 90 min

6. **Substantiation**:

   a. An interactive lecture was chosen for TP 1 as it provides the instructor the opportunity to explain the use of a boatswain's belt prior to making one.

   b. A demonstration and performance was chosen for TPs 2 and 3 as it allows the instructor to demonstrate making a boatswain's belt using a Portuguese Sennit while providing an opportunity for the cadets to practice this skill under supervision.

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Verify against the official publication.

7. **References**: C1-158 ISBN 0-385-04025-3 Ashley, C. (1993). *The Ashley book of knots*. New York, NY: Doubleday.

8. **Training Aids**:

    a. Presentation aids (eg, whiteboard / flip chart / OHP) appropriate for the classroom / training area,

    b. Completed boatswain's belt,

    c. Line,

    d. Elastics, and

    e. Clips.

9. **Learning Aids**:

    a. Boatswain's belt planning sheet,

    b. Line,

    c. Elastics, and

    d. Clips.

10. **Test Details**: Nil.

11. **Remarks**:

    a. On most belts, Inglefield clips are used, however, any type of clip can be substituted.

    b. The cadets may be required to complete the boatswain’s belt on their own time.

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