EO C321.04 – MAKE A MONKEY'S FIST

1. **Performance:** Make a Monkey's Fist.

2. **Conditions:**

   a. Given:

      (1) Line,

      (2) Supervision, and

      (3) Assistance as required.

   b. Denied: N/A.

   c. Environmental: Classroom or training area large enough to accommodate the entire group.

3. **Standard:** The cadet shall make a monkey's fist.

4. **Teaching Points:**

TP	Description	Method	Time	Ref
TP1	Explain the use of a monkey's fist.	Interactive Lecture	5 min	A1-004 (p. 5-34, p. 5-35)
TP2	Demonstrate and have the cadets make a monkey's fist.	Demonstration and Performance	45 min	A1-004 (p. 5-35) C1-102

5. **Time:**

   a. Introduction/Conclusion: 10 min

   b. Interactive Lecture: 5 min

   c. Demonstration and Performance: 45 min

   d. Total: 60 min

6. **Substantiation:**

   a. An interactive lecture was chosen for TP 1 to explain the use of the monkey's fist.

   b. Demonstration and performance was chosen for TP 2 as it allows the instructor to demonstrate making a monkey's fist while providing an opportunity for the cadets to practice this skill under supervision.

7. **References:**

   a. A1-004 B-GN-181-105/FP-E00 Chief of the Maritime Staff. (2000). *CFCD 105 Seamanship Rigging and Procedures Manual*. Ottawa, ON: Department of National Defence.

   b. C1-102 Fukahara, D. (2002). *Fancy Knotting: An Introduction*. Vancouver, BC: David Fukahara.

8. **Training Aids:**

   a. Presentation aids (eg, whiteboard/flip chart/OHP) appropriate for the classroom/training area,

   b. Completed monkey's fist, and

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c. Line.

9. **Learning Aids:** Line.

10. **Test Details:** N/A.

11. **Remarks:** N/A.

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