EO C321.03 – RIG A GYN

1. **Performance:** Rig a Gyn.

2. **Conditions:**

   a. Given:

      (1) Gyn kit (IAW Chapter 2,),

      (2) Load of 22 kg (50 lbs) or less,

      (3) Hard hat,

      (4) Knife with lanyard,

      (5) Supervision, and

      (6) Assistance as required.

   b. Denied: N/A.

   c. Environmental: Training area large enough to accommodate the entire group.

3. **Standard:** The cadet, as a member of a group, shall rig a gyn, to include:

   a. explaining its function;

   b. identifying its parts;

   c. rigging;

   d. responding to commands; and

   e. de-rigging.

4. **Teaching Points:**

TP	Description	Method	Time	Ref
TP1	Explain the function of a gyn, to include: a. lifting heavy objects on board ships when a crane or derrick is unavailable; and b. lifting heavy objects on land when lifting devices, such as hydraulics, are not available.	Interactive Lecture	5 min	A1-004 (p. 5-102) C1-049 (p. 194)
TP2	Identify the parts of a gyn, to include: a. head lashing, b. spars, c. main purchase, d. splay tackles, e. leading block (for the fall of the main purchase), f. strops, g. shoes (if fitted), and h. thumb pieces/rope collars (if fitted).	Interactive Lecture	15 min	A1-004 (p. 5-102) C1-047 (pp. 3-196 to 3-198, p. 3-204) C1-049 (p. 200, p. 201, p. 207, p. 208)

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TP	Description	Method	Time	Ref
TP3	Describe the actions taken in response to the following commands: a. heave in, b. check away, c. avast, d. choke, e. secure, f. handsomely, and g. roundly.	Interactive Lecture	15 min	A1-004 (pp. 3-21 to 3-28)
TP4	Demonstrate and have the cadets, as members of a group, rig a gyn.	Demonstration and Performance	20 min	C1-049 (p. 207, p. 208)
TP5	Demonstrate and have the cadets, as members of a group, operate a gyn, to include: a. hooking on a load of 22 kg (50 lbs) or less; b. raising the load; c. lowering the load; and d. unhooking the load. **Note:** Minimum group size for this TP is three.	Practical Activity	75 min	
TP6	Demonstrate and have the cadets, as members of a group, de-rig a gyn.	Demonstration and Performance	10 min	

5. **Time:**

a.	Introduction/Conclusion:	10 min
b.	Interactive Lecture:	35 min
c.	Demonstration and Performance:	30 min
d.	Practical Activity:	75 min
e.	Total:	150 min

6. **Substantiation:**

a. An interactive lecture was chosen for TPs 1 to 3 to illustrate the function, parts and rigging commands for a gyn.

b. Demonstration and performance was chosen for TPs 4 and 6 as it provides the instructor the opportunity to introduce a gyn, demonstrate procedures and observe the cadets rigging and de-rigging a gyn.

c. A practical activity was chosen for TP 5 as it is an interactive way to introduce the cadets to operating a gyn in a safe and controlled environment. This activity contributes to the development of seamanship skills and knowledge in a fun and challenging setting.

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7. **References:**

   a. A1-004 B-GN-181-105/FP-E00 Chief of the Maritime Staff. (2000). *CFCD 105 Fleet Seamanship Rigging and Procedures Manual*. Ottawa, ON: Department of National Defence.

   b. C1-003 (ISBN 11-770973-5) Royal Navy. (1972). *Admiralty Manual of Seamanship*. (Vol. 1). London, England: Her Majesty's Stationery Office.

   c. C1-047 (ISBN 0-11-772695-8) Royal Navy. (1995). *BR 67 Admiralty Manual of Seamanship*. London, England: Her Majesty's Stationery Office.

   d. C1-049 (ISBN 0-11-771958-7) Royal Navy. (1967). *Admiralty Manual of Seamanship 1964* (Vol. 2). Cambridge, England: Her Majesty's Stationery Office.

8. **Training Aids:**

   a. Presentation aids (eg, whiteboard/flip chart/OHP) appropriate for the classroom/training area,

   b. Gyn kit,

   c. Load of 22 kg (50 lbs) or less,

   d. Pylons,

   e. Whistle,

   f. Stopwatch,

   g. Parts cards,

   h. Picture/model of sheers, and

   i. Sheers scoresheet.

9. **Learning Aids:**

   a. Gyn kit,

   b. Load of 22 kg (50 lbs) or less,

   c. Hook,

   d. Hard hat,

   e. Issued cadet boots, and

   f. Knife with lanyard.

10. **Test Details:** N/A.

11. **Remarks:**

   a. This EO shall be conducted after EO M321.01 (Describe Safety Procedures for Operating Lifting Devices).

   b. The cadets must wear issued cadet boots and hard hats while operating the gyn.

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