EO C123.01 – READ THE 24-HOUR CLOCK

1. **Performance:** Read the 24-hour Clock

2. **Conditions:**

   a. Given:

      (1) Diagram of 24-hour clock,

      (2) Supervision, and

      (3) Assistance as required.

   b. Denied: Nil.

   c. Environmental: Suitable classroom facilities / training area large enough to accommodate entire group.

3. **Standard:** The cadet shall read the 24-hour clock and convert conventional time into 24-hour time.

4. **Teaching Points:**

TP	Description	Method	Time	Refs
TP1	Describe the 24-hour clock and how it works.	Interactive Lecture	10 min	A1-008 (p. 25)
TP2	Conduct an activity on the 24-hour clock.	In-Class Activity	15 min	

5. **Time:**

a.	Introduction / Conclusion:	5 min
b.	Interactive Lecture:	10 min
c.	In-Class Activity:	15 min
d.	Total:	30 min

6. **Substantiation:**

   a. An interactive lecture was chosen for TP 1 and to orient the cadets to the 24-hour clock.

   b. An in-class activity was chosen for TP 2 as it is an interactive way to provoke thought and stimulate interest about the 24-hour clock.

7. **Reference:** A1-008 A-CR-CCP-004/PT-001 CCP-1004 D Cdts (1977). *Royal Canadian Sea Cadet Manual*. Ottawa, ON.

8. **Training Aids:**

   a. Presentation aids (eg, whiteboard / flipchart / OHP / multimedia projector) appropriate for classroom / training area;

   b. Markers,

   c. Picture of the 24-hour clock (Annex A of the Instructional Guide); and

   d. Time cards (Annex B to the Instructional Guide).

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Verify against the official publication.

9. **Learning Aids:**

   a. Picture of the 24-hour clock (Annex A of the Instructional Guide); and

   b. Time cards to be used for Time for a Challenge activity and Time to Remember activity (Annex B of the Instructional Guide).

10. **Test Details:** Nil.

11. **Remarks:** Nil.

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