# MODIFIED LESSON SPECIFICATIONS AND INSTRUCTIONAL GUIDES – TP 1 OF EO M107.04

A-CR-CCP-701/PG-001

**EO M107.04 – STATE THE AIMS AND MOTTO OF THE ARMY CADET PROGRAM**

1. **Performance.** State the Aims and Motto of the Army Cadet Program.

2. **Conditions**

   a. Given:

      (1) supervision; and

      (2) assistance as required.

   b. Denied: N/A.

   c. Environmental: Suitable classroom facilities or training area large enough to accommodate the entire group.

3. **Standard.** In accordance with specified references, the cadet shall:

   a. become familiar with the mission and vision of the Cadet Program;

   b. state the aims of the Army Cadet Program; and

   c. state the motto of the Army Cadet Program.

4. **Teaching Points**

| TP | Description | Method | Time | Ref |
|---|---|---|---|---|
| TP1 | State the mission of the Cadet Program, which is to contribute to the development and preparation of youth for the transition to adulthood, enabling them to meet the challenges of modern society, through a dynamic, community-based program. | Interactive Lecture | 10 min | A0-003 |

5. **Time**

   a. Introduction/Conclusion: 5 min

   b. Interactive Lecture: 10 min

   c. Total: 15 min

6. **Substantiation.** The interactive lecture method was chosen as it best allows the instructor to make a semi-formal presentation of the material allowing the cadets to participate by asking or responding to questions, commenting on the material, or participating in short activities. This method appeals to auditory learners, with the potential for active participation in activities that appeal to tactile/kinaesthetic learners.

7. **References**

   a. A0-010 D Cdts. (1999). CATO 11-03, *Cadet Program Mandate*. In Cadet Administrative and Training Orders (Vol. 1). Ottawa, ON.

   b. C2-040 The Army Cadet League of Canada. (2006). *Policy 3.1: Aim of the Canadian Cadet Organizations*. Retrieved 25 May 2006, from http://www.armycadetleague.ca/templates/pdf/refmanual/english/pol_3_1.pdf.



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8. **Training Aids**

   a. Presentation aids (i.e. whiteboards/flipcharts/OHP) appropriate for classroom/training area; and

   b. Paper and markers suitable for activities.

9. **Learning Aids.** N/A.

10. **Test Details.** There is no formal assessment of this EO. Instructors will confirm cadets' comprehension of the material during the end of lesson check.

11. **Remarks.** N/A.



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**ROYAL CANADIAN ARMY CADETS**

**GREEN STAR**

**INSTRUCTIONAL GUIDE**

**SECTION 4**

**EO M107.04 – DESCRIBE THE THREE AIMS OF THE CADET PROGRAM**

Total Time: 15 min

## PREPARATION

### PRE-LESSON INSTRUCTIONS

Resources needed for the delivery of this lesson are listed in the lesson specification located at Chapter 4 of the QSP. Specific uses for said resources are identified throughout the Instructional Guide, within the teaching point for which they are required.

Review the lesson content and become familiar with the material prior to delivering the lesson.

### PRE-LESSON ASSIGNMENT

N/A.

### APPROACH

This lesson will be presented using the interactive lecture method. The interactive lecture method was chosen as it best allows the instructor to make a semi-formal presentation of the material allowing the cadets to participate by asking or responding to questions, commenting on the material, or participating in short activities. This method appeals to auditory learners, with the potential for active participation in activities that appeal to tactile/ kinaesthetic learners.

## INTRODUCTION

### REVIEW

N/A.

### OBJECTIVES

By the end of the lesson the cadet shall be expected to state the aims of the army cadet program.

### IMPORTANCE

Knowing the aims of the army cadet program are fundamental for any cadet. This information will give a better understanding of how the Cadet Program can help them develop both as a cadet and an individual.



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**Teaching Point 1** **Describe the Three Aims of the Cadet Program**

Time: 10 min Method: Interactive Lecture



The aims of the Cadet Program are to:

- develop in youth the attributes of good citizenship and leadership;
- promote physical fitness; and
- stimulate the interest of youth in the sea, land and air activities of the Canadian Forces (CF).

**DEVELOP IN YOUTH THE ATTRIBUTES OF GOOD CITIZENSHIP AND LEADERSHIP**

The Cadet Program aims to assist in the development of cadets as good citizens and leaders.

Through citizenship and community services activities, the cadet develops an appreciation for community membership and involvement within cadet, local, regional, provincial, national and global communities. Cadets' active involvement will have a positive impact on local communities, which will contribute to community strength and vibrancy.

Through leadership activities, cadets develop interpersonal skills and assume responsibility as effective team members, leaders and dynamic coaches. They will develop the ability to conduct themselves in an ethical and socially responsible way.

**PROMOTE PHYSICAL FITNESS**

The Cadet Program aims to promote physical well-being. Cadets develop an understanding of the benefits of fitness and a healthy lifestyle. This understanding, combined with on-going participation in fitness activities, aids in the development of positive attitudes and behaviours that build resiliency within cadets and enable them to meet challenges.

**STIMULATE THE INTEREST OF YOUTH IN THE SEA, LAND AND AIR ACTIVITIES OF THE CF**

The Cadet Program aims to expose youth to the sea, land and air activities of the CF. Cadets develop elemental skills through introduction and interaction with their respective CF communities. The Cadet Program educates and promotes liaison with civilian maritime, adventure and aviation communities. These combined experiences and interactions are essential to the unique identity of the sea, army and air cadet organizations. Also, they distinguish the Cadet Program as a whole from other youth development programs.

**CONFIRMATION OF TEACHING POINT 1**

**QUESTIONS**

Q1. What are the three aims of the Cadet Program?

Q2. How does the Cadet Program promote physical fitness?

Q3. How does the Cadet Program stimulate an interest in the sea, land and air activities of the Canadian Forces?



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**ANTICIPATED ANSWERS**

A1. Develop in youth the attributes of good citizenship and leadership, promote physical fitness and stimulate the interest of youth in the sea, land and air activities of the CF.

A2. The Cadet Program aims to promote physical well-being. Cadets develop an understanding of the **benefits of fitness** and a healthy lifestyle. This understanding, combined with on-going **participation in fitness activities**, aids in the development of **positive attitudes** and behaviours that build resiliency within cadets and enable them to meet challenges.

A3. The Cadet Program aims to expose youth to the sea, land and air activities of the CF. Cadets develop elemental skills through introduction and interaction with their respective CF communities. The Cadet Program educates and promotes liaison with civilian maritime, adventure and aviation communities. These combined experiences and interactions are essential to the unique identity of the Sea, Army and Air Cadet Organizations. Also, they **distinguish the Cadet Program** as a whole from other youth development programs.

## END OF LESSON CONFIRMATION

The cadets' participation in TP1 will serve as the confirmation of this lesson.

## CONCLUSION

**HOMEWORK/READING/PRACTICE**

N/A.

**METHOD OF EVALUATION**

N/A.

**CLOSING STATEMENT**

The aims of the Army Cadet Program provide the cadet with a greater understanding of what it means to be an Army Cadet. The tenets of aim will contribute to the development of a sense of pride in belonging to the Army Cadet Program.

**INSTRUCTOR NOTES/REMARKS**

N/A.

## REFERENCES

A0-010 Cdts. (1999). CATO 11-03, *Cadet Program Mandate*. In Cadet Administrative and Training Orders (Vol. 1). Ottawa, ON.

C2-040 The Army Cadet League of Canada. (2006). *Policy 3.1: Aim of the Canadian Cadet Organizations*. Retrieved 25 May 2006, from http://www.armycadetleague.ca/templates/pdf/refmanual/english/pol_3_1.pdf.



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