SELECT A METHOD OF INSTRUCTION

Lesson Topic	Method of Instruction	Explanation
Participate in a Discussion on Hygienic Practices During Physical Activity		
Identify the Parts and the Characteristics of the Daisy 853C Air Rifle		
Apply Basic Marksmanship Techniques		
Participate in a Discussion on Year One Training		
War the Army Cadet Uniform		
Participate in a Discussion of Year One Summer Training Opportunities		
Describe the History and Traditions of the Affiliated Unit		
Tie Knots and Lashings		
Assemble a Survival Kit		
Erect a Group Tent		
Discuss Leadership Within A Peer Setting		
Identify Types of Maps		
Orient a Map by Inspection		
Select Trekking Gear		
Identify the Rank Structure of the Royal Canadian Sea, Army and Air Cadets		

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Verify against the official publication.

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