TIMED ACTIVITIES – SPEED GRID

SPEED GRID
Objective. To fire pellets into the circles on the target, within a time limit.
Scoring. One point is awarded for each circle that is hit by a pellet within the time allotted.
Equipment Required Mandatory: • Cadet air rifle five-pellet clip (three per firing lane), • Speed Grid Target (one per cadet), and • A stopwatch. Optional aids to firing are limited to the following: • Cadet air rifle sling, • Marksmanship jacket, • Shooting glove, and • Hat.
Activity Instructions 1. Distribute one Speed Grid Target to each cadet. 2. Have the cadets write their name and date on the target and attach it to the target frame. 3. Give the cadets 15 pellets, pre-loaded into three five pellet clips. 4. Have the cadets fire one pellet into each circle on the target. 5. Have the cadets fire in relays following the commands given by the RSO. 6. Give the cadets 15 minutes to complete firing. 7. Score the targets awarding one point for each circle hit. 8. Allow the cadets to review and keep their targets. The following is prohibited: • Alterations made to the rifles. • Supports used as a rest for the rifle or the forearm. • A spotting scope. • Use of sights not provided with the cadet air rifle. • Coaching.
Note: To make this activity more difficult, shorten the time allowance.

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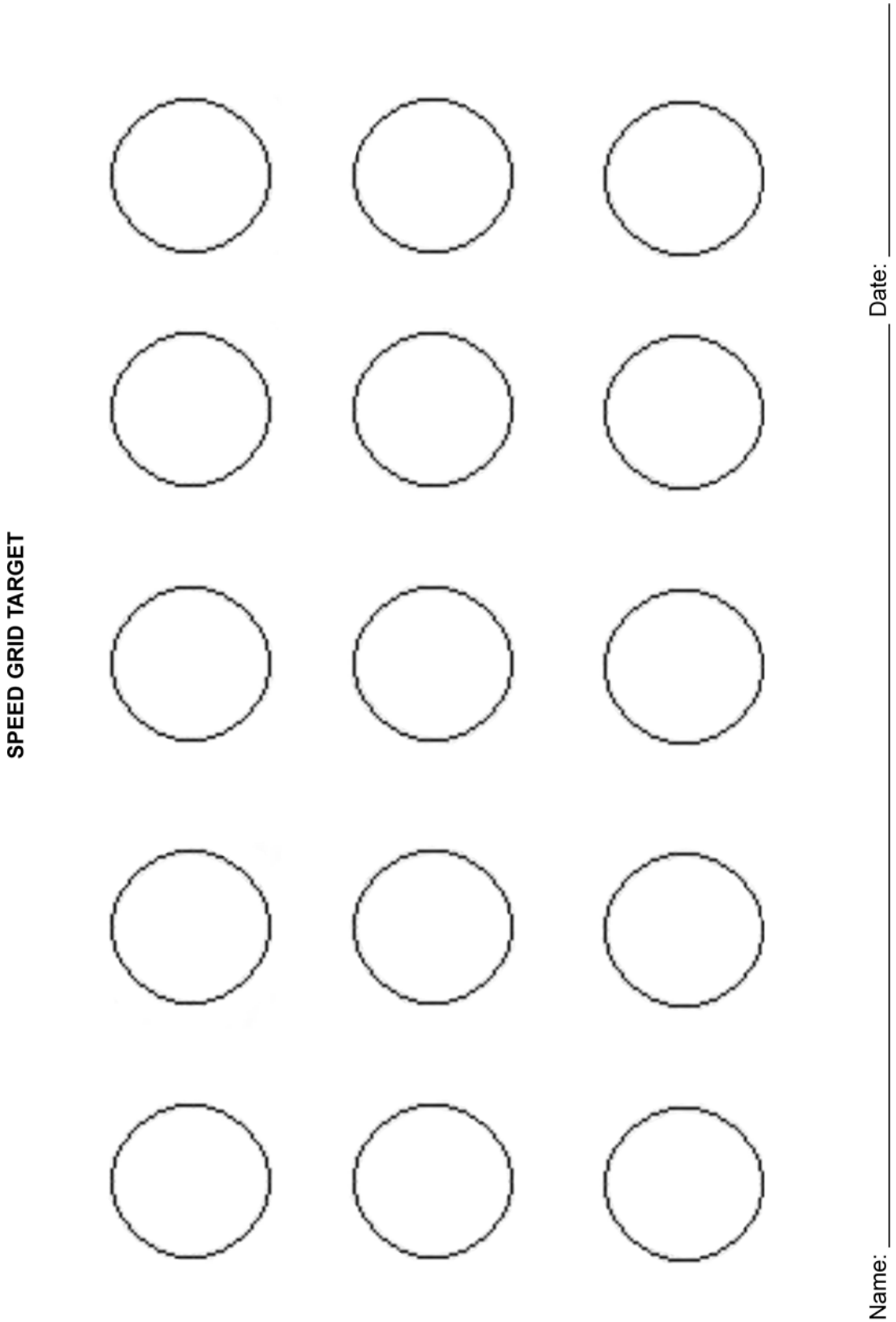

Director Cadets 3, 2007, Ottawa, ON: Department of National Defence

Figure G-1 Speed Grid Target

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