EO M407.01 – IDENTIFY GOLD STAR TRAINING OPPORTUNITIES

1. **Performance**:Identify Gold Star Training Opportunities

2. **Conditions**:

   a. Given:

      (1) Handout of Gold Star performance objectives (POs) and enabling objectives (EOs),

      (2) Supervision, and

      (3) Assistance as required.

   b. Denied: Nil.

   c. Environmental: Classroom or training area large enough to accommodate the entire group.

3. **Standard**:The cadet shall:

   a. identify Gold Star mandatory training, to include:

      (1) common training, and

      (2) army elemental training;

   b. identify Gold Star complementary training; and

   c. discuss leadership appointment opportunities.

4. **Teaching Points**:

TP	Description	Method	Time	Refs
TP1	Identify Gold Star mandatory training opportunities, to include: a. training common to the sea, army, and air elements of the CCO, to include: 1. citizenship, 2. community service, 3. leadership, 4. personal fitness and healthy living, 5. recreational sports, 6. air rifle marksmanship, 7. general cadet knowledge, 8. drill, 9. instructional techniques, and 10. biathlon; b. army elemental training, to include: 1. Canadian Forces (CF) familiarization, 2. navigation, 3. wilderness survival,	Interactive Lecture	5 min	A0-096 A2-077

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TP	Description	Method	Time	Refs
	4. outdoor leadership, and 5. expedition; and c. the Gold Star assessment plan.			
TP2	Identify Gold Star complementary training opportunities.	Interactive Lecture	5 min	See Remark para. 11.a.
TP3	Discuss leadership appointment opportunities at the corps.	Group Discussion	5 min	
TP4	Review the goals of a Full Value Contract (FVC), to include: a. be here; b. be safe; c. set goals; d. be honest; and e. let go and move on.	Interactive Lecture	10 min	C2-038 (pp. 67–78)

5. **Time**:

a. Introduction / Conclusion:	5 min
b. Interactive Lecture:	20 min
c. Group Discussion:	5 min
d. Total:	30 min

6. **Substantiation**:

a. An interactive lecture was chosen for TPs 1, 2 and 4 to orient the cadets to and generate interest in Gold Star training opportunities.

b. A group discussion was chosen for TP 3 as it allows the cadets to interact with their peers and share their knowledge, experiences, opinions, and feelings about opportunities for leadership appointments at the corps. Sharing in the discussion encourages the cadets to examine their own thoughts and feelings and may prompt them to re-examine their previously held ideas. Participating in a group discussion improves the cadets' listening skills and team development.

7. **References**:

a. A0-096 CATO 11-04 Director Cadets 3. (2007). *Cadet program outline*. Ottawa, ON: Department of National Defence.

b. A2-077 CATO 40-01 Director Cadets 4. (2008). *Army cadet program outline*. Ottawa, ON: Department of National Defence.

c. C2-038 ISBN 0-7872-2459-6 Henton, M. (2006). *Adventure in the classroom: Using adventure to strengthen learning and build a community of life-long learners*. Dubuque, IA: Kendall Hunt Publishing.

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8. **Training Aids**:

   a. Presentation aids (eg, whiteboard / flip chart / OHP / multimedia projector) appropriate for the classroom / training area,

   b. Handouts of the POs and EOs for Gold Star training, and

   c. Tape.

9. **Learning Aids**:Handouts of the POs and EOs for Gold Star training.

10. **Test Details**:Nil.

11. **Remarks**:

   a. For Gold Star complementary training opportunities in TP 2, refer to the corps' annual training plan.

   b. This EO should be scheduled as early as possible in the training year. See the sample schedule located at Chapter 2, Annex C.

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