EO M224.02 – IDENTIFY THE SEVEN ENEMIES OF SURVIVAL

1. **Performance**: Identify the Seven Enemies of Survival

2. **Conditions**:

   a. Given:

      (1) supervision; and

      (2) assistance as required.

   b. Denied: N/A.

   c. Environmental: Suitable classroom facilities or training area large enough to accommodate the entire group.

3. **Standard**: In accordance with specified references, the cadet will participate in a discussion on:

   a. the psychology of wilderness survival; and

   b. the seven enemies of survival.

4. **Teaching Points**:

TP	Description	Method	Time	Refs
TP1	Explain the psychology of wilderness survival and its importance.	Interactive Lecture	5 min	C2-069 (pp. 19-20)
TP2	Identify and explain how to combat the seven enemies of survival, to include: a. pain; b. cold; c. thirst; d. hunger; e. fatigue; f. boredom; and g. loneliness.	Interactive Lecture	20 min	A2-046 (pp.12-13) C2-069 (pp. 21-22)

5. **Time**:

   a. Introduction / Conclusion: 5 min

   b. Interactive Lecture: 25 min

   c. Total: 30 min

6. **Substantiation**: An interactive lecture was chosen for this lesson to orient the cadets to the seven enemies of survival and present background material.

7. **References**:

   a. A2-046 B-GA-217-001/PT-001 *Down But Not Out*. (n.d.). Ottawa, ON: National Defence.

   b. C2-068 (ISBN 0-425-10572-5) Brown, T & Morgan, B. (1983). *Tom Brown's Field Guide to Wilderness Survival*. New York, NY: The Berkley Publishing Group.

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Verify against the official publication.

c. C2-069 Ferri, G. (2000). *The Psychology of Wilderness Survival*. Hanover, ON: Skyway Printing.

8. **Training Aids**: Presentation aids (eg, whiteboard/flipchart/OHP) appropriate for the classroom/training room.

9. **Learning Aids**: N/A.

10. **Test Details**: N/A.

11. **Remarks**: N/A.

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