EO M223.02 – IDENTIFY HIKING/TREKKING ASSOCIATIONS

1. **Performance**: Identify Hiking/Trekking Associations

2. **Conditions**:

   a. Given:

      (1) supervision; and

      (2) assistance as required.

   b. Denied: N/A.

   c. Environmental: Suitable classroom facility or training area large enough to accommodate the entire group.

3. **Standard**: In accordance with specified references, the cadet shall participate in a discussion on the mandate of civilian hiking/trekking organizations.

4. **Teaching Points**:

TP	Description	Method	Time	Refs
TP1	Identify the following civilian hiking/trekking organizations and their mandate: a. national associations, to include: 1. The Alpine Club of Canada; 2. Trails Canada; and 3. Trans Canada Trails; and b. provincial associations, to include: 1. Kootenay Mountaineering Club (BC); 2. West Coast Trail (BC); 3. Edmonton Outdoor Club (AB); 4. Manitoba Recreational Trails Association Inc. (MB); 5. Hike Ontario (ON); 6. Ontario Trails Council (ON); 7. Toronto Outdoor Club (ON); 8. The Bruce Trail Association (ON), 9. Fédération québécoise de la marche (QC); 10. Le club de montagne Le Canadien (QC); 11. The International Appalachian Trail (QC); 12. New Brunswick Trail Council Inc. (NB); 13. The Nova Scotia Trails Federation (NS), 14. Island Trails (PE); and 15. East Coast Trail (NL).	Interactive Lecture	20 min	C0-078 C2-055 C2-056 C2-057

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TP	Description	Method	Time	Refs
	Note: Instructors may choose from the sample list based on their province or seek out associations within their communities.			
TP2	Identify government hiking/trekking resources, to include: a. Parks Canada; and b. provincial parks.	Interactive Lecture	5 min	C2-052

5. **Time**:

a.	Introduction / Conclusion:	5 min
b.	Interactive Lecture:	25 min
c.	Total:	30 min

6. **Substantiation**: An interactive lecture was chosen for this lesson to give an overview of civilian hiking/trekking organizations, their mandate and the government resources available.

7. **References**:

a. C0-078 Mountain Equipment Co-op. (2007). *Connect*. Retrieved 28 February 2007, from http://www.mec.ca.

b. C2-052 Parks Canada. (2007). *National Parks of Canada*. Retrieved 28 February 2007, from http://www.pc.gc.ca.

c. C2-055 The Alpine Club of Canada. (2007). *The Alpine Club of Canada Canada's National Mountaineering Organization*. Retrieved 28 February 2007, from http://www.alpineclubofcanada.ca/index.html.

d. C2-056 Trails Canada. (2007). *Trails Canada*. Retrieved 28 February 2007, from http://www.trailscanada.com.

e. C2-057 The Trans Canada Trail. (2007). *Welcome to Trans Canada Trail*. Retrieved 28 February 2007, from http://www.tctrail.ca.

f. C2-058 Hike Ontario. (2007). *Hike Ontario*. Retrieved 28 February 2007, from http://www.hikeontario.com.

8. **Training Aids**: N/A.

9. **Learning Aids**: N/A.

10. **Test Details**: N/A.

11. **Remarks**: To complete this introduction on hiking/trekking associations, instructors may want to present local trail maps to the cadets.

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