EO M207.01 – IDENTIFY RED STAR TRAINING OPPORTUNITIES

1. **Performance**: Identify Red Star Training Opportunities

2. **Conditions**:

   a. Given:

      (1) handout of Performance Objectives (POs) and Enabling Objectives (EOs) of the Red Star program;

      (2) supervision; and

      (3) assistance as required.

   b. Denied: N/A.

   c. Environmental: Suitable classroom facilities or training area large enough to accommodate the entire group.

3. **Standard**:In accordance with specified references, the cadet shall identify Red Star training, to include:

   a. mandatory; and

   b. complementary.

4. **Teaching Points**:

TP	Description	Method	Time	Refs
TP1	Discuss Red Star mandatory training. a. training common to all elements of the CCO, to include: 1. citizenship; 2. community service; 3. leadership; 4. personal fitness and healthy living; 5. recreational sports; 6. air rifle marksmanship; 7. general cadet knowledge; and 8. drill; and b. army elemental training, to include: 1. Canadian Forces familiarization; 2. field training; 3. navigation; 4. trekking; and 5. wilderness survival.	Interactive Lecture	5 min	A0-010 A2-031 A2-035
TP2	Discuss Red Star complementary training opportunities.	Interactive Lecture	5 min	See Remarks para. 11

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TP	Description	Method	Time	Refs
TP3	Cover the elements needed in order to establish a Full Value Contract, to include: a. be here; b. be safe; c. set goals; d. be honest; and e. let go and move on. **Note:** Cadets should be introduced to the existing corps FVC. Where one does not exist the instructor would need an additional period to develop a FVC.	Interactive Lecture	15 min	C2-038

5. **Time**:

a.	Introduction / Conclusion:	5 min
b.	Interactive Lecture:	25 min
c.	Total:	30 min

6. **Substantiation**:The interactive lecture was chosen for this lesson to introduce the cadets to year two training and to generate an interest.

7. **References**:

   a. A0-010 CATO 11-03, D Cdts 2. (2006). *Cadet Program Mandate*. Ottawa, ON: Department of National Defence.

   b. A2-031 CATO 40-01, D Cdts 3. (2003). *Army Cadet Program Outline*. Ottawa, ON: Department of National Defence.

   c. A2-035 CATO 41-05, D Cdts 4. (2006). *Army Cadet Expedition Program*. Ottawa, ON: Department of National Defence.

   d. C2-038 0787224596 Henton, M. (1996). *Adventure in the Classroom: Using Adventure to Strengthen Learning and Build a Community of Life-long Learners*. Dubuque, IA: Kendall Hunt Publishing.

8. **Training Aids**:Presentation aids (eg, whiteboard/flipchart/OHP) appropriate for the classroom/training area.

9. **Learning Aids**:Handout of POs and EOs for Red Star training.

10. **Test Details**:N/A.

11. **Remarks**:

   a. For Red Star complementary training opportunities in TP2, refer to the corps annual training plan.

   b. Extra time may be required to complete a Full Value Contract.

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