EO M121.08 – APPLY "LEAVE NO TRACE" CAMPING

1. **Performance:** Apply "Leave No Trace" Camping

2. **Conditions:**

   a. Given:

      (1) Bivouac site,

      (2) Supervision, and

      (3) Assistance as required.

   b. Denied: Nil.

   c. Environmental: Field setting, during a bivouac FTX.

3. **Standard:** The cadet shall practise "leave no trace" camping by:

   a. planning ahead and being prepared;

   b. travelling and camping on durable surfaces;

   c. disposing of waste properly;

   d. "Leaving what you find";

   e. minimizing campfire impact;

   f. respecting wildlife; and

   g. being considerate of other visitors.

4. **Teaching Points:**

TP	Description	Method	Time	Refs
TP1	Explain the seven principles of "Leave No Trace" camping, to include: a. planning ahead and preparing, to include: 1. knowing the regulations and special concerns for the area visited; 2. preparing for extreme weather, hazards and emergencies; and 3. carefully planning meals, repackaging food to minimize waste; b. travelling and camping on durable surfaces, to include: 1. concentrating trek on existing trails and campsites; 2. walking in single file in the middle of the trail, even when wet or muddy; 3. not taking short cuts off of established trails;			

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TP	Description	Method	Time	Refs
	4. traveling on rock, gravel, dry grasses or snow; and 5. camping 60 m from lakes and streams; c. disposing of waste properly, to include: 1. “pack it in, pack it out”; 2. disposing of human waste in cat holes of 6 to 8 inches deep 60 m from water sources and the camp site; 3. packing out toilet paper and hygiene products; and 4. washing the body or dishes a minimum of 60 m away from streams or lakes; d. “leaving what you find”, to include: 1. preserving the past by leaving alone cultural or historical structures and artefacts; 2. leaving flora and fauna as they are found; and 3. avoiding the construction of structures, furniture or dug trenches; e. minimizing campfire impacts, to include: 1. making use of established fire rings, pans, or mound fires; 2. keeping fires small, using sticks found on the ground; and 3. burning all wood and coals to ash; f. respecting wildlife, to include: 1. observing wildlife from a distance; 2. never feeding animals; 3. protecting wildlife and food by storing rations and trash securely; 4. controlling pets; and 5. avoiding wildlife during sensitive times (i.e., mating, nesting, when raising young, or during the winter); and			

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TP	Description	Method	Time	Refs
	g. being considerate of other visitors, to include: 1. respecting visitors to protect the quality of their experience; 2. yielding to others on the trail; 3. camping away from trails and other visitors; and 4. allowing nature's sounds to prevail, by avoiding loud voices and noises.			

5. **Time:**

a.	Introduction / Conclusion:	5 min
b.	Interactive Lecture:	25 min
c.	Total:	30 min

6. **Substantiation:** An interactive lecture was chosen for this lesson to introduce the cadets to the concept of "Leave no Trace" camping.

7. **Reference:** C2-011 0-89886-910-2 McGivney, A. (2003). *Leave no trace, a guide to the new wilderness etiquette*. Seattle, WA: Mountaineers Books.

8. **Training Aids:**

   a. Presentation aids (i.e., whiteboard / flipchart / handouts) appropriate for field training area, and

   b. Bivouac site.

9. **Learning Aids:** Nil.

10. **Test Details:** Nil.

11. **Remarks:**

    a. This lesson shall be delivered during the bivouac FTX.

    b. In some cases this lesson could be conducted as a tour of the local area, selecting areas where specific principles could be best explained.

    c. Cadets should be continually encouraged to practice these principles to instill strong environmental stewardship.

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