EO M121.04 – ASSEMBLE A SURVIVAL KIT

1. **Performance:** Assemble a Survival Kit

2. **Conditions:**

   a. Given:

      (1) Supervision, and

      (2) Assistance as required.

   b. Denied: Nil.

   c. Environmental: Classroom or training area large enough to accommodate the entire group.

3. **Standard:** The cadet shall assemble a basic survival kit prior to participating in a field exercise, to include selecting:

   a. contents appropriate for the activity, and

   b. a suitable storage container.

4. **Teaching Points:**

TP	Description	Method	Time	Refs
TP1	Describe what can be contained in a survival kit, to include: a. water proof matches, b. candle, c. flint, d. magnifying glass, e. needles and thread, f. fish hooks and line, g. compass, h. mini light, i. snare wire, j. flexible wire saw, k. signalling mirror, l. whistle, m. pencil and paper, and n. personal first aid kit. **Note**: This list is not exhaustive. The different field settings must be considered when a First aid kit.	Interactive Lecture	15 min	C2-008 (pp. 25 – 29) C2-010
TP2	Describe survival kit case, to include: a. hard plastic, b. flexible plastic, or c. metal container (that could also be used to boil water).	Interactive Lecture	5 min	C2-010 (pp. 648 - 655)

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TP	Description	Method	Time	Refs
TP3	Discuss conducting regular maintenance checks on survival kit items, to include: a. checking expiry dates; b. replacing worn or damaged items; and c. replacing missing items.	Interactive Lecture	5 min	C2-010 (p. 649)

5. **Time:**

a.	Introduction / Conclusion:	5 min
b.	Interactive Lecture:	25 min
c.	Total:	30 min

6. **Substantiation:** An interactive lecture was chosen for this lesson to orient the cadets to the content and the maintenance of a survival kit.

7. **References:**

   a. C2-008 0-00-265314-7 Wiseman, J. (1999). *The SAS survival handbook*. Hammersmith, London: Harper Collins Publishers.

   b. C2-010 0-375-70323-3 Rawlins, C., & Fletcher, C. (2004). *The complete walker IV*. New York, NY: Alfred A. Knopf.

8. **Training Aids:**

   a. Presentation aids (i.e., whiteboard / flipchart / OHP) appropriate for classroom / training area, and

   b. Survival kit contents.

9. **Learning Aids:** Nil.

10. **Test Details:** Nil.

11. **Remarks:**

    a. This lesson should be delivered prior to the first time cadets enter the field.

    b. Cadets will be required to prepare their own survival kit for the applicable field activity.

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