EO M107.06 – PARTICIPATE IN A DISCUSSION ON YEAR ONE CADET SUMMER TRAINING CENTRE (CSTC) OPPORTUNITIES

1. **Performance:** Participate in a Discussion on Year One Cadet Summer Training Centre (CSTC) Opportunities

2. **Conditions:**

   a. Given:

      (1) Supervision, and

      (2) Assistance as required.

   b. Denied: Nil.

   c. Environmental: Classroom or training area large enough to accommodate the entire group.

3. **Standard:** The cadet shall participate in a discussion on Cadet Summer Training Centre (CSTC) qualifications, to include:

   a. the General Training qualification, and

   b. other CSTC qualifications.

4. **Teaching Points:**

TP	Description	Method	Time	Refs
TP1	Describe the General Training qualification offered at the CSTC for cadets who attend year one training, to include: a. duration, b. location, c. aim, “To introduce cadets to the Cadet Summer Training Centre environment and specialty training qualifications;” d. the components of the course, to include: 1. introduction to specialties: expedition, marksmanship, music, drill and ceremonial, fitness and sports, 2. introduction to community living, 3. biathlon, 4. adventure training, 5. leadership, 6. development of self-discipline, and 7. CF familiarization; and e. some additional opportunities provided on all CSTC Program courses, to include: 1. weekly parades, 2. life skills,	Interactive Lecture	15 min	A2-031 A2-077 (pp. 1-2–1-6)

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TP	Description	Method	Time	Refs
	3. recreation sports, 4. swimming, and 5. a graduation parade.			
TP2	Describe future CSTC opportunities, to include: a. introduce CSTC specialty courses, to include: 1. ceremonial drill series qualifications, to include: (a) Basic Drill and Ceremonial, (b) Drill and Ceremonial Instructor Course; 2. expedition series qualifications, to include: (a) Basic Expedition, (b) Expedition Instructor, (c) Leadership and Challenge, and (d) Army Cadet Senior Expeditions (Outward Bound Wales, Outward Bound Scotland, Maple Leaf England). 3. fullbore marksmanship series qualifications, to include: (a) Basic Marksman, (b) Fullbore Marksman Phase I, (c) Fullbore Marksman Phase II, and (d) National Army Cadet Rifle Team. 4. air rifle marksmanship series qualification: Air Rifle Marksmanship Instructor, 5. fitness and sports series qualifications, to include: (a) Basic Fitness and Sports, (b) Fitness and Sports Instructor 6. military band series qualifications, to include: (a) Military Band – Basic Musician, (b) Military Band – Intermediate Musician, and (c) Military Band – Advanced Musician. 7. pipe band series qualifications, to include: (a) Pipe Band – Basic Musician, (b) Pipe Band – Intermediate Musician, and (c) Pipe Band – Advanced Musician.			

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TP	Description	Method	Time	Refs
	8. other qualifications and exchanges: (a) Basic Parachutist (Years 5+), and (b) Army Cadet Exchanges (Years 5+). b. advanced training (staff cadet) opportunities (Years 4+). Note: Older cadets who join the program are eligible to be considered for a year two or three summer course.			

5. **Time:**

a.	Introduction / Conclusion:	5 min
b.	Interactive Lecture:	25 min
c.	Total:	30 min

6. **Substantiation:** An interactive lecture was chosen for this lesson to orient the cadets to CSTC opportunities.

7. **References:**

   a. A2-031 CATO 40-01 Director Cadets. (2011). *Army cadet program outline*. Ottawa, ON: Department of National Defence.

   b. A2-077 A-CR-CCP-711/PG-001 Director Cadets 3. (2007). *Royal canadian army cadets, General training, Qualification standard and plan*. Ottawa, ON: Department of National Defence.

8. **Training Aids:**

   a. Presentation aids (i.e., whiteboards / flipcharts / OHP) appropriate for classroom / training area,

   b. Royal Canadian Army Cadet Symbols Poster, and

   c. Army Cadet Updated CSTC Program handout located at CATO 40-01, Annex C, Appendix 1.

9. **Learning Aids:** Army Cadet Updated CSTC Program handout located at CATO 40-01, Annex C, Appendix 1.

10. **Test Details:** Nil.

11. **Remarks:**

   a. Examples of the various badges should be used for this lesson. Where this is not practical, an image of the badge may be used.

   b. Consult CATO 40-01, *Army cadet program outline*, Annex C, Appendix 1 to obtain the summer course progression handout.

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