EO M107.05 – WEAR THE ARMY CADET UNIFORM

1. **Performance:** Wear the Army Cadet Uniform

2. **Conditions:**

   a. Given:

      (1) Army Cadet uniform,

      (2) Army Cadet physical training uniform,

      (3) Army Cadet winter clothing,

      (4) Supervision, and

      (5) Assistance as required.

   b. Denied: Nil.

   c. Environmental: Classroom or training area large enough to accommodate the entire group.

3. **Standard:** IAW CATO 46-01, *Royal Canadian Army Cadet Dress Instructions*, the cadet shall wear the cadet uniform in a manner that reflects credit on the CCM, to include:

   a. wearing properly formed and positioned headdress;

   b. ensuring uniform is clean and pressed, and worn with shone boots;

   c. ensuring hair is neatly groomed and conservatively styled;

   d. wearing only the jewellery permitted; and

   e. conforming to the body adornment rules (e.g., make-up, piercing).

4. **Teaching Points**:

TP	Description	Method	Time	Refs
TP1	Explain the general rules and responsibilities for the cadet uniform, to include: a. occasions to wear the uniform, b. responsibility for the army cadet uniform, and c. general appearance of uniform.	Interactive Lecture	5 min	A2-028 (pp. 9/27 - 10/27)
TP2	Explain and demonstrate the correct manner in which to wear headdress, to include: a. the beret, b. the beret insignia, c. the wide brimmed tan summer hat, and d. the toque.	Demonstration	5 min	A2028 (pp. 10/27 - 11/27) C2-035

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TP	Description	Method	Time	Refs
TP3	Explain and demonstrate the correct way to wear and care for clothing on the upper body, to include: a. insignia, shoulder title RCAC, b. insignia, cadet, maple leaf, c. cadet slip-on, d. cadet armlet, e. shirt, cadet, short sleeve, f. undershirt, g. grey sports t-shirt, h. white undershirt, i. turtleneck sweater, j. uniform jacket, k. jacket belt, l. all season jacket, m. necktie, n. nametag, o. black wool gloves, and p. black mitts.	Demonstration	10 min	A2-028 (pp. 11/27 - 14/27)
TP4	Explain and demonstrate the correct way to wear and care for clothing on the lower body, to include: a. trousers, b. trouser belt, c. boots, d. grey sports shorts, and e. running shoes.	Demonstration	10 min	A2-028 (pp. 11/27 - 14/27)
TP5	Explain and demonstrate, where practical, the following in relation to personal appearance while in uniform: a. general appearance considerations; b. hairstyle, to include: 1. general appearance of hair, 2. male cadet hairstyle, 3. sideburns, 4. moustache, and 5. female cadet hairstyles, c. make-up, d. jewellery, e. tattoos and piercing, f. undergarments,	Interactive Lecture	10 min	A2-028 (pp. 15/27 - 19/27) A0-002

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TP	Description	Method	Time	Refs
	g. eyeglasses / sunglasses, h. other items, to include: 1. civilian clothing, 2. civilian pattern backpack, and 3. purse, and i. carrying items while in uniform.			
TP6	Explain the orders of dress for the army cadet uniform, to include: a. C-2 Duty Dress, b. C-2A Duty Dress, c. C-3 Duty Dress (cold weather), and d. PT – Physical Training Dress. Note: A cadet wearing each form of uniform is the best way to illustrate the wearing of the uniform.	Interactive Lecture	10 min	A2-028 (pp. A-4/14, A-5/14, A-6/14 & A-11/14)

5. **Time:**

a.	Introduction / Conclusion:	10 min
b.	Interactive Lecture:	25 min
c.	Demonstration:	25 min
d.	Total:	60 min

6. **Substantiation:**

a. An interactive lecture was chosen for TPs 1, 5, and 6 to orient the cadets to the rules and responsibilities and orders of dress for the cadet uniform.

b. A demonstration was chosen for TPs 2 – 4 as it allows the instructor to explain and demonstrate the proper way in which to wear the various headdresses and pieces of clothing on the upper and lower body.

7. **References:**

a. A0-002 A-PD-201-000/PT-000 DHH 3-2. (2001). *The Canadian Forces manual of drill and ceremonial*. Ottawa, ON: The Department of National Defence.

b. A2-028 D Cdts. (2005). *CATO 46-01 Army cadet dress instructions*. In Cadet Administrative and Training Orders (Vol. 4, 27 pages). Ottawa, ON.

c. C2-039 Apparel Search. (2005). *Berets in the military: Canada*. Retrieved 25 May, 2006, from http://www.apparelsearch.com/definitions/headwear_hats/beret_definitions.htm

8. **Training Aids:**

a. Presentation aids (i.e., whiteboards / flipcharts / OHP) appropriate for classroom / training area,

b. Army Cadet dress uniform,

c. Army Cadet physical training uniform,

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d. Army Cadet winter clothing: All-season jacket, tuque and gloves, and

e. Polishing kit: Polish, toothbrush, and soft cloth.

9. **Learning Aids:**

a. Army Cadet dress uniform,

b. Army Cadet physical training uniform,

c. Army cadet winter clothing, and

d. Polishing kit: Polish, toothbrush, and soft cloth.

10. **Test Details:** Nil.

11. **Remarks:** This lesson should be scheduled to be conducted at the beginning of the training year.

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