EO M106.03 – APPLY BASIC MARKSMANSHIP TECHNIQUES

1. **Performance:** Apply Basic Marksmanship Techniques

2. **Conditions:**

   a. Given:

      (1) Cadet air rifle,

      (2) Marksmanship mat,

      (3) Safety glasses / goggles,

      (4) Supervision, and

      (5) Assistance as required.

   b. Denied: N/A.

   c. Environmental: Air rifle range constructed IAW A-CR-CCP-177/PT-001, Chapter 1, sect 8.

3. **Standard:** In accordance with A-CR-CCP-177/PT-001, the cadet shall apply basic marksmanship techniques, to include:

   a. adopting the prone position;

   b. basic holding;

   c. basic aiming;

   d. loading;

   e. firing; and

   f. unloading.

4. **Teaching Points:**

TP	Description	Method	Time	Ref
TP1	Explain, demonstrate, and have the cadets adopt the prone position, as follows: a. position is natural, without strain, comfortable, and stable; b. body should form an angle with the line of sight; c. spine should remain straight; d. left leg should be parallel with the spine; e. right foot should turn out and point to the right; f. left foot should either be straight or point towards the right; and g. right knee should form an angle with the left leg.	Demonstration and Performance	5 min	A0-027 (p. 2-7)

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TP	Description	Method	Time	Ref
TP2	Explain, demonstrate, and have the cadets hold the cadet air rifle, in that the: a. left elbow should be positioned slightly to the left of the rifle; b. left hand must rest firmly against the sling swivel, and the fingers should be relaxed and not grip the fore end; c. right hand should slightly grip the small of the butt with constant pressure; d. right thumb should be placed on the stock directly behind the rear sight or around the small of the butt; e. right elbow should rest naturally where it falls, a comfortable distance from the rifle; f. the shoulders should be straight and form right angles with the spine; g. the butt plate is kept firmly in the hollow of the shoulder; and h. the head rests comfortably on the stock and remains straight. **Note:** When the face is placed on the butt, the cadets should be looking directly through the sights. If this is not the case, their position should be modified.	Demonstration and Performance	5 min	A0-027 (pp. 2-7 and 2-8)
TP3	Explain, demonstrate, and have the cadets aim the cadet air rifle, as follows: a. the aiming process, including: 1. adopting a comfortable position; and 2. ensuring proper body alignment with the target; b. sight alignment; and c. sight picture.	Demonstration and Performance	5 min	A0-027 (p. 2-11)
TP4	Explain, demonstrate, and have the cadets (dry fire) practice the actions required on the command “Relay, load, commence firing” on the cadet air rifle, as follows: a. ensuring the safety catch is in the ON position; b. pumping the cadet air rifle, pausing for three seconds when the pump is fully extended; c. simulating loading the pellet (flat end forward); d. closing the bolt; e. placing the safety catch in the OFF position; f. aiming the cadet air rifle at the target;	Demonstration and Performance	15 min	A0-027 (p. 2-16)

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TP	Description	Method	Time	Ref
	g. squeezing the trigger; h. opening the bolt; i. repeating the sequence for each shot; j. immediately after firing the practice, placing the safety catch in the ON position, and partially opening the pump lever; and k. laying down the rifle.			
TP5	Explain, demonstrate, and have the cadets practice the actions required on the command “Relay, unload and prepare for inspection” on the cadet air rifle, as follows: a. picking up the rifle; b. removing the five pellet clip if used; c. pumping the rifle; d. closing the bolt; e. placing the safety catch in the OFF position; f. aiming the rifle at the target; g. pulling the trigger; h. opening the bolt; i. placing the safety catch in the ON position; j. opening the pump lever 5-8 cm; k. placing the rifle over the shoulder, muzzle pointed down range; l. waiting to be cleared by the RSO; and m. laying the rifle down. Note: Cadets will be required to perform these skills during the Cadet Air Rifle Handling Test.	Demonstration and Performance	20 min	A0-027 (p. 2-16)

5. **Time:**

a.	Introduction/Conclusion:	10 min
b.	Demonstration and Performance:	50 min
c.	Total:	60 min

6. **Substantiation:** A demonstration and performance was chosen for this lesson as it allows the instructor to explain and demonstrate basic marksmanship techniques, while providing an opportunity for the cadets to practice under supervision.

7. **References:** A0-027 A-CR-CCP-177/PT-001 D Cdts 3. (2001). *Canadian Cadet Movement: Cadet Marksmanship Programme Reference Manual*. Ottawa, ON: Department of National Defence.

8. **Training Aids:**

   a. Presentation aids (i.e. whiteboard/flipchart/OHP) appropriate for classroom/training area; and

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b. Cadet air rifle.

9. **Learning Aids:** Cadet air rifle.

10. **Test Details:** Assessment of this EO will occur during EO M106.05 (Participate in Marksmanship Familiarization Using the Cadet Air Rifle), where cadets are required to successfully complete the Cadet Air Rifle Handling Test prior to firing.

11. **Remarks:** Instructors are encouraged to familiarize themselves with the video A-CR-CCP-177/PV-002, *Air Rifle Marksmanship*.

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