EO C424.03 – EMPLOY CATTAILS

1. **Performance**:Employ Cattails

2. **Conditions**:

   a. Given:

      (1) Survival knife,

      (2) Supervision, and

      (3) Assistance as required.

   b. Denied: Nil.

   c. Environmental: Field setting.

3. **Standard**:The cadet shall employ cattails to:

   a. prepare food;

   b. construct survival items;

   c. provide warmth; or

   d. treat ailments.

4. **Teaching Points**:

TP	Description	Method	Time	Refs
TP1	Identify a cattail and its environment.	Interactive Lecture	5 min	C2-068 (pp. 83–84) C2-226 (pp. 87–91) C2-227 (p. 223)
TP2	Identify ways to employ cattails, to include: a. cooking; b. weaving; c. making cordage; d. insulating; e. burning; and f. treating common ailments.	Interactive Lecture	15 min	C2-008 (p. 136) C2-068 (pp. 83–84, p. 97) C0-111 (p. 331, p. 437) C2-226 (pp. 87–91) C2-227 (pp. 88–92, p. 223)
TP3	Have the cadets, in groups of no more than three, employ cattails.	Practical Activity	30 min	

5. **Time**:

   a. Introduction / Conclusion: 10 min
   b. Interactive Lecture: 20 min

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c. Practical Activity:	30 min
d. Total:	60 min

6. **Substantiation**:

   a. An interactive lecture was chosen for TPs 1 and 2 as it introduces the cadets to the many possible ways that cattails may be employed.

   b. A practical activity was chosen for TP 3 as it is an interactive way for the cadets to employ cattails in a safe and controlled environment.

7. **References**:

   a. C0-111 ISBN 0-9740820-2-3 Tawrell, P. (2006). *Camping and wilderness survival* (2nd ed.). Lebanon, NH: Author.

   b. C2-008 ISBN 0-00-653140-7 Wiseman, J. (1999). *The SAS survival handbook*. Hammersmith, London: HarperCollins Publishers.

   c. C2-068 ISBN 0-425-10572-5 Brown, T., Jr., & Morgan, B. (1983). *Tom Brown's field guide: Wilderness survival*. New York, NY: The Berkley Publishing Group.

   d. C2-226 ISBN 0-425-10063-4 Brown, T., Jr., & Morgan, B. (1985). *Tom Brown's field guide: Wild edible and medicinal plants*. New York, NY: The Berkley Publishing Group.

   e. C2-227 ISBN 0-425-09147-3 Brown, T., Jr., & Morgan, B. (1984). *Tom Brown's field guide: Living with the earth*. New York, NY: The Berkley Publishing Group.

8. **Training Aids**:

   a. Survival knife, and

   b. Natural resources.

9. **Learning Aids**:

   a. Survival knife, and

   b. Natural resources.

10. **Test Details**:Nil.

11. **Remarks**:

   a. Select an area where cattails can be found.

   b. Permission may need to be granted before employing cattails.

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