EO C403.02 – CONDUCT AN EVENING ACTIVITY DURING A FIELD TRAINING EXERCISE (FTX)

1. **Performance**:Conduct an Evening Activity During a Field Training Exercise (FTX)

2. **Conditions**:

   a. Given:

      (1) Activity equipment as required, and

      (2) Supervision.

   b. Denied: Assistance.

   c. Environmental: Classroom or training area large enough to accommodate the entire group.

3. **Standard**:The cadet, as a member of a group, shall conduct an evening activity during an FTX.

4. **Teaching Points**:

TP	Description	Method	Time	Refs
TP1	Discuss selecting evening activities by considering: a. the goal, b. the participants, c. resources, d. time available, e. space available, and f. weather.	Group Discussion	5 min	C2-100 (pp. 22–25) C2-151 (pp. 88–89, pp. 50–51)
TP2	Discuss the format of an evening activity, to include: a. set-up; b. introduction; c. conduct of the activity; d. debriefing; and e. tear down.	Interactive Lecture	5 min	C0-114 (p. 36, p. 99) C0-245 (p. 70–71) C0-254 (p. 34–35) C2-100 (pp. 20–34)
TP3	Have the cadets, as members of a group, prepare an evening activity to be conducted during an FTX by: a. selecting an activity; b. identifying resources required; and c. assigning tasks to team members. Note: A selection of evening activities are provided in the instructional guide for this EO.	In-Class Activity	15 min	

5. **Time**:

   a. Introduction / Conclusion: 5 min

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b. Group Discussion:	5 min
c. Interactive Lecture:	5 min
d. In-Class Activity:	15 min
e. Total:	30 min

6. **Substantiation**:

   a. A group discussion was chosen for TP 1 as it allows the cadets to interact with their peers and share their knowledge and opinions about selecting evening activities to conduct during an FTX. Sharing in the discussion encourages the cadets to examine their own thoughts and feelings and may prompt them to re-examine their previously held ideas. Participating in a group discussion improves the cadets' listening skills and team development.

   b. An interactive lecture was chosen for TP 2 to orient the cadets to the format of an evening activity.

   c. An in-class activity was chosen for TP 3 as it is an interactive way to provoke thought and stimulate interest among the cadets about conducting an evening activity during an FTX.

7. **References**:

   a. C0-114 ISBN 0-02-863656-2 Pell, A. R. (1999). *The complete idiot's guide to team building*. Indianapolis, IN: Alpha Books.

   b. C0-245 ISBN 1-58062-513-4 Adams, B. (2001). *The everything leadership book*. Avon, MA: Adams Media.

   c. C0-254 ISBN 0-7894-3244-7 Heller, R. (1998). *Communicate clearly*. New York, NY: DK Publishing, Inc.

   d. C2-100 ISBN 0-7872-0107-3 Project Adventure, Inc. (1995). *Youth leadership in action: A guide to cooperative games and group activities written by and for youth leaders*. Dubuque, IO: Kendall / Hunt Publishing Company.

   e. C2-151 ISBN 0-7360-4709-3 Gilbertson, K., Bates, T., McLaughlin, T., & Ewert, A. (2006). *Outdoor education: Methods and strategies*. Windsor, ON: Human Kinetics.

8. **Training Aids**:

   a. Presentation aids (eg, whiteboard / flip chart / OHP) appropriate for the classroom / training area,

   b. Activity equipment as required, and

   c. Evening Activities handout.

9. **Learning Aids**:

   a. Activity equipment as required, and

   b. Evening Activities handout.

10. **Test Details**:Nil.

11. **Remarks**:Evening activities shall be conducted by the Gold Star cadets (as one group), during an FTX.

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