EO C324.03 – CATCH A FISH

1. **Performance.** Catch a Fish.

2. **Conditions**

   a. Given:

      (1) Fishing line,

      (2) Hook,

      (3) Safety pin,

      (4) Knife,

      (5) Supervision, and

      (6) Assistance as required.

   b. Denied: N/A.

   c. Environmental: Field setting, during daylight hours.

3. **Standard.** The cadet shall attempt to catch a fish by using either:

   a. a hook and line,

   b. a constructed automatic fishing rod, or

   c. a spear.

4. **Teaching Points**

TP	Description	Method	Time	Ref
TP1	Explain fishing, to include: a. where to fish, and b. when to fish.	Interactive Lecture	5 min	C2-008 (pp. 224–225)

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TP	Description	Method	Time	Ref
TP2	Discuss fishing, to include: a. tackle, such as: (1) hook, (2) line, (3) float, and (4) weight; and b. bait, such as: (1) live, (2) lures, and (3) berries.	Interactive Lecture	5 min	C2-008 (p. 225)
TP3	Explain, demonstrate and have the cadets practice constructing fishing instruments, to include: a. a hook and line, to include: (1) standard hook, (2) skewer hook, (3) shank hook, and (4) safety pin hook; b. an automatic fishing rod, to include: (1) tying several hooks onto a line; (2) locating a rod; and (3) setting the fishing rod with a trigger; or c. a spear, to include: (1) sharpening a long stick; (2) adding barbs; and (3) aiming.	Demonstration and Performance	35 min	C2-008 (p. 225, p. 234) C2-148 (p. 150, p. 160)
TP4	Have the cadets attempt to catch a fish using one type of fishing instrument. **Note:** If successful, the cadet can try other types of fishing instruments.	Practical Activity	35 min	

5. **Time**

a.	Introduction/Conclusion:	10 min
b.	Interactive Lecture:	10 min
c.	Demonstration and Performance:	35 min
d.	Practical Activity:	35 min
e.	Total:	90 min

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6. **Substantiation**

   a. An interactive lecture was chosen for TPs 1 and 2 to introduce and orient the cadet to catching a fish.

   b. Demonstration and performance was chosen for TP 3 as it allows the instructor to explain and demonstrate constructing fishing instruments while providing an opportunity for the cadet to practice under supervision.

   c. A practical activity was chosen for TP 4 as it is an interactive way to allow the cadets to practice fishing with constructed fishing instruments. This activity contributes to the development of their outdoor survival skills in a fun and challenging setting.

7. **References**

   a. C2-008 (ISBN 0-00-653140-7) Wiseman, J. (1999). *The SAS Survival Handbook*. Hammersmith, London: HarperCollins Publishers.

   b. C2-148 (ISBN 978-0-8117-3292-5) Davenport, G. (2006). *Wilderness Survival*. Mechanicsburg, PA: Stackpole Books.

8. **Training Aids**

   a. Fishing line,

   b. Hook,

   c. Safety pin, and

   d. Knife.

9. **Learning Aids**

   a. Fishing line,

   b. Hook,

   c. Safety pin, and

   d. Knife.

10. **Test Details.** N/A.

11. **Remarks**

   a. Corps shall check provincial fishing regulations prior to conducting the fishing activity; a provincial permit must be purchased if required.

   b. Cadets are not required to keep the fish they catch. If a fish sustains only minor injuries during the catching process, release the fish back into the water. Catch and release practices will be encouraged.

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