EO C324.01 – IDENTIFY ANIMAL AND INSECT FOOD SOURCES

1. **Performance.** Identify Animal and Insect Food Sources.

2. **Conditions**

   a. Given:

      (1) Insect diagrams,

      (2) Animal tracks diagrams,

      (3) Supervision, and

      (4) Assistance as required.

   b. Denied: N/A.

   c. Environmental: Field setting, during daylight hours.

3. **Standard.** The cadet shall:

   a. identify edible insects and their habitat, to include:

      (1) grasshoppers,

      (2) beetles,

      (3) worms,

      (4) grubs, and

      (5) aquatic insects;

   b. identify small animals by tracks and habitat, to include:

      (1) rabbits and hares,

      (2) squirrels,

      (3) marmots,

      (4) porcupines,

      (5) beavers, and

      (6) raccoons; and

   c. demonstrate how to find small animals, by:

      (1) detecting signs of feeding;

      (2) finding droppings;

      (3) identifying rootings; and

      (4) detecting scents and smells.

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4. **Teaching Points**

TP	Description	Method	Time	Ref
TP1	Discuss the daily energy requirements for an average person when surviving in the field, to include: a. energy needs, b. carbohydrates, c. fats, and d. proteins.	Interactive Lecture	10 min	C2-008 (pp. 104–108)
TP2	Identify edible insects, nutritional value and their habitat, to include: a. grasshoppers, b. beetles, c. worms, d. grubs, and e. aquatic insects.	Interactive Lecture	10 min	C2-148 (p. 162) C2-155 (pp. 24–25, pp. 100–101)
TP3	Discuss finding small animals, to include: a. identifying tracks and habitat of: (1) rabbits and hares, (2) squirrels, (3) marmots, (4) porcupines, (5) beavers, and (6) raccoons; b. detecting signs of feeding, to include: (1) bark stripped from trees, (2) gnawed shells of nuts, (3) partially-eaten fruits, (4) bitten-off shoots, (5) the remains of prey, and (6) remains of carnivores or the destruction of nests; c. finding droppings; d. identifying rootings; and e. detecting scents and smells.	Demonstration	15 min	C0-111 (pp. 857–874) C2-008 (pp. 114–118)
TP4	Conduct an activity where the cadets, in pairs, will search the local area for animal and insect food sources by identifying two signs of recent activity that will lead them to food.	Practical Activity	20 min	

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5. **Time**

a.	Introduction/Conclusion:	5 min
b.	Interactive Lecture:	20 min
c.	Demonstration:	15 min
d.	Practical Activity:	20 min
e.	Total:	60 min

6. **Substantiation**

a. An interactive lecture was chosen for TPs 1 and 2 to introduce daily energy requirements and orient the cadet to food sources when lost.

b. A demonstration was chosen for TP 3 as it allows the instructor to explain and demonstrate finding small as a food sources.

c. A practical activity was chosen for TP 4 as it is an interactive way to allow the cadets to demonstrate identifying animal and insect food sources in a safe, controlled environment. This activity contributes to the development of their outdoor survival skills in a fun and challenging setting.

7. **References**

a. C0-111 (ISBN 0-9740820-2-3) Tawrell, P. (2006). *Camping and Wilderness Survival: The Ultimate Outdoors Book* (2nd ed.). Lebanon, NH: Paul Tawrell.

b. C2-008 (ISBN 0-00-653140-7) Wiseman, J. (1999). *The SAS Survival Handbook*. Hammersmith, London: HarperCollins Publishers.

c. C2-148 (ISBN 978-0-8117-3292-5) Davenport, G. (2006). *Wilderness Survival*. Mechanicsburg, PA: Stackpole Books.

d. C2-155 (ISBN 978-1-58574-556-2) The Lyons Press. (2002). *U.S. Army Survival Handbook*. Guilford, CT: The Lyons Press.

8. **Training Aids**

a. Insect diagrams,

b. Animal tracks diagrams, and

c. Nutritional value of insects.

9. **Learning Aids**

a. Insect diagrams,

b. Animal tracks diagrams, and

c. Nutritional value of insects.

10. **Test Details.** N/A.

11. **Remarks.** N/A.

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