EO C321.01 – IDENTIFY METHODS OF WASTE DISPOSAL IN THE FIELD

1. **Performance.** Identify Methods of Waste Disposal in the Field.

2. **Conditions**

   a. Given:

      (1) Supervision, and

      (2) Assistance as required.

   b. Denied: N/A.

   c. Environmental: Field setting, during daylight hours.

3. **Standard.** The cadet shall identify methods of waste disposal in the field by:

   a. discussing field hygiene;

   b. discussing latrine selection; and

   c. selecting natural toilet paper.

4. **Teaching Points**

TP	Description	Method	Time	Ref
TP1	Discuss field hygiene, to include: a. practicing the basic rules of hygiene; b. diarrhea; and c. water pathogens.	Interactive Lecture	5 min	A2-063 (pp. 2-1 to 2-2) C0-111 (p. 200, p. 319)
TP2	Discuss latrine selection, to include: a. surface disposal, b. cat holes, c. latrines, and d. wilderness toilets, to include: (1) outhouses, (2) thunder boxes, (3) ammo cans, (4) buckets, and (5) commercial waste units, to include: (a) composting toilet, and (b) Pack-it Toilet.	Interactive Lecture	10 min	A2-063 (p. 2-7) C2-156 (pp. 43–50) C2-011 (pp.57–69) C2-016 (pp. 113– 119)

Unofficial convenience copy of A-CR-CCP-703/PG-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-703-PG-001/A-CR-CCP-703-PG-001.pdf.
Verify against the official publication.

TP	Description	Method	Time	Ref
TP3	Select natural toilet paper, to include: a. leaves, b. moss, c. grasses, d. evergreens, and e. water.	Practical Activity	10 min	C2-156 (pp. 43–50) C2-011 (pp.67–69)

5. **Time**

a.	Introduction/Conclusion:	5 min
b.	Interactive Lecture:	15 min
c.	Practical Activity:	10 min
	Total:	30 min

6. **Substantiation**

a. An interactive lecture was chosen for TPs 1 and 2 as it allows the instructor to present background information about field hygiene and environmentally conscious waste disposal.

b. A practical activity was chosen for TP 3 as it is an interactive way to introduce the cadets to natural materials in the field that can be used in place of toilet paper.

7. **References**

a. A2-063 A-CR-CCP-107/PT-001 Director Cadets 3. (1978). *Royal Canadian Army Cadet Course Training Plan: Corps Training Program Adventure Training*. Ottawa, ON: Department of National Defence.

b. C0-111 (ISBN 0-9740820-2-3) Tawrell, P. (2006). *Camping and Wilderness Survival: The Ultimate Outdoors Book* (2nd ed.). Lebanon, NH: Paul Tawrell.

c. C2-011 (ISBN 0-89886-910-2) McGiveny, A. (2003). *Leave No Trace: A Guide to the New Wilderness Etiquette* (2nd ed.). Seattle, WA: Mountaineer Books.

d. C2-016 (ISBN 1-4000-5309-9) Curtis, R. (2005). *The Backpacker's Field Manual – A Comprehensive Guide to Mastering Backcountry Skills*. New York, NY: Three Rivers Press.

e. C2-156 (ISBN 0-89815-627-0) Meyer, K. (1994). *How to Shit in the Woods*. Berkeley, CA: Ten Speed Press.

8. **Training Aids.** N/A.

9. **Learning Aids.** N/A.

10. **Test Details.** N/A.

11. **Remarks.** N/A.

Unofficial convenience copy of A-CR-CCP-703/PG-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-703-PG-001/A-CR-CCP-703-PG-001.pdf.
Verify against the official publication.