ROYAL CANADIAN ARMY CADETS

RED STAR

INSTRUCTIONAL GUIDE

SECTION 5

EO C207.01 – IDENTIFY THE RANK STRUCTURE OF THE ROYAL CANADIAN SEA AND AIR CADETS

Total Time: 30 min

PREPARATION

PRE-LESSON INSTRUCTIONS

Resources needed for the delivery of this lesson are listed in the lesson specification located in A-CR-CCP-702/PG-001, Chapter 4. Specific uses for said resources are identified throughout the instructional guide within the TP for which they are required.

Review the lesson content and become familiar with the material prior to delivering the lesson.

Copy the handout of ranks located at Annex A for each cadet.

Decide which activity will be completed in TP2 and gather all required materials.

PRE-LESSON ASSIGNMENT

N/A.

APPROACH

An interactive lecture was chosen for TP1 to orient the cadets to the Sea and Air Cadet rank structure, to generate interest and to present basic material.

An in-class activity was chosen for TP2 as it is an interactive way to provoke thought and stimulate interest among cadets.

INTRODUCTION

REVIEW

N/A.

OBJECTIVES

By the end of this lesson the cadet shall be expected to identify the rank structure of the Royal Canadian Sea and Air Cadets.

IMPORTANCE

It is important for cadets to identify the rank structure of the Sea and Air Cadets to better understand the structure of other elements. Knowing the rank structure and insignia will help cadets address other cadets and gain an appreciation for the differences and similarities between Sea, Army and Air Cadets.

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Teaching point 1 **Identify the Sea and Air Cadet Rank Structure**

Time: 10 min Method: Interactive Lecture

BACKGROUND KNOWLEDGE



Both Sea and Air Cadet ranks have chevrons and crowns, just like Army Cadets. Sea Cadets also have an anchor and Air Cadets have a propeller on some of their insignia.

Distribute handouts of the cadet rank insignia at Annex A and briefly introduce the cadets to Sea and Air Cadet ranks.

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CADET RANK INSIGNIA

ARMY CADET RANKS	SEA CADET RANKS	AIR CADET RANKS
CADET (NO BADGE)	ORDINARY SEAMAN (OS) (NO BADGE)	AIR CADET (AC) (NO BADGE)
PRIVATE (Pte) 	ABLE SEAMAN (AB) 	LEADING AIR CADET (LAC) 
CORPORAL (Cpl) 	LEADING SEAMAN (LS) 	CORPORAL (Cpl) 
MASTER CORPORAL (MCpl) 	MASTER SEAMAN (MS) 	FLIGHT CORPORAL (FCpl) 
SERGEANT (Sgt) 	PETTY OFFICER SECOND CLASS (PO2) 	SERGEANT (Sgt) 
WARRANT OFFICER (WO) 	PETTY OFFICER FIRST CLASS (PO1) 	FLIGHT SERGEANT (FSgt) 
MASTER WARRANT OFFICER (MWO) 	CHIEF PETTY OFFICER SECOND CLASS (CPO2) 	WARRANT OFFICER SECOND CLASS (WO2) 
CHIEF WARRANT OFFICER (CWO) 	CHIEF PETTY OFFICER FIRST CLASS (CPO1) 	WARRANT OFFICER FIRST CLASS (WO1) 

Note. Created by D Cdts 3, 2007, Ottawa ON: Department of National Defence.

Figure 1 Cadet Ranks

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CONFIRMATION OF TEACHING POINT 1

QUESTIONS

Q1. What does the rank insignia for a leading seaman look like?

Q2. What rank has two chevrons, an anchor and a crown?

Q3. What does the rank insignia for a petty officer first class look like?

Q4. What does the rank insignia for sergeant look like?

Q5. What is the highest rank an Air Cadet can obtain?

ANTICIPATED ANSWERS

A1. Two chevrons and an anchor.

A2. Master Seaman.

A3. A crown.

A4. Three chevrons.

A5. Warrant Officer First Class (WO1).

Teaching point 2 **Conduct an Activity to Familiarize Cadets With the Sea and Air Cadet Rank Structure**

Time: 15 min Method: In-Class Activity



Conduct only one of the following activities.

ACTIVITY

OBJECTIVE

The objective of this twister activity is to become familiar with Sea and Air Cadet ranks.

RESOURCES

- Sea and Air Cadet rank insignia located at Annex B;
- Actions located at Annex C;
- Tape; and
- Two bags, hats or containers.

ACTIVITY LAYOUT

The floor of ranks must be set up and the bag of actions for the cadets to take must be ready.

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To set up the floor of ranks for this twister activity:

1. make two copies of the insignia located at Annex B; and

2. tape the ranks on the floor in a four by seven rectangle, ensuring that the same ranks are not placed together.

To make the bags of actions:

1. make a copy of the actions located at Annex C;

2. cut out the actions;

3. divide the actions into two groups – body parts and ranks;

4. fold the pieces of paper; and

5. place the names of body parts in one bag and the ranks in the other.

ACTIVITY INSTRUCTIONS

1. Divide the cadets into groups of 3–6 cadets.

2. Decide the amount of time each group may have to complete the activity. For example, if there are two groups, each group will have approximately five minutes. If there are three groups, each group will have approximately three to four minutes.

3. If possible, assign two or three cadets to assist in judging.

4. Have the first group place themselves around the floor of ranks.

5. Pick a body part and a rank (action) out of each bag, hat or container and read them aloud (e.g. left hand – able seaman).

6. Have the cadets carry out the action (e.g. put their left hand on an able seaman rank).

7. Replace the paper into the appropriate bag, hat or container.

8. Pick another action, read aloud and have the cadets complete it.

9. If any portion of the cadet's body touches the floor or if they do not complete the proper movement, they are eliminated and must leave the rank floor.

10. Once all the cadets have been eliminated from the first group, start the second group, following the same steps.

11. Continue until all cadets have had a chance to participate in the activity.



If any cadet does not want to participate in this activity, he or she can be a judge.

Have extra tape available in case the ranks slip around on the floor.

SAFETY

- Cadets shall remove their shoes prior to completing this activity.
- This activity shall be stopped immediately if there is any horseplay.

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ACTIVITY

OBJECTIVE

The objective of this activity is to become familiar with Sea and Air Cadet ranks.

RESOURCES

- Paper copies of each rank insignia (use as many ranks as the number of cadets in the class. If there are more than fourteen cadets, there can be more than one cadet with the same rank). Ranks are located at Annex B, and
- Tape.

ACTIVITY LAYOUT

Cut out ranks, ensuring there is one for each cadet.

ACTIVITY INSTRUCTIONS

1. Tape a rank to the back of each cadet (the cadet does not get to see the rank that is on their back). Cadets should not talk while this is being done.

2. Have the cadets walk around and ask other cadets yes/no questions to determine what rank they are wearing. For example, the cadet may ask “Do I have two chevrons?” The cadet has to determine from the answers what rank they are. Cadets may not ask any questions that have specific rank names, such as “Am I a Leading Seaman?”

3. There can only be one question asked to each of the other cadets to determine what rank they are. Cadets will move from cadet to cadet until they have determined the rank they are.

4. Once cadets have determined what rank they are, they will gather with any other cadets who are the same rank, if there are any.

5. After three minutes, have the cadets present what rank they think they are based on the information they have received. For example, if a group has determined they have an Air Cadet rank with only two chevrons, they would present themselves as an Air Cadet corporal.

SAFETY

N/A.

ACTIVITY

OBJECTIVE

The objective of this matching activity is to become familiar with Sea and Air Cadet ranks.

RESOURCES

Matching cards of Sea and Air Cadet rank insignia located at Annex D.

ACTIVITY LAYOUT

Cut out one set of matching cards of Sea and Air Cadet ranks for each group of cadets.

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ACTIVITY INSTRUCTIONS

1. Divide the cadets into groups of two or three.
2. Distribute a set of matching cards of Sea and Air Cadet ranks to each group.
3. Have the cadets match the title to the badge for each rank.

SAFETY

N/A.

CONFIRMATION OF TEACHING POINT 2

The cadets' participation in the in-class activity will serve as the confirmation of this TP.

END OF LESSON CONFIRMATION

The cadets' participation in the in-class activity in TP2 will serve as the confirmation of this lesson.

CONCLUSION

HOMEWORK/READING/PRACTICE

N/A.

METHOD OF EVALUATION

N/A.

CLOSING STATEMENT

Being able to identify the ranks of the Sea and Air Cadets will make it easier to understand the ranks worn on their uniforms. Cadets may gain an appreciation for the differences and similarities between Sea, Army and Air Cadets.

INSTRUCTOR NOTES/REMARKS

N/A.

REFERENCES

A1-003 A-CR-005-001/AG-001 D Cdts 3. (Draft). *Royal Canadian Sea Cadets Dress Instructions*. Ottawa, ON: Department of National Defence.

A3-004 CATO 51-02 D Cdts 4. (2007). *Air Cadet Promotions*. Ottawa, ON: Department of National Defence.

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CADET RANKS

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INSIGNIA

SEA



SEA



SEA



SEA



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SEA 	**SEA** 
SEA 	**AIR** 

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AIR



AIR



AIR



AIR



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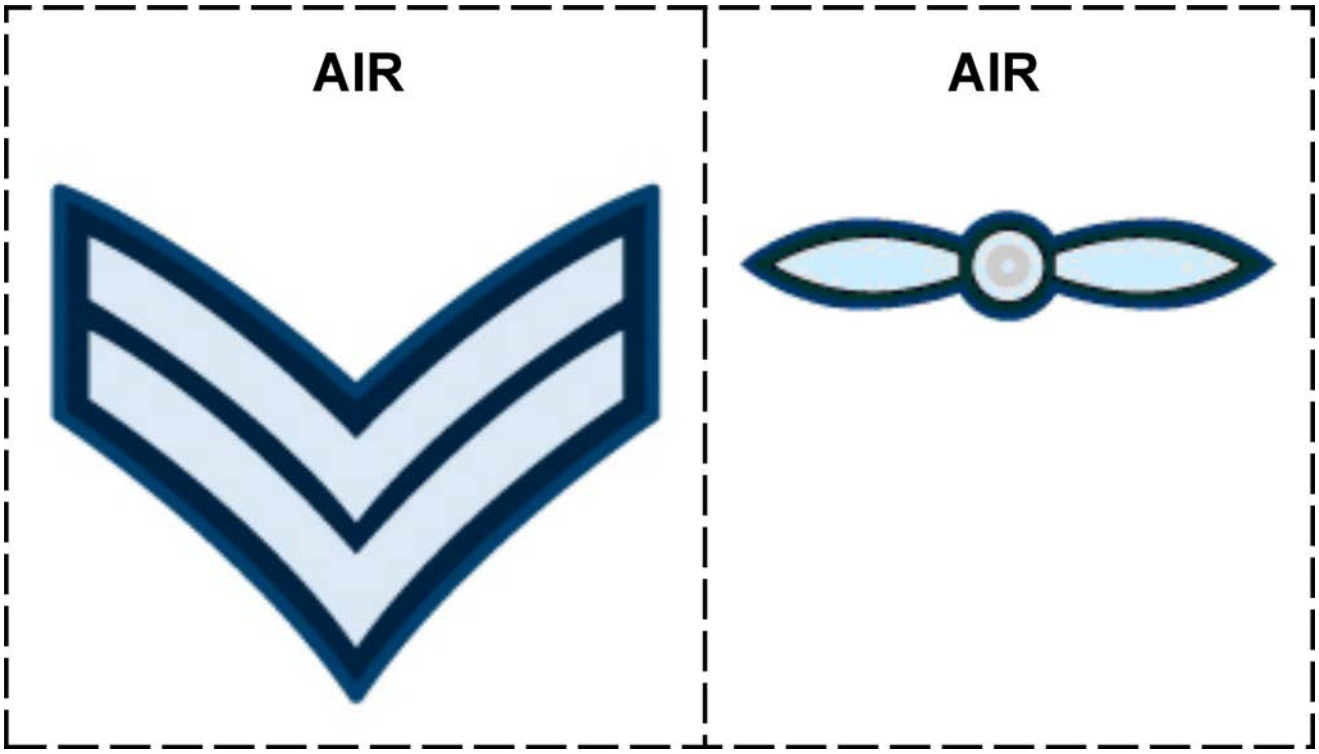

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ACTIONS

LEFT HAND	CHIEF PETTY OFFICER SECOND CLASS
RIGHT HAND	CHIEF PETTY OFFICER FIRST CLASS
LEFT FOOT	LEADING AIR CADET
RIGHT FOOT	CORPORAL
ABLE SEAMAN	FLIGHT CORPORAL
LEADING SEAMAN	SERGEANT
MASTER SEAMAN	FLIGHT SERGEANT
PETTY OFFICER SECOND CLASS	WARRANT OFFICER SECOND CLASS
PETTY OFFICER FIRST CLASS	WARRANT OFFICER FIRST CLASS

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MEMORY MATCH CARDS

AIR CADET (AC)	AIR CADET (AC)
LEADING AIR CADET (LAC)	
CORPORAL (Cpl)	
FLIGHT CORPORAL (FCpl)	
SERGEANT (Sgt)	

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FLIGHT SERGEANT (FSgt)	
WARRANT OFFICER SECOND CLASS (WO2)	
WARRANT OFFICER SECOND CLASS (WO1)	
ORDINARY SEAMAN (OS)	(NO INSIGNA)
ABLE SEAMAN (AB)	

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LEADING SEAMAN (LS)	
MASTER SEAMAN (MS)	
PETTY OFFICER SECOND CLASS (PO2)	
PETTY OFFICER FIRST CLASS (PO1)	
CHIEF PETTY OFFICER SECOND CLASS (CPO2)	

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CHIEF PETTY OFFICER FIRST CLASS (CPO1)	

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