## EO C203.05 – PARTICIPATE IN TRUST-BUILDING ACTIVITIES

1. **Performance**: Participate in Trust-Building Activities

2. **Conditions**:

   a. Given:

      (1) a blindfold;

      (2) supervision; and

      (3) assistance as required.

   b. Denied: N/A.

   c. Environmental: Suitable classroom facilities or training area large enough to accommodate the entire group.

3. **Standard**: In accordance with *Silver Bullets: A Guide to Initiative Problems, Adventures Games and Trust Activities*, the cadet shall participate in team-building activities, using problem-solving techniques and reflective thinking skills.

4. **Teaching Points**:

| TP | Description | Method | Time | Refs |
|---|---|---|---|---|
| TP1 | Conduct team-building activities through trust games. | Experiential | 25 min | C0-077 (pp. 79 to 95) |

5. **Time**:

   a. Introduction / Conclusion: 5 min

   b. In-Class Activity: 25 min

   c. Total: 30 min

6. **Substantiation**: An experiential approach was chosen for this lesson as it allows the cadets to acquire new skills through a direct experience. This approach allows cadets to experience trust-building activities and define that experience on a personal level.

7. **References**: C0-077 (ISBN 0-8403-5682-X) Ronhke, C. (1984). *Silver bullets: A guide to Initiative Problems, Adventures Games and Trust Activities.* USA: Kendall/Hunt Publishing Company.

8. **Training Aids**: A blindfold.

9. **Learning Aids**: N/A.

10. **Test Details**: N/A.

11. **Remarks**: N/A.



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