EO C123.01 – PARTICIPATE IN ADVENTURE TRAINING

1. **Performance:** Participate in Adventure Training
2. **Conditions:**
   a. Given:
      (1) Supervision, and
      (2) Assistance as required.
   b. Denied: Nil.
   c. Environment: Field setting, during the adventure training FTX.
3. **Standard:** The cadet shall participate in an adventure training activity as outlined in the A-CR-CCP-930/AG-001, *Cadet Program Interim Activity Safety Direction*.
4. **Teaching Points:** Supervise the cadets' participation in adventure training.
5. **Time:**

a.	Introduction / Conclusion:	10 min
b.	Experiential Learning:	530 min
c.	Total:	540 min

6. **Substantiation:** An experiential approach was chosen for this lesson as it allows the cadets to acquire new knowledge and skills through a direct experience. The cadets experience adventure training and define that experience on a personal level. The cadets will be given the opportunity to reflect on and examine what they saw, felt and thought while participating in adventure training and consider how it relates to what they already learned and experienced as well as how it will relate to future experiences.
7. **References:** A-CR-CCP-930/AG-001, National Cadet & Junior Canadian Rangers Support Group (2019). *Cadet Program Interim Activity Safety Direction*. Ottawa, ON: Department of National Defence.
8. **Training Aids:** As per selected activity.
9. **Learning Aids**: As per selected activity.
10. **Test Details:** Nil.
11. **Remarks:**
    a. Options may be limited based on resources requirement.
    b. Hiking may be a component of the weekend activity; however, it shall not normally be the only adventure training activity selected.
    c. No instructional guide is provided for this EO.

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