

COMMON TRAINING

GREEN STAR

INSTRUCTIONAL GUIDE

SECTION 14

EO C108.02 – PARTICIPATE IN A DRILL COMPETITION

Total Time: 90 min

PREPARATION

PRE-LESSON INSTRUCTIONS

Resources needed for the delivery of this lesson are listed in the lesson specification located in A-CR-CCP-701/PF-001, *Green Star Qualification Standard and Plan*, Chapter 4. Specific uses for said resources are identified throughout the instructional guide within the TP for which they are required.

Review the lesson content and become familiar with the material prior to delivering the lesson.

Photocopy the Drill Competition Marking Guide located at Attachment C and sufficient copies of the Drill Competition Marking Sheet located at Attachment D for each judge.

PRE-LESSON ASSIGNMENT

Nil.

APPROACH

A practical activity was chosen for this lesson as it is an interactive way to allow the cadets to participate in a drill competition.

INTRODUCTION

REVIEW

Review the drill movements from EO M108.01 to EO M108.11.

OBJECTIVES

By the end of this lesson the cadet shall have participated in a drill competition.

IMPORTANCE

It is important for cadets to be able to perform drill movements at a competent level, developing sharpness, esprit-de-corps, physical coordination and alertness. These movements should be executed with ease ensuring that the cadets efficiently moving together as one will promote discipline, alertness, precision, pride, steadiness and cohesion.

Unofficial convenience copy of A-CR-CCP-701/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-701-PF-001/A-CR-CCP-701-PF-001.pdf.
Verify against the official publication.

ACTIVITY

Time: 90 min

OBJECTIVE

The objective of this activity is to have the cadets participate in a drill competition.

RESOURCES

- Tables,
- Chairs,
- Masking Tape,
- Stop Watch,
- Portable hand counters (clickers),
- Drill sequence,
- Pens,
- Parade markers, and
- Judges.

ACTIVITY LAYOUT

Set up the drill hall or outdoor parade square with tables and chairs The drill area will be marked off, to include a restricted-access area large enough to accommodate execution of the marching and wheeling components of the competition with a judge's table placed mid-point along one of the sides of the drill area.

ACTIVITY INSTRUCTIONS

1. Divide the year one cadets into squads not to exceed 10 cadets.

2. Appoint a team captain (Drill Team Commander), at a minimum, a year three cadet in training to direct the team through the drill sequence.

3. Provide each team time to practice as a squad prior to competing. During this practice, the team captain will review all rehearsed movements from PO 108.

4. Have the drill team commander lead the drill team through the entire drill sequence.

5. Without assistance, acting as a drill team in a competition environment, the flight will follow commands and be marked on its performance of the specified drill sequence. Cadets will respectfully observe the performance of other flight drill teams whenever they are not performing.

6. Marking will be performed by the judges using the marking guide located at Attachment C and the marking sheet located at Attachment D. When numerous flights are competing, it is necessary to maximize the use of time. As the flights rotate through the competition, flights waiting to perform or flights that have already performed can be scheduled for other concurrent activities (eg, while one flight is waiting to perform another flight is undergoing uniform inspections).

SAFETY

Nil.

Unofficial convenience copy of A-CR-CCP-701/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-701-PF-001/A-CR-CCP-701-PF-001.pdf.
Verify against the official publication.



Capitalization indicates the words of command for each movement.

Cadence is to be maintained when completing movements.



The term squad is a generic name for a group of cadets, used to teach drill movements. This term can be interchanged with platoon, flight, division or any other applicable elemental or regimental term.



Assistant instructors may be required for this lesson.

END OF LESSON CONFIRMATION

The cadets' participation in a drill competition will serve as confirmation of this lesson.

CONCLUSION

HOMEWORK / READING / PRACTICE

Nil.

METHOD OF EVALUATION

Nil.

CLOSING STATEMENT

Drill helps a cadet develop many qualities such as patience and determination through self-discipline and practice. Drill requires that cadets move together as one, which promotes discipline, alertness, precision, pride, steadiness and cohesion, and helps develop teamwork.

INSTRUCTOR NOTES / REMARKS

It is recommended that ongoing feedback be provided to the cadets during drill practices, parade nights and ceremonial parades.

REFERENCES

A0-002 A-DH-201-000/PT-001 Director History and Heritage 3-2. (2006). *The Canadian Forces manual of drill and ceremonial*. Ottawa, ON: Department of National Defence.

Unofficial convenience copy of A-CR-CCP-701/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-701-PF-001/A-CR-CCP-701-PF-001.pdf.
Verify against the official publication.

THIS PAGE INTENTIONALLY LEFT BLANK

Unofficial convenience copy of A-CR-CCP-701/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-701-PF-001/A-CR-CCP-701-PF-001.pdf.
Verify against the official publication.

GUIDELINES FOR THE CONDUCT OF A YEAR ONE DRILL COMPETITION

OFFICIALS

1. Officials shall be as follows:

   a. Chief Judge – responsible for:

      (1) Judging and marking the Team Captain;

      (2) Awarding penalties; and

      (3) Interpretation of rules; and

   b. Drill Judge(s) – responsible for judging and marking the performance of the team during the drill sequence.

DRESS

2. Dress for the competition will be at the discretion of the corps Trg O and IAW CATO 46-01. Uniform C-1 is encouraged, though weather conditions at the time of the competition will be the determining factor.

DRILL SEQUENCE

3. When called to compete, the team (accompanied and directed by the team captain) will march on, with the right marker at the designated point opposite the judges table, dressed at the close order. When the Drill Team Commander reports for inspection, the judging will begin approach the Chief Judge, report the name of the team, and request permission to carry on with the competition.

4. On receiving permission from the Chief Judge, the team captain will then direct the team through the drill movements IAW Attachment B. The squad will be returned to its original position following the completion of the movements. The DTC will then report to the Chief Judge, and request permission to march off.

TIMING

5. A maximum of 15 minutes is allowed for each competing team. The timing will commence immediately following the team captain being granted permission to proceed and will terminate when the team captain reports to the Chief Judge upon completion of the drill sequence.

DRILL AUTHORITY

6. All drill movements will be carried out IAW A-PD-201-000/PT-000 *Canadian Forces Manual of Drill and Ceremonial*.

MARKING

7. Marking will be performed by the judges using the marking guide located at Attachment C and the marking sheet located at Attachment D. One point will be deducted for each individual fault or infraction to a maximum of 80 point deductions. A maximum of five points will be deducted for a single movement (eg, if a whole team performs a movement incorrectly, a total of five points will be deducted).

PENALTIES

8. Penalties will be deducted for specific infractions. Additional points will not be deducted for an infraction for which a penalty is awarded.

Unofficial convenience copy of A-CR-CCP-701/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-701-PF-001/A-CR-CCP-701-PF-001.pdf.
Verify against the official publication.

9. The following penalties will be awarded for infractions and will be deducted from the drill score by the Chief Judge:

a.	Omission of a drill movement	5 points.
b.	Drill movement performed out of sequence	1 point.
c.	Late when called to compete	2 points
d.	Exceeding maximum time allowance for sequence	2 points.

INTERPRETATION OF RULES

10. In any situation where no equitable solution can be found in the rules, the Chief Judge will be empowered to make a ruling, which is binding to all participants

Unofficial convenience copy of A-CR-CCP-701/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-701-PF-001/A-CR-CCP-701-PF-001.pdf.
Verify against the official publication.

DRILL SEQUENCE

STANDING DRILL

1. Stand Easy
2. Stand at Ease
3. Attention
4. To the Front Salute
5. Left Turn
6. Right Turn
7. About Turn
8. Right Incline
9. About Turn
10. Open Order March
11. Right Dress
12. Eyes Front
13. Close Order March
14. Right Turn

MARCHING DRILL

1. Quick March
2. Mark Time
3. Forward
4. Mark Time
5. Halt
6. Quick March
7. Left Wheel
8. Left Wheel
9. Salute to the Right on the March
10. Left Wheel
11. Right Wheel
12. Right Wheel
13. Right Wheel
14. Mark Time
15. Halt

Unofficial convenience copy of A-CR-CCP-701/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-701-PF-001/A-CR-CCP-701-PF-001.pdf.
Verify against the official publication.

STANDING DRILL

1. Left Turn
2. Right Dress
3. Eyes Front

Unofficial convenience copy of A-CR-CCP-701/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-701-PF-001/A-CR-CCP-701-PF-001.pdf.
Verify against the official publication.

DRILL COMPETITION MARKING GUIDE

INSPECTION

The inspection will be marked out of five possible points in the following areas:

Beret. Worn on the right side of the head, with the lower point of the front crease in the centre of the forehead and the front edge of the cap 2.5 cm (1 inch) above the right eyebrow.

Male hair. Neatly groomed, taper-trimmed at the back, sides and above the ears with no hair touching the ears or collar. Sideburns shall not extend below a line horizontally bisecting the ear, and shall be squared off horizontally at the bottom edge and taper trimmed to conform to the overall hairstyle. Beards shall not be worn except for those of the Sikh religion.

Female hair. Neatly groomed and not extend below the lower edge of the jacket collar. Bizarre styles or colours are not permitted in uniform. A single braid, if worn, shall be worn in the centre of the back. Double braids, if worn, shall be worn to the back. All multiple braids shall be directed toward the back. Multiple braids, if worn, extending below the lower edge of the collar are to be gathered in a bun. The braid may not extend beyond the armpit. No hair ornaments are to be worn and effort should be made to ensure that bobby pins secure hair and are unobtrusive.

Appearance. Only a wristwatch, medical alert bracelet, and a maximum of two rings may be worn with the uniform (costume rings are not to be worn in uniform). Female cadets may wear a single pair of plain gold, silver stud or white pearl earrings in pierced ears. Makeup shall be applied conservatively. No eyeliner, fake eyelashes, coloured eye shadow or nail polish is to be worn in uniform. Male cadets are not authorized to wear earrings. Covering piercings with a bandage (band-aid) is not acceptable.

Trousers. Pressed with creases down the centre of each leg, and worn with the black belt.

Short-sleeved shirt. Pressed with a crease along the upper edge of each arm. Rank slip-ons shall be worn with the short-sleeved shirt.

Boots. Shined all over, laced across horizontally from side to side, and worn with grey wool socks.

DTC

Reporting. DTC reports to the judges confidently and in the correct manner.

Words of command. The words of command should be correct, called on the correct foot and with the correct interval of timings. They should be clear and loud enough for the entire team to hear and obey.

Ability to control. The ability to command, control and give proper orders to the team carrying out drill movements.

COMPULSORY SEQUENCE

All standing and marching drill for the compulsory sequence will be marked out of a total of five points. One point will be deducted for errors in each of the following areas:

Body drive. The amount of effort put into the movements.

Correctness of movement. This includes immediate and correct response to the command with the standard pause (two beats of quick time) observed where necessary.

Correct dressing. The alignment of ranks and flanks at the halt and on the march.

Steadiness. No excess movements during any portion of the drill sequence, including fidgeting, fixing the uniform, etc.

Precision. Movements are carried out in unison.

Unofficial convenience copy of A-CR-CCP-701/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-701-PF-001/A-CR-CCP-701-PF-001.pdf.
Verify against the official publication.

THIS PAGE INTENTIONALLY LEFT BLANK

Unofficial convenience copy of A-CR-CCP-701/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-701-PF-001/A-CR-CCP-701-PF-001.pdf.
Verify against the official publication.

DRILL COMPETITION MARKING SHEET

Team: _____ Date: _____

DTC: _____

Inspection - Maximum 30 Points			
1.	Beret		/5
2.	Hair		/5
3.	Appearance		/5
4.	Trousers		/5
5.	Short-sleeved shirt		/5
6.	Boots		/5
	Sub-total		**/30**
DTC - Maximum 40 Points			
1.	Reporting		/10
2.	Words of Command		/20
3.	Ability to Control		/10
	Sub-total		**/40**
Drill Movements - Maximum Points			
	Standing Drill		
1.	Stand Easy		/5
2.	Stand at Ease		/5
3.	Attention		/5
4.	To the Front Salute		/5
5.	Left Turn		/5
6.	Right Turn		/5
7.	About Turn		/5
8.	Right Incline		/5
9.	About Turn		/5
10.	Open Order March		/5
11.	Right Dress		/5
12.	Eyes Front		/5
13.	Close Order March		/5
14.	Right Turn		/5
	Marching Drill		/5
1.	Quick March		/5
2.	Mark Time		/5
3.	Forward		/5
4.	Mark Time		/5
5.	Halt		/5
6.	Quick March		/5
7.	Left Wheel		/5
8.	Left Wheel		/5
9.	Salute to the Right on the March		/5
10.	Left Wheel		/5
11.	Right Wheel		/5
12.	Right Wheel		/5

Unofficial convenience copy of A-CR-CCP-701/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-701-PF-001/A-CR-CCP-701-PF-001.pdf.
Verify against the official publication.

13.	Right Wheel		/5
14.	Mark Time		/5
15.	Halt		/5
	Standing Drill		
1.	Left Turn		/5
2.	Right Dress		/5
3.	Eyes Front		/5
	Sub-total		**/**
	Sub-total		**/**
Comments			
Penalties			
	Penalty Sub-total		
	Inspection		/
	DTC		/
	Compulsory		/
	Less Total Penalties		
	Grand Total		**/**

Name of Judge:	
Date:	Signature of Judge:

Unofficial convenience copy of A-CR-CCP-701/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-701-PF-001/A-CR-CCP-701-PF-001.pdf.
Verify against the official publication.