## EO C107.04 – ESTABLISH A FULL VALUE CONTRACT

1. **Performance:** Establish a Full Value Contract

2. **Conditions:**

   a. Given:

      (1) Supervision, and

      (2) Assistance as required.

   b. Denied: Nil.

   c. Environmental: Classroom or training area large enough to accommodate the entire group.

3. **Standard:** The cadet shall participate in the establishment of a Full Value Contract.

4. **Teaching Points:**

| TP | Description | Method | Time | Refs |
|---|---|---|---|---|
| TP1 | Explain the elements needed to establish a Full Value Contract:<br>a. be here,<br>b. be safe,<br>c. set goals,<br>d. be honest, and<br>e. let go and move on. | Interactive lecture | 5 min | C2-038<br>C2-039 |
| TP2 | Establish a Full Value Contract. | Practical Activity | 20 min | |

5. **Time:**

| | | |
|---|---|---|
| a. | Introduction / Conclusion: | 5 min |
| b. | Interactive Lecture: | 5 min |
| c. | Practical Activity: | 20 min |
| d. | Total: | 30 min |

6. **Substantiation:**

   a. An interactive lecture was chosen for TP 1 as it is an interactive way to introduce cadets to full value contracts and to the elements needed prior to establishing the contract.

   b. A practical activity was chosen for TP 2 to develop a full value contract as it is an interactive way to allow the cadet to develop, own, and build the desire to enforce agreed upon behavioural norms

7. **References:**

   a. C2-038 0787224596 Henton, M. (1996). *Adventure in the Classroom: Using Adventure to Strengthen Learning and Build a Community of Life-long Learners*. Dubuque, IA: Kendall Hunt Publishing.



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b. C2-039 0825199905 Frank, L.S. (2001). *The caring classroom: Using adventure to create community in the classroom and beyond*. Dubuque, IA: Kendall Hunt Publishing.

8. **Training Aids:** Full Value Contract Examples

9. **Learning Aids:**

a. flip chart paper,

b. cardboard,

c. markers,

d. pens / pencils,

e. ruler,

f. glue,

g. scissors,

h. coloured paper, and

i. magazines.

10. **Test Details:** Nil.

11. **Remarks:** Nil.



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