EO M502.01 – PERFORM 45 HOURS OF INDIVIDUAL COMMUNITY SERVICE

1. **Performance**: Perform 45 Hours of Individual Community Service

2. **Conditions**:

   a. Given:

      (1) Supervision, and

      (2) Assistance.

   b. Denied: Nil.

   c. Environmental: Dependent on the community service activity chosen.

3. **Standard**: The cadet shall perform 45 hours of individual community service, to include:

   a. conducting a personal inventory of skills, talents, and interests;

   b. identifying community needs to address and investigating the underlying problems;

   c. preparing and planning to conduct 45 hours of community service;

   d. performing 45 hours of community service;

   e. reflecting on the community service, to include:

      (1) describing what happened;

      (2) examining the difference made;

      (3) discussing thoughts and feelings; and / or

      (4) considering future community service opportunities; and

   f. conducting a public demonstration of their community service and the effect it has had on them and the community by:

      (1) giving a public presentation;

      (2) writing an article;

      (3) publishing on a website or in another publication;

      (4) creating a work of art; or

      (5) completing another appropriate demonstration.

4. **Teaching Points**:

TP	Description	Method	Time	Refs
TP1	Provide the cadets with a copy of 502 PC located at Annex B, Appendix 1 and review the requirements of PO 502 (Perform Community Service).	Interactive Lecture	10 min	
TP2	Explain the five stages of service learning, to include: a. inventory and investigation, b. preparation and planning,	Interactive Lecture	20 min	Para 7

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TP	Description	Method	Time	Refs
	c. action, d. reflection, and e. demonstration.			
TP3	Have the cadets identify each stage of service learning as they read about a cadet's community service experience and brainstorm alternative methods for completing each stage.	Case Study	25 min	
TP4	Have the cadets complete their personal inventory of skills, talents, and interests.	Practical Activity	10 min	
TP5	Have the cadets brainstorm needs in their community.	In-class Activity	10 min	
TP6	Have the cadets complete an initial plan for the investigation process.	Practical Activity	15 min	

5. **Time**: One session = 90 min.

6. **Substantiation**:

   a. An interactive lecture was chosen for TPs 1 and 2 to orient the cadets to the requirements of PO 502 (Perform Community Service), introduce cadets to the stages of service learning, and generate interest.

   b. A case study was chosen for TP 3 to illustrate the application of the community service model and to stimulate thought about the different options available under the model.

   c. A practical activity was chosen for TPs 4 and 6 as it is an interactive way to introduce cadets to the first stages of service learning.

   d. An in-class activity was chosen for TP 5 as it is an interactive way to stimulate thought on needs in the community and introduce cadets to ideas they may not have otherwise considered.

7. **References**: Kaye, Cathryn B. *The Complete Guide to Service Learning: Proven, Practical Ways to Engage Students in Civic Responsibility, Academic Curriculum*, & *Social Action*. Minneapolis, MN: Free Spirit Publishing Inc, 2010.

8. **Training Aids**: Nil.

9. **Learning Aids**: Nil.

10. **Test Details**: Nil.

11. **Remarks**:

   a. The cadets shall complete the 45 hours of individual community service on their own time and during some cadet activities (eg, Royal Canadian Legion Poppy Campaign) throughout Phase Five / Master Cadet / Proficiency Level Five training.

   b. Cadets shall apply the five stages of service learning to at least one of their community service activities, to include:

      (1) inventory and investigation,

      (2) preparation and planning,

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(3) action,

(4) reflection, and

(5) demonstration.

c. The community service activity shall not directly benefit the corps / squadron or the sponsor.

d. The cadet may complete their demonstration about one or more of their community service activities prior to full completion of their community service time.

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