EO M490.01 – ASSEMBLE AN EMERGENCY SURVIVAL KIT

1. **Performance**: Assemble an Emergency Survival Kit

2. **Conditions**:

   a. Given:

      (1) Supervision, and

      (2) Assistance as required.

   b. Denied: Nil.

   c. Environmental: Classroom or field setting, during the day.

3. **Standard**: The cadet shall assemble an emergency survival kit.

4. **Teaching Points**:

TP	Description	Method	Time	Refs
TP1	Discuss the characteristics of an emergency survival kit, to include: a. essential items, and b. small and easy to carry in a pocket.	Interactive Lecture	5 min	C3-002 (p. 26)
TP2	Explain that emergency survival kit items should be placed in a durable container that is lightweight and waterproof, such as: a. hard plastic, b. flexible plastic, or c. metal.	Interactive Lecture	5 min	C2-010 (pp. 648–655)
TP3	Explain the purpose of each survival kit item and have the cadets, as a group, assemble an emergency survival kit: a. adhesive bandages, b. aluminum foil, c. antibiotic tablets, d. button compass, e. candle, f. condom, g. cord, h. cotton balls, i. emergency blanket, j. fish hooks, k. fishing line, l. fishing sinkers, m. flexible saw,	In-Class Activity	15 min	C3-002 (pp. 26–32) C3-003 (p. 8, pp. 14–16) C3-150 (pp. 33–37)

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TP	Description	Method	Time	Refs
	n. garbage bag (small), o. hard candies, p. magnifying glass, q. mirror (small), r. moleskin, s. pain reliever (pills), t. paper, u. pencil, v. personal medication, w. resealable plastic bags (very small), x. safety pins, y. salt, z. sewing needles, aa. small folding knife, ab. snare wire, ac. thread, ad. tweezers, ae. water purification tablets, af. waterproof matches, and ag. whistle. Note: This list is not exhaustive and is designed to give cadets an idea of what an emergency survival kit could contain.			

5. **Time**:

a.	Introduction / Conclusion:	5 min
b.	Interactive Lecture:	10 min
c.	In-Class Activity:	15 min
d.	Total:	30 min

6. **Substantiation**:

a. An interactive lecture was chosen for TPs 1 and 2 to present basic material and give direction on assembling an emergency survival kit.

b. An in-class activity was chosen for TP 3 as it is an interactive way to provoke thought and stimulate interest among cadets about emergency survival kits.

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7. **References**:

   a. C2-010 ISBN 0-375-70323-3 Rawlins, C., & Fletcher, C. (2004). *The complete walker IV*. New York, NY: Alfred A. Knopf.

   b. C3-002 ISBN 0-00-653140-7 Wiseman, J. (1999). *The SAS survival handbook*. Hammersmith, London: HarperCollins Publishers.

   c. C3-003 ISBN 1-896713-00-9 Tawrell, P. (1996). *Camping and wilderness survival: The ultimate outdoors book*. Green Valley, ON: Author.

   d. C3-150 ISBN 978-0-8117-3292-5 Davenport, G. (2002). *Wilderness survival*. Mechanicsburg, PA: Stackpole Books.

8. **Training Aids**: Presentation aids (eg, whiteboard / flip chart / OHP) appropriate for the classroom / training area.

9. **Learning Aids**: Sample emergency survival kit items, such as:

   a. hard or flexible plastic or metal container,

   b. adhesive bandages,

   c. aluminum foil,

   d. antibiotic tablets,

   e. button compass,

   f. candle,

   g. condom,

   h. cord,

   i. cotton balls,

   j. emergency blanket,

   k. fish hooks,

   l. fishing line,

   m. fishing sinkers,

   n. flexible saw,

   o. garbage bag (small),

   p. hard candies,

   q. magnifying glass,

   r. mirror (small),

   s. moleskin,

   t. pain reliever (pills),

   u. paper,

   v. pencil,

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w. personal medication,

x. resealable plastic bags (very small),

y. safety pins,

z. salt,

aa. sewing needles,

ab. small folding knife,

ac. snare wire,

ad. thread,

ae. tweezers,

af. water purification tablets,

ag. waterproof matches, and

ah. whistle.

10. **Test Details**: Nil

11. **Remarks**: Cadets who are qualified Survival Instructor may assist with this instruction.

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