EO M309.06 – PLAN A LESSON

1. **Performance.** Plan a Lesson.

2. **Conditions**

   a. Given:

      (1) A lesson specification,

      (2) An instructional guide,

      (3) Supervision, and

      (4) Assistance as required.

   b. Denied: N/A.

   c. Environmental: Classroom or training area large enough to accommodate the entire group.

3. **Standard.** The cadet shall:

   a. research lesson content; and

   b. develop a lesson plan.

4. **Teaching Points**

TP	Description	Method	Time	Ref
TP1	Explain how to research lesson content by identifying the following: a. an enabling objective (EO) and lesson specification, b. an instructional guide, and c. references.	Interactive Lecture	10 min	A1-042 (p. 22, p. 23)
TP2	Explain how to prepare for a lesson, by: a. selecting a lesson location; and b. setting up the location.	Interactive Lecture	5 min	C1-133 (pp. 171–179) C1-140 (p. 108, p. 109)
TP3	Describe the lesson plan format, to include: a. the introduction, b. the body, and c. the conclusion.	Interactive Lecture	10 min	
TP4	Supervise and provide assistance while the cadets plan a lesson. **Note:** Cadets shall choose from the list of approved 15-minute topics.	Practical Activity	25 min	A1-042 (p. 22, p. 23, Annex E)

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5. **Time**

a.	Introduction/Conclusion:	10 min
b.	Interactive Lecture:	25 min
c.	Practical Activity:	25 min
d.	Total:	60 min

6. **Substantiation**

a. An interactive lecture was chosen for TPs 1–3 to present basic material on how to research lesson content and how to prepare for a lesson.

b. A practical activity was chosen for TP 4 to allow the cadets to plan a lesson in a structured and controlled environment. This activity contributes to the development of lesson-planning skills and will serve as preparation for EO M309.07 (Instruct a 15-Minute Lesson).

7. **References**

a. A1-042 A-P9-050-000/PT-005 Director Training and Education Policy. (2001). *Canadian Forces Individual Training & Education System* (Vol. 5). Ottawa, ON: Department of National Defence.

b. C1-133 (ISBN 0-9695066-2-7) Bender, P. (2000). *Secrets of Power Presentations*. Toronto, ON: The Achievement Group.

c. C1-140 (ISBN 1-890460-02-8) Jenson, E. (1999). *Super Teaching: Mastering Strategies for Building Trainee Success*. San Diego, CA: The Brain Store Inc.

8. **Training Aids**

a. Presentation aids (eg, whiteboard/flip chart/OHP/multimedia projector) appropriate for the classroom/training area, and

b. List of approved 15-minute topics.

9. **Learning Aids**

a. A lesson specification,

b. An instructional guide,

c. Plan a Lesson Checklist,

d. Paper, and

e. Pen/pencil.

10. **Test Details.** This EO is assessed IAW Chapter 3, Annex B, Appendix 4, (309 PC).

11. **Remarks**

a. EO M309.06 (Plan a Lesson) should be scheduled at least one week prior to EO M309.07 (Instruct a 15-Minute Lesson).

b. EO C309.02 (Plan a Lesson) may be scheduled as additional time for this EO.

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