

COMMON TRAINING

PROFICIENCY LEVEL THREE

INSTRUCTIONAL GUIDE

SECTION 2

EO M307.02 – IDENTIFY YEAR THREE CSTC TRAINING OPPORTUNITIES

Total Time: 30 min

PREPARATION

PRE-LESSON INSTRUCTIONS

Resources needed for the delivery of this lesson are listed in the lesson specification located in A-CR-CCP-803/PG-001, Chapter 4. Specific uses for said resources are identified throughout the instructional guide within the TP for which they are required.

Review the lesson content and become familiar with the material prior to delivering the lesson.

Read CATO 54–20, *Summer Training Directive – Royal Canadian Air Cadets* and its Annexes.

PRE-LESSON ASSIGNMENT

N/A.

APPROACH

A group discussion was chosen for TP 1 as it allows the cadets to interact with their peers and share their experiences, opinions, and feelings about year three CSTC training opportunities.

An interactive lecture was chosen for TP 2 to orient the cadets to year three CSTC training opportunities and to generate interest.

INTRODUCTION

REVIEW

N/A.

OBJECTIVES

By the end of this lesson the cadet shall have identified year three CSTC training opportunities.

IMPORTANCE

It is important for cadets to identify the year three CSTC training opportunities available to them because it may help them decide if and for which course they would like to apply.

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Teaching point 1 **Discuss the Areas of Interest of CSTC Training Opportunities**

Time: 10 min Method: Group Discussion

BACKGROUND KNOWLEDGE



The point of the group discussion is to draw the following information from the group using the tips for answering/facilitating discussion and the suggested questions provided.



Write the specialty areas on a whiteboard/flip chart. Explain the activities that are conducted within each area.

FITNESS AND SPORTS

Cadets will improve individual fitness and sport knowledge and skills. Activities will focus on:

- officiating,
- fitness instruction,
- sports leadership,
- coaching,
- rules and regulations of sports, and
- personal fitness.

MUSIC

Military Musician

Cadets will develop music knowledge and skills. Activities will focus on:

- music theory;
- playing an instrument as part of an ensemble;
- playing an instrument as part of a military band; and
- developing individual music skills.

Pipe and Drum Musician

Cadets will develop music knowledge and skills. Activities will focus on:

- music theory;
- playing an instrument as part of an ensemble;
- playing an instrument as part of a pipe and drum band; and

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- developing individual music skills.

MARKSMANSHIP

Cadets will develop the knowledge and skills required to improve marksmanship and coaching abilities. Activities will focus on:

- recreational and competitive air rifle marksmanship,
- various marksmanship techniques,
- firing positions,
- duties of a range assistant, and
- basic duties of a marksmanship coach.

LEADERSHIP

Cadets will develop the knowledge and skills required to improve leadership abilities in a peer and small group setting. Activities will focus on:

- leadership,
- supervision,
- team-building,
- instructional techniques,
- effective communication,
- problem solving, and
- ceremonial drill.

AVIATION

Cadets will develop the knowledge and skills required to improve their understanding of the fundamentals of aviation. Depending on the course chosen, activities will focus on:

- meteorology,
- aero engines,
- air navigation,
- airmanship,
- principles of flight,
- navigation,
- pilot decision making,
- air law,
- flight safety, and
- aviation medicine.

AVIATION TECHNOLOGY

Cadets will develop knowledge and skills required to improve their understanding of the fundamentals of aviation technology. Activities will focus on:

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- aerodrome operations,
- aircraft fabrication,
- aircraft construction, and
- aircraft maintenance.

AEROSPACE

Cadets will develop knowledge and skills required to improve their understanding of the fundamentals of aerospace science. Activities will focus on:

- theoretical and practical principles of space science,
- simulations of life in space,
- familiarization with recognized space missions, and
- history of space exploration.

AIRCREW SURVIVAL

Cadets will develop the knowledge and skills required to improve aircrew survival skills. Activities will focus on:

- instructional techniques in the field,
- map and compass for ground navigation,
- leadership in a field setting,
- fire construction,
- shelter construction,
- signal construction, and
- food and water collection.

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GROUP DISCUSSION



TIPS FOR ANSWERING/FACILITATING DISCUSSION

- Establish ground rules for discussion, eg, everyone should listen respectfully; don't interrupt; only one person speaks at a time; no one's ideas should be made fun of; you can disagree with ideas but not with the person; try to understand others as much as you hope they understand you; etc.
- Sit the group in a circle, making sure all cadets can be seen by everyone else.
- Ask questions that will provoke thought; in other words avoid questions with yes or no answers.
- Manage time by ensuring the cadets stay on topic.
- Listen and respond in a way that indicates you have heard and understood the cadet.
- This can be done by paraphrasing their ideas.
- Give the cadets time to respond to your questions.
- Ensure every cadet has an opportunity to participate. One option is to go around the group and have each cadet answer the question with a short answer. Cadets must also have the option to pass if they wish.
- Additional questions should be prepared ahead of time.

SUGGESTED QUESTIONS:

Q1. Which areas of interest in summer training appeal to you?

Q2. Who is interested in applying for summer training this year? Why?

Q3. What specialty areas are you interested in pursuing? Why?



Other questions and answers will develop throughout the group discussion. The group discussion should not be limited to only those suggested.



Reinforce those answers given and comments made during the group discussion, ensuring the teaching point has been covered.

CONFIRMATION OF TEACHING POINT 1

The cadets' participation in the group discussion will serve as the confirmation of this TP.

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Teaching point 2 **Explain Selection of Year Three Summer Courses**

Time: 15 min Method: Interactive Lecture

ALL SIX WEEK COURSES OFFERED IN AREAS OF COMMON INTEREST

Fitness and Sports Instructor

The aim of the Fitness and Sports Instructor course is to enhance skills developed on the Basic Fitness and Sports course, to develop leadership and instructional skills in fitness and sports settings, and to stimulate further interest in personal fitness and healthy living.

Air Rifle Marksmanship Instructor

The aim of the Air Rifle Marksmanship Instructor course is to enhance skills developed during proficiency level training, the General Training course, and some year two CSTC courses. As well, cadets will develop leadership, coaching, and instructional skills in a marksmanship setting.

Intermediate Military Band Musician

The aim of the Intermediate Military Band Musician course is to enhance knowledge and skills developed during the Military Band – Basic Musician course, and to develop leadership skills in a military band setting.

Intermediate Pipe Band

The aim of the Intermediate Pipe Band course is to enhance knowledge and skills developed during the Pipe Band – Basic Musician course, and to develop leadership skills in a pipe band setting.

ALL SIX WEEK COURSES OFFERED IN ELEMENTALLY SPECIFIC AREA

Survival Instructor

The aim of the Survival Instructor course is to enhance survival skills developed on the Basic Survival course and proficiency level training; to develop new survival skills, and to develop leadership and instructional skills in a survival/field setting.

Advanced Aerospace

The aim of the Advanced Aerospace course is to enhance aerospace knowledge developed on the Basic Aviation Technology and Aerospace course, and proficiency level training; develop new knowledge and skills, and further stimulate an interest in the aerospace/astronomy communities.

Advanced Aviation Technology – Airport Operations

The aim of the Advanced Aviation Technology - Airport Operations course is to enhance knowledge developed on the Basic Aviation Technology and Aerospace course, and proficiency level training; develop new knowledge and skills, and further stimulate an interest in airport operations.

Advanced Aviation Technology – Aircraft Maintenance

The aim of the Advanced Aviation Technology - Aircraft Manufacturing course is to enhance knowledge developed on the Basic Aviation Technology and Aerospace course, and proficiency level training; develop new knowledge and skills, and further stimulate an interest in aircraft maintenance.

Glider Pilot Scholarship (GPS)

The aim of the GPS is to train the successful applicant to the standard as defined in the A-CR-CCP-242/PT-005 *Air Cadet Gliding Manual*. Upon graduation from the course, cadets will be awarded their Air Cadet Glider wings and a Transport Canada Pilots Licence - Glider.

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THREE WEEK ADVANCED AVIATION COURSE

The Advanced Aviation course is the only three-week course offered with the completion of Proficiency Level Three. The aim of this course is to enhance the cadet's knowledge of aviation subjects and to further stimulate an interest in becoming a pilot.

PREREQUISITES FOR EACH THREE- AND SIX-WEEK COURSE

For all courses other than the GPS, the cadet must:

- be undergoing Proficiency Level Three training by the application deadline;
- successfully complete Proficiency Level Three by June 30 of the year the cadet wishes to attend the CSTC;
- be physically fit;
- complete a CF 51;
- have parental consent; and
- be recommended by the squadron Commanding Officer.



Cadets do not have to complete a year two CSTC course to apply for their year three CSTC courses.

For more information on the GPS course, see EO C307.04 (Identify the Application Procedure for the Glider and Power Pilot Scholarships, Section 4).

CONFIRMATION OF TEACHING POINT 2

QUESTIONS

Q1. What are the four 6-week courses offered in areas of common interest?

Q2. What is the only three-week course offered during year three summer training?

Q3. What are the prerequisites for three- and six-week courses other than the GPS?

ANTICIPATED ANSWERS

A1. Fitness and Sports Instructor, Air Rifle Marksmanship Instructor, Intermediate Military Band Musician, and Intermediate Pipe Band Musician.

A2. The Advanced Aviation course.

A3. For all courses other than the GPS, the cadet must:

- be undergoing Proficiency Level Three training by the application deadline;
- successfully complete Proficiency Level Three by June 30 of the year the cadet wishes to attend the CSTC;
- be physically fit;
- complete a CF 51;
- have parental consent; and
- be recommended by the squadron Commanding Officer.

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END OF LESSON CONFIRMATION

The cadets' participation in the group discussion will serve as the confirmation of this lesson.

CONCLUSION

HOMEWORK/READING/PRACTICE

N/A.

METHOD OF EVALUATION

N/A.

CLOSING STATEMENT

Summer training is a fun and exciting aspect of the Cadet Program. CSTCs are also a place to meet cadets and make new friends from different squadrons across Canada. It is important to be familiar with the CSTC training opportunities offered so cadets may apply for the course that interests them most.

INSTRUCTOR NOTES/REMARKS

This EO should be conducted before the summer training application deadline.

It is recommended that the summer training application forms be completed during a training session after this EO has been conducted.

REFERENCES

A0-010 Director Cadets 2. (2007). CATO 11-04, *Cadet Program Outline*. Ottawa, ON: Department of National Defence.

A0-033 Director Cadets 3. (2004). CATO 14-21, *Music Training and Education With the Canadian Cadet Organizations*. Ottawa, ON: Department of National Defence.

A3-003 Director Cadets 3. (2000). CATO 54-20, *Summer Training Directive – Royal Canadian Air Cadets*. Ottawa, ON: Department of National Defence.

A3-029 Director Cadets 3. (2006). CATO 51-01, *Air Cadet Program Outline*. Ottawa, ON: Department of National Defence.

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