COMMON TRAINING

PROFICIENCY LEVEL THREE

INSTRUCTIONAL GUIDE

SECTION 1

EO M306.01 – PARTICIPATE IN A RECREATIONAL MARKSMANSHIP ACTIVITY

Total Time: 90 min

PREPARATION

PRE-LESSON INSTRUCTIONS

Resources needed for the delivery of this lesson are listed in the lesson specification located in A-CR-CCP-803/PG-001, Chapter 4. Specific uses for said resources are identified throughout the instructional guide within the TP for which they are required.

Review the lesson content, unit range standing orders, and become familiar with the material prior to delivering the lesson.

Photocopy the targets located at Annexes B to J as required.

Construct a range IAW A-CR-CCP-177/PT-001, *Canadian Cadet Movement: Cadet Marksmanship Program Reference Manual*.

PRE-LESSON ASSIGNMENT

N/A.

APPROACH

A practical activity was chosen for this lesson as it is an interactive way to allow the cadet to experience recreational marksmanship in a safe and controlled environment. This activity contributes to the development of marksmanship skills and knowledge in a fun and challenging setting.

INTRODUCTION

REVIEW

The review for this lesson will be from EO M106.02 (Carry Out Safety Precautions on the Cadet Air Rifle, A-CR-CCP-801/PF-001, *Royal Canadian Air Cadets Level One – Instructional Guides*, Chapter 6, Section 2).

QUESTIONS

Q1. Why do we follow safety regulations?

Q2. How would you verify the safety catch is ON?

Q3. What are the four “ACTS” of firearm safety?

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ANTICIPATED ANSWERS

A1. We follow safety regulations to prevent accidents with the cadet air rifle.

A2. When the safety is ON, no red can be seen.

A3. The mnemonic “ACTS” stands for:

- Assume every firearm is loaded.
- Control the muzzle direction at all times.
- Trigger finger must be kept off the trigger and out of the trigger guard.
- See that the firearm is unloaded (prove it safe).

OBJECTIVES

By the end of this lesson the cadet shall have participated in a recreational marksmanship activity.

IMPORTANCE

It is important for cadets to participate in a recreational marksmanship activity because it allows them to experience marksmanship in a fun, dynamic and safe setting.

Teaching point 1 **Supervise the Participation of the Cadet in a Recreational Marksmanship Activity**

Time: 80 min Method: Practical Activity



A range briefing is conducted to pass on vital information and answer any questions the cadets may have prior to participating in a marksmanship activity. The range briefing is required to ensure the safe execution of a marksmanship activity.

CONDUCT A RANGE BRIEFING

1. Explain pertinent sections of the local range standing orders.
2. Review general rules observed on all ranges, to include:
   a. proving that rifles are safe prior to being picked up, handed to or received from another person;
   b. never pointing rifles at people;
   c. inserting safety rods into the barrels of rifles when not in use on the range;
   d. never horseplaying on a range;
   e. always pointing rifles down range; and
   f. following the Range Safety Officer’s (RSO) directions and orders at all times.

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Review range commands with an explanation and demonstration for each command.

All loading/firing is to be simulated.

3. Review commands used on an air rifle range (as illustrated in Figure 6-1-1).

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COMMAND	ACTION TO BE TAKEN
Cover Off Your Firing Point	Stand up, move behind the firing point and await further commands.
Place Your Equipment Down and Stand Back	Lay the equipment down on the mat and stand back when finished.
Adopt the Prone position	Adopt the prone position, pick up the rifle, ready the equipment and put on hearing and eye protection.
Type of Firing (GRIT)	GRIT is the acronym for: 1. Group (relay), 2. Range (distance), 3. Indication (number of rounds), and 4. Type (grouping, scored).
Relay, Load	1. Pick up and hold the rifle with the dominant hand. 2. Ensure the safety catch is in the “ON” position. 3. Pump the rifle, observing a three second pause. 4. Load a pellet (flat end forward). 5. Close the bolt.
Relay, Fire	1. Place the safety catch in the “OFF” position. 2. Aim the rifle at the target. 3. Squeeze the trigger. 4. Open the bolt. 5. Repeat the following sequence for each shot: (a) Pump the rifle, observing a three second pause. (b) Load a pellet (flat end forward). (c) Close the bolt. (d) Aim the rifle at the target. (e) Squeeze the trigger. (f) Open the bolt. 6. Place the safety in the “ON” position. 7. Partially open the pump lever. 8. Lay down the rifle.

Director Cadets 3, 2006, Ottawa, ON: Department of National Defence

Figure 1 Air Rifle Range Commands

4. Describe the layout of the air rifle range.

5. Review hand-washing procedures on completion of firing. This is important because each time a person handles pellets, a small trace of lead is left on their hands. To decrease the risk of lead poisoning, it is important that all persons wash their hands thoroughly after handling pellets.

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ACTIVITY

OBJECTIVE

The objective of this activity is to provide the cadet the opportunity to participate in a recreational marksmanship activity.

RESOURCES

- Cadet air rifle (one per firing lane),
- Cadet air rifle sling (one per cadet),
- Air rifle pellets,
- Target frame,
- Suitable target,
- Shooting mat,
- Safety glasses/goggles, and
- Pen/pencil.



Additional resources required for specific marksmanship activities may be found in the Annexes.

ACTIVITY LAYOUT

N/A.

ACTIVITY INSTRUCTIONS

1. Brief cadets on safety rules or any other guidelines pertaining to the activity.
2. Divide the cadets into relays according to the number of firing lanes.
3. Conduct a recreational marksmanship activity, choosing from the following categories:
   a. classification (see Annex A),
   b. fun activities (see Annexes B to E),
   c. timed activities (see Annexes F to H), or
   d. competitive team/individual activities (see Annexes I to J).



If EO C306.03 (Adopt the Standing Position With the Cadet Air Rifle, Section 4) has been taught prior to this marksmanship activity, this EO may be conducted in the standing position.

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SAFETY

Range activities will be conducted IAW A-CR-CCP-177/PT-001.

END OF LESSON CONFIRMATION

The cadets' participation in the activity will serve as the confirmation of this lesson.

CONCLUSION

HOMEWORK/READING/PRACTICE

N/A.

METHOD OF EVALUATION

N/A.

CLOSING STATEMENT

Marksmanship is a fun and exciting activity that requires personal discipline and teamwork skills. This activity has also developed into highly competitive levels at the provincial, regional, and national levels.

INSTRUCTOR NOTES/REMARKS

Hand-washing stations must be available for cleanup after the activity is completed.

Cadets may fire in the standing position if they have previously received the training during C306.03 (Adopt the Standing Position With the Cadet Air Rifle, Section 4).

REFERENCES

A0-027 A-CR-CCP-177/PT-001 Director Cadets 3. (2005). *Canadian Cadet Movement: Cadet Marksmanship Program Reference Manual*. Ottawa, ON: Department of National Defence.

A0-041 Director Cadets 4. (2007). CATO 14-41, *Marksmanship, Rifles and Ammunition*. Ottawa ON: Department of National Defence.

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