ROYAL CANADIAN AIR CADETS

PROFICIENCY LEVEL TWO

INSTRUCTIONAL GUIDE

SECTION 4

EO M207.04 – IDENTIFY YEAR TWO CSTC TRAINING OPPORTUNITIES

Total Time: 30 min

PREPARATION

PRE-LESSON INSTRUCTIONS

Resources needed for the delivery of this lesson are listed in the lesson specification located in A-CR-CCP-802/PG-001, Chapter 4. Specific uses for said resources are identified throughout the Instructional Guide within the TP for which they are required.

Review the lesson content and become familiar with the material prior to delivering the lesson.

Read CATO 54-20, *Summer Training Directive – Royal Canadian Air Cadets* and its annexes.

PRE-LESSON ASSIGNMENT

N/A.

APPROACH

A group discussion was chosen for TP1 as it allows the cadets to interact with their peers and share their experiences, opinions, and feelings about year two CSTC training opportunities.

An interactive lecture was chosen for TP2 to orient the cadets to year two CSTC training opportunities and to generate interest.

INTRODUCTION

REVIEW

N/A.

OBJECTIVES

By the end of this lesson the cadet shall be expected to identify year two CSTC training opportunities.

IMPORTANCE

It is important for cadets to identify the year two CSTC training opportunities available to them because they must decide if and for which course they would like to apply.

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Teaching point 1 **Discuss the Speciality Areas for Year Two CSTC Training**

Time: 10 min Method: Group Discussion

BACKGROUND KNOWLEDGE



The point of the group discussion is to draw the following information from the group using the tips for answering/facilitating discussion and the suggested questions provided.

FITNESS AND SPORTS

Cadets will improve individual fitness and sport knowledge and skills. Activities include:

- rules and regulations of sports, and
- personal fitness.

MUSIC

Military Musician

Cadets will develop music knowledge and skills. Activities include:

- music theory;
- playing an instrument as part of an ensemble;
- playing an instrument as part of a military band; and
- developing individual music skills.

Pipe and Drum Musician

Cadets will develop music knowledge and skills. Activities include:

- music theory;
- playing an instrument as part of an ensemble;
- playing an instrument as part of a pipe and drum band; and
- developing individual music skills.

MARKSMANSHIP

Cadets will develop the knowledge and skills required to improve marksmanship and coaching abilities. Activities include:

- acting as a range assistant, and
- carrying our basic marksmanship coaching duties.

LEADERSHIP

Cadets will develop the knowledge and skills required to improve leadership abilities in a peer and small group setting. Activities include:

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- leadership,
- public speaking,
- problem solving, and
- ceremonial drill.

AVIATION

Cadets will develop the knowledge and skills required to improve their understanding of the fundamentals of aviation. Activities will include aspects of:

- meteorology,
- aero engines,
- air navigation, and
- airmanship.

AVIATION TECHNOLOGY

Cadets will develop knowledge and skills required to improve their understanding of the fundamentals of aviation technology. Activities will include aspects of aircraft:

- fabrication,
- construction, and
- maintenance.

AEROSPACE

Cadets will develop knowledge and skills required to improve their understanding of the fundamentals of aerospace science. Activities will include aspects of:

- theoretical and practical principles of space science, and
- principles of project management.

AIRCREW SURVIVAL

Cadets will develop the knowledge and skills required to improve aircrew survival abilities. Activities include:

- fire construction,
- shelter construction,
- signal construction, and
- food and water collection.



Write the specialty areas on a whiteboard/flipchart. Explain the activities that are conducted within each area.

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GROUP DISCUSSION



TIPS FOR ANSWERING/FACILITATING DISCUSSION

- Establish ground rules for discussion, e.g. everyone should listen respectfully; don't interrupt; only one person speaks at a time; no one's ideas should be made fun of; you can disagree with ideas but not with the person; try to understand others as much as you hope they understand you; etc.
- Sit the group in a circle, making sure all cadets can be seen by everyone else.
- Ask questions that will provoke thought; in other words avoid questions with yes or no answers.
- Manage time by ensuring the cadets stay on topic.
- Listen and respond in a way that indicates you have heard and understood the cadet.
- This can be done by paraphrasing their ideas.
- Give the cadets time to respond to your questions.
- Ensure every cadet has an opportunity to participate. One option is to go around the group and have each cadet answer the question with a short answer. Cadets must also have the option to pass if they wish.
- Additional questions should be prepared ahead of time.

SUGGESTED QUESTIONS

Q1. Which summer training activities interest you?

Q2. Who is interested in applying for summer training this year? Why?

Q3. What specialty area are you interested in pursuing? Why?



Other questions and answers will develop throughout the group discussion. The group discussion should not be limited to only those suggested.



Reinforce those answers given and comments made during the group discussion, ensuring the teaching point has been covered.

CONFIRMATION OF TEACHING POINT 1

The cadets' participation in the group discussion will serve as the confirmation of this TP.

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Teaching point 2 **Describe Year Two CSTC Courses**

Time: 15 min Method: Interactive Lecture



A cadet who has attended one of these courses could be asked to speak about their experience during this TP.

COMMON COURSES

Basic Fitness and Sports. The aim of this course is to improve the cadets' knowledge and skills in individual fitness and sports.

Military Band – Basic Musician. The aim of this course is to introduce fundamental music knowledge and skills, and for the cadets to achieve a basic music level.

Pipe and Drum Musician – Basic Pipe and Drum. The aim of this course is to introduce fundamental music knowledge and skills, and for the cadets to achieve a basic music level.

ELEMENTAL COURSES

Basic Leadership. The aim of this course is to build on the knowledge and skills required for an emerging leader to complete a leadership assignment in a peer and small group setting. This course also allows cadets to develop knowledge and skills in drill and ceremonial.

Basic Aviation. The aim of the Basic Aviation course is to provide the cadets with the fundamentals of aviation including civilian, military and Air Cadet aviation opportunities, aviation history and basic airmanship.

Basic Aerospace. The aim of the Basic Aerospace course is to provide the cadets with the fundamentals of aerospace to include theoretical and practical principles of aerospace science and the principles of project management.

Basic Aviation Technology. The aim of the Basic Aviation Technology course is to provide the cadets with the fundamentals of aviation technologies to include aircraft fabrication, construction and maintenance. Cadets are given ample opportunity for the practical application of theoretical and practical skills.

Basic Survival. The aim of the Basic Survival course is to allow cadets to apply the basic survival pattern including fire construction, shelter construction, signal construction and food and water collection. Cadets are given ample opportunity for the practical application of theoretical and practical skills.

PREREQUISITES FOR ATTENDING A YEAR TWO CSTC COURSE

The cadet must:

- be undergoing Proficiency Level Two training by the application deadline;
- successfully complete Proficiency Level Two by June 30 of the year the cadet wishes to attend the CSTC;
- be physically fit;
- complete a CF 51 including the medical portion;
- have parental consent; and
- be recommended by the squadron Commanding Officer.

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Cadets do NOT have to complete General Training (GT) to apply for their first three-week course.

CONFIRMATION OF TEACHING POINT 2

QUESTIONS

Q1. How many three-week courses can cadets choose from in year two?

Q2. What are the two music courses available in year two?

Q3. What are the prerequisites to attend a year two CSTC course?

ANTICIPATED ANSWERS

A1. Eight.

A2. Basic Military Band Musician and Basic Pipe and Drum Musician.

A3. The prerequisites for attending a year two CSTC course are:
The cadet must:

- be undergoing Proficiency Level Two training by the application deadline;
- successfully complete Proficiency Level Two by June 30 of the year you wish to attend the CSTC;
- be physically fit;
- complete a CF-51 including the medical portion;
- have parental consent; and
- be recommended by the squadron Commanding Officer.

END OF LESSON CONFIRMATION

The cadets' participation in the group discussion will serve as the confirmation of this lesson.

CONCLUSION

HOMEWORK/READING/PRACTICE

N/A.

METHOD OF EVALUATION

N/A.

CLOSING STATEMENT

Summer training is a fun and exciting aspect of the Cadet Program. Summer training centres are also a place to meet cadets and make new friends from different squadrons across Canada. It is important to be familiar with the summer training courses offered so cadets may apply for the course that interests them most.

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INSTRUCTOR NOTES/REMARKS

This EO should be conducted prior to the summer training application deadline of the applicable cadet detachment/region.

It is strongly recommended that the summer training application forms (CF 51) be completed during a training session after this EO has been conducted.

Squadrons may choose to devote two additional complementary training periods to expand this to a session that includes a parent information seminar.

REFERENCES

A0-010 CATO 11-03 D Cdts 2. (2006). *Cadet Program Mandate.* Ottawa, ON: Department of National Defence.

A0-033 CATO 14-21 D Cdts 3. (2004). *Music Training and Education With the Canadian Cadet Organizations.* Ottawa, ON: Department of National Defence.

A3-003 CATO 54-20 D Cdts 3. (2000). *Summer Training Directive – Royal Canadian Air Cadets.* Ottawa, ON: Department of National Defence.

A3-029 CATO 51-01 D Cdts 3. (2006). *Air Cadet Program Outline.* Ottawa, ON: Department of National Defence.

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