ROYAL CANADIAN AIR CADETS

PROFICIENCY LEVEL TWO

INSTRUCTIONAL GUIDE

SECTION 1

EO M207.01 – IDENTIFY PROFICIENCY LEVEL TWO TRAINING OPPORTUNITIES

Total Time: 30 min

PREPARATION

PRE-LESSON INSTRUCTIONS

Resources needed for the delivery of this lesson are listed in the lesson specification located in A-CR-CCP-802/PG-001, Chapter 4. Specific uses for said resources are identified throughout the Instructional Guide within the TP for which they are required.

Review the lesson content and become familiar with the material prior to delivering the lesson. Set up stations around the classroom with information from each PO. Place the PO name and number at each of the various stations.

Photocopy the handout located at Annex A for each cadet. Photocopy Annexes B, C and D.

PRE-LESSON ASSIGNMENT

N/A.

APPROACH

An in-class activity was chosen for TP1 and TP3 as it is an interactive way to provoke thought and to stimulate interest among cadets.

An interactive lecture was chosen for TP2 to introduce Proficiency Level Two training to the cadets and to generate interest in the topics.

INTRODUCTION

REVIEW

N/A.

OBJECTIVES

By the end of this lesson the cadet shall be expected to identify the training they will receive in Proficiency Level Two.

IMPORTANCE

It is important for cadets to know what training will be conducted during Proficiency Level Two to give them an overview of what the training year will entail. This lesson will prepare the cadets for the training year and help generate interest in the topics.

Unofficial convenience copy of A-CR-CCP-802/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-802-PF-001/A-CR-CCP-802-PF-001.pdf.
Verify against the official publication.

Teaching point 1 **Identify Proficiency Level Two Mandatory Training**

Time: 15 min Method: In-Class Activity

OVERVIEW

The training program is broken into Performance Objectives (POs), which are the overall subjects, and Enabling Objectives (EOs), which are the topics within each PO. Training is conducted as mandatory and complementary components.

MANDATORY TRAINING

Mandatory training encompasses the EOs that all squadrons must complete throughout the training year.

ACTIVITY

OBJECTIVE

The objective of this activity is for the cadets to participate in a gallery walk of information for each PO.

RESOURCES

Resources will be IAW with each PO as listed below.

ACTIVITY LAYOUT

Classroom will be set up with a station for each PO with information, pictures, videos, and other training aids at each station that will exemplify what the cadet will learn in each PO.

PO 201 – Citizenship

Citizenship provides the cadets an opportunity to identify the role of an environmentally conscious Canadian citizen. The cadets will identify the rights and responsibilities of a Canadian citizen and the Government of Canada's *Code of Environmental Stewardship*.

Unofficial convenience copy of A-CR-CCP-802/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-802-PF-001/A-CR-CCP-802-PF-001.pdf.
Verify against the official publication.



Examples of information/training aids that could be set up at this station include:

- a Pollution Prevention Activity Poster;
- a poster of the rights and responsibilities of Canadian citizens;
- posters of various symbols of Canada (Royal Arms of Canada, National Flag, etc.);
- a poster of the *Code of Environmental Stewardship* (located at Annex D);
- a spill kit; and
- pictures from various citizenship activities in which the squadron has participated.

Note:

(1) Pollution Prevention Activity Posters can be ordered by contacting Lori.Fryzuk@ec.gc.ca.

(2) Posters of various symbols of Canada (The Proclamation of the National Flag of Canada, The Declaration of National Flag of Canada Day, The Royal Arms of Canada, and a poster of the National Flag of Canada) can be ordered by calling 1-866-811-0055.

(3) If posters can not be obtained, samples are located at Annex C.

PO 202 – Community Service

Community Service provides the cadets an opportunity to perform community service. The community service should provide a direct benefit to the community and promote good citizenship.



Examples of information/training aids that could be set up at this station include:

- Pictures from various community service activities in which the squadron has participated; and
- Cadets Caring for Canada posters.

PO 203 – Leadership

Leadership provides the cadets an opportunity to demonstrate leadership attributes within a peer setting by positively contributing to a group, displaying a positive attitude toward learning, and being accountable for personal actions and choices.



Examples of information/training aids that could be set up at this station include:

- pictures of various famous leaders;
- leadership quotes; and
- pictures of cadets from the squadron participating in leadership activities/taskings.

PO 204 – Personal Fitness and Healthy Living

Personal Fitness and Healthy Living provides the cadets an opportunity to update their personal physical activity plans (from Proficiency Level One) for the training year. Cadets will participate in the Progressive Aerobic Cardiovascular Endurance Run (PACER) and will set new short-term and long-term goals for the training year.

Unofficial convenience copy of A-CR-CCP-802/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-802-PF-001/A-CR-CCP-802-PF-001.pdf.
Verify against the official publication.

This PO gives the cadets some of the tools required to make more informed choices in order to follow a healthy lifestyle. This is important as physical fitness is one of the aims of the Cadet Program.



Examples of information/training aids that could be set up at this station include:

- target heart rate charts;
- a CD/tape player with the audio recording of the PACER beeps playing; and
- copies of the PACER Individual Score Sheet.

PO 205 – Recreational Sports

Recreational Sports provides the cadets the opportunity to participate in organized recreational team sports. This is important as physical fitness is one of the aims of the Cadet Program.



Examples of information/training aids that could be set up at this station include:

- soccer ball,
- volleyball,
- floor hockey ball,
- hockey sticks,
- frisbees, and
- pictures of cadets at the squadron participating in recreational sports.

PO 206 – Air Rifle Marksmanship

Air Rifle Marksmanship provides the cadets an opportunity to participate in recreational marksmanship activities.



A miniature range could be set up at this station, to include:

- a mat,
- a cadet air rifle,
- sample targets,
- a scope,
- a sling, and
- safety goggles/glasses.

PO 207 – General Cadet Knowledge

General Cadet Knowledge provide the cadets with the information required to serve as a member of an Air Cadet squadron. Cadets will identify the training opportunities available in Proficiency Level Two, recognize historical aspects related to Air Cadets, recognize the role of the local sponsor, and identify year two summer training opportunities.

Unofficial convenience copy of A-CR-CCP-802/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-802-PF-001/A-CR-CCP-802-PF-001.pdf.
Verify against the official publication.



Examples of information/training aids that could be set up at this station include:

- a poster of the history of Air Cadets (sample located at Annex D); and
- information sheets/poster on year two summer training opportunities.

PO 208 – Drill

Drill provides the cadets an opportunity to execute drill as a member of a squad. The cadets will execute left and right turns on the march, form single file from the halt as a squad in threes, and form single file from the halt as a squad in line.



Examples of information/training aids that could be set up at this station include:

- a copy of A-PD-201-000/PT-000, *The Canadian Forces Manual of Drill and Ceremonial*;
- pictures of the cadets in the squadron participating in drill; and
- a video of cadets participating in drill.

PO 230 – Aviation History

Aviation History provides the cadets an opportunity to discuss Canadian aviation history. Cadets will discuss the Battle of Britain, Remembrance Day, the Battle of the Atlantic and D-Day.



Examples of information/training aids that could be set up at this station include:

- pictures of planes that were flown during these events; and
- pictures/video of the squadron participating in these parades.

PO 231 – Principles of Flight

Principles of Flight provides the cadets an opportunity to explain the principles of flight by identifying the four forces that act upon an aircraft, describing the production of lift, describing the types of drag, describing the aircraft axis movement and describing aircraft control surfaces.



Examples of information/training aids that could be set up at this station include:

- an example of a wind tunnel;
- models of the Colditz paper glider;
- pictures of aircraft affected by the four forces that act upon an aircraft; and
- a picture of a cross-section of an airfoil.

PO 232 – Propulsion

Propulsion provides the cadets an opportunity to identify the characteristics of piston-powered aircraft. Cadets will identify types of engines, the components of an internal combustion engine, the four-stroke cycle and the functions of oil.

Unofficial convenience copy of A-CR-CCP-802/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-802-PF-001/A-CR-CCP-802-PF-001.pdf.
Verify against the official publication.



Examples of information/training aids that could be set up at this station include:

- pictures of the various types of engines; and
- pictures of the various types of planes that use these engines.

PO 240 – Aerospace

Aerospace provides the cadets an opportunity to participate in aerospace activities by simulating communicating in space, surviving in space and inventing a space technology item.



Examples of information/training aids that could be set up at this station include:

- past examples of space technology items created by cadets;
- past examples of ideas from cadets about communicating in space; and
- current pictures and/or information about space technology.

PO 260 – Aerodrome Operations

Aerodrome Operations provides the cadets an opportunity to participate in aerodrome operations activities. Cadets will identify aspects of basic airport operations and air traffic control.



Examples of information/training aids that could be set up at this station include:

- a mock-up of a model aerodrome; and
- lighted wands with instructions about performing marshalling.

PO 270 – Aircraft Manufacturing and Maintenance

Aircraft Manufacturing and Maintenance provides the cadets an opportunity to discuss aircraft fabrication and maintenance. Cadets will discuss avionics, aircraft systems, airframes and employment opportunities.



Examples of information/training aids that could be set up at this station include:

- pictures and/or written information about aircraft systems;
- current employment opportunities in the field;
- a set-up of the online CAMC Interactive Multimedia Learning Tool; and
- a video of the *World's Biggest Airliner: The Airbus A380 – Coming Together*.

PO 290 – Aircrew Survival

Aircrew Survival provides the cadets an opportunity to participate in a field exercise. Cadets will construct, light, maintain and extinguish a signal fire, construct a lean-to-style shelter, construct a simple snare, construct ground-to-air signals, identify hiking techniques and operate a hand-held radio.

Unofficial convenience copy of A-CR-CCP-802/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-802-PF-001/A-CR-CCP-802-PF-001.pdf.
Verify against the official publication.



Examples of information/training aids that could be set up at this station include:

- pictures of cadets on a field exercise;
- examples of proper footwear;
- a mock-up of a signal fire; and
- a mock-up of ground-to-air signals.

ACTIVITY INSTRUCTIONS

Explain that cadets will have approximately 10 minutes to walk around the classroom, visiting each station.

SAFETY

N/A.

CONFIRMATION OF TEACHING POINT 1

The cadets' participation in the activity will serve as confirmation of this TP.

Teaching point 2 **Identify Proficiency Level Two Complementary Training Opportunities**

Time: 5 min Method: Interactive Lecture

Complementary training provides squadron staff with a variety of EOs they can choose to instruct. These lessons are used to complement the mandatory training that must be conducted.

PO 201 – Citizenship

Complementary training for Citizenship provides the cadets an opportunity to discuss environmental issues relative to Canada; tour a local municipal, provincial, or national political institution; tour a local municipal, provincial, or national environmental facility; participate in a presentation given by an environmental guest speaker; and participate in a presentation given by a government representative.

PO 202 – Community Service

Complementary training for Community Service provides the cadets an opportunity to participate in a ceremonial parade and an additional opportunity to perform community service.

PO 203 – Leadership

Complementary training for Leadership provides the cadets an opportunity to record entries in a reflective journal, employ problem solving, participate in team-building activities, discuss characteristics of a leader, and participate in a presentation by a leader.

PO 204 – Personal Fitness and Healthy Living

Complementary training for Personal Fitness and Healthy Living provides the cadets an opportunity to perform the PACER at the mid-point of the training year and to develop a personal nutrition plan.

Unofficial convenience copy of A-CR-CCP-802/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-802-PF-001/A-CR-CCP-802-PF-001.pdf.
Verify against the official publication.

PO 205 – Recreational Sports

Complementary training for Recreational Sports provides the cadets an opportunity to participate in an organized sports tabloid, participate in an organized intramural sports event, and participate in an orienteering event.

PO 206 – Air Rifle Marksmanship

Complementary training for Air Rifle Marksmanship provides the cadets an opportunity to practice holding techniques, to practice aiming techniques, and to practice firing techniques.

PO 207 – General Cadet Knowledge

Complementary training for General Cadet Knowledge provides the cadets an opportunity to identify the rank structures of the Royal Canadian Sea and Army Cadets and to visit a local cadet corps or squadron.

PO 208 – Drill

Complementary training for Drill provides the cadets an opportunity to practice ceremonial drill as a review and to execute drill with arms.

PO 211 – Summer Biathlon

Summer Biathlon provides the cadets an opportunity to participate in summer biathlon activities including running on alternate terrain, firing the cadet sir rifle while using a sling and a competitive activity.

PO 230 – Aviation History

Complementary training for Aviation History provides the cadets an opportunity discuss Canadian aviation history by participating in a presentation given by a member of the Memory Project Speakers Bureau, discussing significant Canadian historical events relative to aviation and touring a local aviation museum.

PO 231 – Principles of Flight

Complementary training for Principles of Flight provides the cadets an opportunity to explain the principles of flight and operate an experimental wing, fly a paper Colditz glider and tour a flight school.

PO 232 – Propulsion

Complementary training for Propulsion provides the cadets an opportunity to identify the characteristics of piston-powered aircraft and discuss the characteristics of gas turbine engines, rocket engines and helicopter engines.

PO 240 – Aerospace

Complementary training for Aerospace provides the cadets an opportunity to participate in aerospace activities, participate in a non-verbal communication activity, invent a communication system for space, identify parts of a rocket, navigate with a global positioning system (GPS), simulate survival in space and determine direction using constellations during a field exercise.

PO 260 – Aerodrome Operations

Complementary training for Aerodrome Operations provides the cadets an opportunity to participate in aerodrome operations activities and tour an aerodrome security facility, an air traffic control (ATC) tower, an aerodrome and perform marshalling.

PO 270 – Aircraft Manufacturing and Maintenance

Complementary training for Aircraft Manufacturing and Maintenance provides the cadets an opportunity to discuss aircraft fabrication and maintenance, participate in a presentation given by an employee in the aircraft

Unofficial convenience copy of A-CR-CCP-802/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-802-PF-001/A-CR-CCP-802-PF-001.pdf.
Verify against the official publication.

manufacturing or maintenance industry, identify Canadian Aviation Maintenance Council (CAMC) Interactive Multimedia Learning Tool (IMLT) activities, tour an aircraft manufacturing or maintenance facility and discuss aircraft assembly.

PO 290 – Aircrew Survival

Complementary training for Aircrew Survival provides the cadets an opportunity to participate in a field exercise, participate in a presentation given by a member of a survival organization, discuss skinning and cooking a small animal, construct a snow cave, collect drinking water using a solar still and participate in a hike.

CONFIRMATION OF TEACHING POINT 2

QUESTIONS

Q1. As part of the Citizenship PO, what are the EOs (topics) that may be taught?

Q2. What EOs are encompassed under complementary training for Personal Fitness and Healthy Living?

Q3. In Air Rifle Marksmanship, what EOs may be taught?

ANTICIPATED ANSWERS

A1. Complementary EOs for Citizenship include:

- Discuss Environmental Issues Relative to Canada;
- Tour a Local Municipal, Provincial, or National Political Institution;
- Tour a Local Municipal, Provincial, or National Environmental Facility;
- Participate in a Presentation Given by an Environmental Guest Speaker; and
- Participate in a Presentation Given by a Government Representative.

A2. Complementary EOs for Personal Fitness and Healthy Living include:

- Perform the PACER; and
- Develop a Personal Nutrition Plan.

A3. Complementary EOs for Air Rifle Marksmanship include:

- Practice Holding Techniques;
- Practice Aiming Techniques; and
- Practice Firing Techniques.

Teaching point 3 **Conduct an Activity on Proficiency Level Two Training Opportunities**

Time: 5 min Method: In-Class Activity

ACTIVITY

OBJECTIVE

The objective of this activity is to familiarize the cadets with the POs conducted in Proficiency Level Two training.

Unofficial convenience copy of A-CR-CCP-802/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-802-PF-001/A-CR-CCP-802-PF-001.pdf.
Verify against the official publication.

RESOURCES

- Labels of POs located at Annex B,
- Labels of PO statements located at Annex B, and
- Tape.

ACTIVITY LAYOUT

N/A.

ACTIVITY INSTRUCTIONS

- Place the labels face down on desks throughout the classroom.
- Have a cadet stand up and read out their label.
- The cadet who thinks they have the corresponding PO or PO statement should stand up.
- The remainder of the cadets will confirm if it is correct.
- Corresponding POs and PO statements will be taped to a flipchart/whiteboard/wall.
- Continue until all POs are complete.

SAFETY

N/A.

CONFIRMATION OF TEACHING POINT 3

The cadets' participation in the activity will serve as the confirmation of this TP.

END OF LESSON CONFIRMATION

The cadets' participation in the activity in TP3 will serve as the confirmation of this lesson.

CONCLUSION

HOMEWORK/READING/PRACTICE

N/A.

METHOD OF EVALUATION

N/A.

CLOSING STATEMENT

Being aware of the topics to be covered during Proficiency Level Two training will help generate interest in the training year. Being aware of the opportunities available throughout the training year may help motivate you in you specific areas of interest.

INSTRUCTOR NOTES/REMARKS

N/A.

Unofficial convenience copy of A-CR-CCP-802/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-802-PF-001/A-CR-CCP-802-PF-001.pdf.
Verify against the official publication.

REFERENCES

A0-010 D Cdts 2. (2006). CATO 11-03: *Cadet Program Mandate*. Vol. 1, Administration (pp. 1/5 to 5/5). Ottawa, ON: Department of National Defence.

A0-045 Cadets Canada. (2007). *About Cadets – History*. Retrieved 19 February 2007, from http://www.cadets.ca/about-nous/histo_e.asp.

C0-081 Citizenship and Immigration Canada. *Rights and Responsibilities of Canadian Citizenship.* Retrieved 4 April 2007, from http://www.cic.gc.ca/english/citizen/rights-fs.html.

Unofficial convenience copy of A-CR-CCP-802/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-802-PF-001/A-CR-CCP-802-PF-001.pdf.
Verify against the official publication.

THIS PAGE INTENTIONALLY LEFT BLANK

Unofficial convenience copy of A-CR-CCP-802/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-802-PF-001/A-CR-CCP-802-PF-001.pdf.
Verify against the official publication.

PROFICIENCY LEVEL TWO POS AND EOS

PO 201 – Citizenship Identify the Role of an Environmentally Conscious Canadian Citizen	
M201.01	Discuss the Rights and Responsibilities of a Canadian Citizen
M201.02	Discuss the Principles of Environmental Stewardship
C201.01	Discuss Environmental Issues Relative to Canada
C201.02	Tour a Local Municipal, Provincial, or National Political Institution
C201.03	Tour a Local Municipal, Provincial, or National Environmental Facility
C201.04	Participate in a Presentation Given by an Environmental Guest Speaker
C201.05	Participate in a Presentation Given by a Government Representative
PO 202 – Community Service Perform Community Service	
M202.01	Perform Community Service
C102.01	Participate in a Ceremonial Parade
C102.02	Perform Community Service
PO 203 – Leadership Demonstrate Leadership Attributes within a Peer Setting	
M203.01	Discuss Leadership within a Peer Setting
M203.02	Discuss Principles of Leadership
M203.03	Discuss Effective Communication in a Peer Setting
M203.04	Demonstrate Positive Group Dynamics
M203.05	Discuss Influence Behaviours
M203.06	Employ Problem Solving
M203.07	Discuss Personal Integrity as a Quality of Leadership
M203.08	Participate in Team-Building Activities
C203.01	Record Entries in a Reflective Journal
C203.02	Employ Problem Solving
C203.03	Discuss Characteristics of a Leader
C203.04	Participate in a Presentation Given by a Leader
C203.05	Participate in Trust-Building Activities

Unofficial convenience copy of A-CR-CCP-802/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-802-PF-001/A-CR-CCP-802-PF-001.pdf.
Verify against the official publication.

C203.06	Participate in Problem-Solving Activities
PO 204 – Personal Fitness and Healthy Living Update Personal Activity Plan	
M204.01	Perform the PACER
M204.02	Identify Healthy Food Choices
M204.03	Identify Benefits of a Healthy Lifestyle
M204.04	Update Personal Activity Plan
M204.05	Perform the PACER
C204.01	Perform the PACER
C204.02	Develop a Personal Nutrition Plan
PO 205 – Recreational Sports Participate in Recreational Sports	
M205.01	Participate in Organized Recreational Team Sports
C105.01	Participate in a Sports Tabloid
C105.02	Participate in an Organized Intra-mural Sports Event
C105.03	Participate in an Orienteering Event
PO 206 – Air Rifle Marksmanship Participate in Recreational Air Rifle Marksmanship	
M206.01	Participate in Recreational Air Rifle Marksmanship
C206.01	Practice Holding Techniques
C206.02	Practice Aiming Techniques
C206.03	Practice Firing Techniques
PO 207 – General Cadet Knowledge Serve in an Air Cadet Squadron	
M207.01	Identify Proficiency Level Two Training Opportunities
M207.02	Recognize Historical Aspects of the RCAC
M207.03	Recognize the Role and Responsibilities of the Local Sponsor
M207.04	Identify Year Two CSTC Training Opportunities
C207.01	Identify the Rank Structure of the Royal Canadian Sea and Army Cadets
C207.02	Visit a Local Cadet Corps or Squadron
C207.03	Describe the Affiliated Unit

Unofficial convenience copy of A-CR-CCP-802/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-802-PF-001/A-CR-CCP-802-PF-001.pdf.
Verify against the official publication.

C207.04	Tour the Affiliated Unit
PO 208 – Drill Execute Drill as a Member of a Squad	
M208.01	Execute Left and Right Turns on the March
M208.02	Form Single File from the Halt
C208.01	Practice Ceremonial Drill as a Review
C208.02	Execute Drill With Arms
PO 211 – Summer Biathlon Participate in Recreational Summer Biathlon Activities	
C211.01	Identify Civilian Biathlon Opportunities
C211.02	Run on Alternating Terrain
C211.03	Fire the Cadet Air Rifle Using a Sling Following Physical Activity
C211.04	Participate in a Competitive Summer Biathlon Activity
PO 230 – Aviation History Participate in a Discussion on Canadian Aviation History	
M230.01	Discuss Aircraft Flown During WWI and WWII
M230.02	Discuss Significant Events in 20th Century Canadian Military History
C230.01	Participate in a Presentation Given by a Member of the Memory Project Speakers Bureau
C230.02	Tour a Local Aviation Museum
C230.03	Discuss Significant Canadian Historical Events Relative to Aviation
PO 231 – Principles of Flight Explain Principles of Flight	
M231.01	Identify the Four Forces That Act Upon an Aircraft
M231.02	Describe the Production of Lift by an Aircraft Wing
M231.03	Describe the Types of Drag That Act Upon an Aircraft
M231.04	Describe the Axial Movements of an Aircraft
M231.05	Describe Aircraft Control Surfaces
C231.01	Operate an Experimental Wing
C231.02	Fly a Paper Colditz Glider
C231.03	Tour a Flight School

Unofficial convenience copy of A-CR-CCP-802/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-802-PF-001/A-CR-CCP-802-PF-001.pdf.
Verify against the official publication.

C231.04	Participate in a Presentation Given by a Guest Speaker from the Local Aviation Community
C231.05	Tour a Flight Simulator
C231.06	Tour a Local Air Show
PO 232 – Propulsion Identify Characteristics of Piston-Powered Aircraft	
M232.01	Identify Types of Aircraft Engines
M232.02	Identify Components of Internal Combustion Engines
M232.03	Explain the Cycles of a Four-Stroke Piston-Powered Engine
M232.04	Recognize the Functions of Oil in a Four-Stroke Piston-Powered Engine
C232.01	Identify Characteristics of Gas Turbine Engines
C232.02	Identify Characteristics of Rocket Engines
C232.03	Identify Characteristics of Helicopter Engines
PO 240 – Aerospace Participate in Aerospace Activities	
M240.01	Explore Current Advancements in Aerospace Technology
M240.02	Invent a Space Technology Item
M240.03	Participate in a Space Survival Scenario
C240.01	Participate in a Non-verbal Communication Activity
C240.02	Invent a Communication System for Space
C240.03	Identify Parts of a Rocket
C240.04	Navigate with a Global Positioning System (GPS)
C240.05	Simulate Survival in Space
C240.06	Determine Direction Using Constellations on a Field Exercise
PO – 260 Aerodrome Operations Participate in Aerodrome Operations Activities	
M260.01	Explain Aspects of Air Traffic Control (ATC)
M260.02	Identify Aspects of Basic Aerodrome Operations
C260.01	Tour an Aerodrome Security Facility
C260.02	Tour an Air Traffic Control (ATC) Tower
C260.03	Participate in a Presentation Given by an Employee of an Aerodrome

Unofficial convenience copy of A-CR-CCP-802/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-802-PF-001/A-CR-CCP-802-PF-001.pdf.
Verify against the official publication.

C260.04	Perform Marshalling
C260.05	Tour an Aerodrome
PO – 270 Aircraft Manufacturing and Maintenance Participate in a Discussion on Aircraft Fabrication and Maintenance	
M270.01	Identify Aspects of Aircraft Manufacturing
M270.02	Identify Requirements for Aircraft Maintenance
M270.03	Discuss Education and Employment Opportunities in Aircraft Manufacturing and Maintenance
C270.01	Participate in a Presentation Given by an Employee in the Aircraft Manufacturing or Maintenance Industry
C270.02	Identify Canadian Aviation Maintenance Council (CAMC) Interactive Multimedia Learning Tool (IMLT) Activities
C270.03	Tour an Aircraft Manufacturing or Maintenance Facility
C270.04	Watch World's Biggest Airliner: The Airbus A380 - Coming Together
PO – 290 Aircrew Survival Participate in a Field Exercise	
M290.01	Construct, Light, Maintain, and Extinguish a Signal Fire
M290.02	Construct a Lean-to-Style Shelter
M290.03	Construct a Simple Snare
M290.04	Construct Ground-to-Air Signals
M290.05	Identify Hiking Techniques
M290.06	Operate a Hand-Held Radio
C290.01	Participate in a Presentation Given by a Member of a Survival Organization
C290.02	Participate in a Discussion on Skinning and Cooking a Small Animal
C290.03	Construct a Snow Cave
C290.04	Collect Drinking Water Using a Solar Still
C290.05	Participate in a Hike

Unofficial convenience copy of A-CR-CCP-802/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-802-PF-001/A-CR-CCP-802-PF-001.pdf.
Verify against the official publication.

THIS PAGE INTENTIONALLY LEFT BLANK

Unofficial convenience copy of A-CR-CCP-802/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-802-PF-001/A-CR-CCP-802-PF-001.pdf.
Verify against the official publication.

LABELS OF POS

PO 201 Citizenship	PO 206 Air Rifle Marksmanship	PO 231 Principles of Flight
PO 202 Community Service	PO 207 General Cadet Knowledge	PO 232 Propulsion
PO 203 Leadership	PO 208 Drill	PO 240 Aerospace
PO 204 Personal Fitness and Healthy Living	PO 211 Summer Biathlon	PO 260 Aerodrome Operations
PO 205 Recreational Sports	PO 230 Aviation History	PO 270 Aircraft Manufacturing and Maintenance

Unofficial convenience copy of A-CR-CCP-802/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-802-PF-001/A-CR-CCP-802-PF-001.pdf.
Verify against the official publication.

PO 290 Aircrew Survival		

Unofficial convenience copy of A-CR-CCP-802/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-802-PF-001/A-CR-CCP-802-PF-001.pdf.
Verify against the official publication.

Identify the Role of an Environmentally Conscious Canadian Citizen	Participate in Recreational Air Rifle Marksmanship	Explain Principles of Flight
Perform Community Service	Serve in an Air Cadet Squadron	Identify Characteristics of Piston-Powered Aircraft
Demonstrate Leadership Attributes within a Peer Setting	Execute Drill as a Member of a Squad	Participate in Aerospace Activities
Update Personal Activity Plan	Participate in Recreational Summer Biathlon Activities	Participate in Aerodrome Operations Activities
Participate in Recreational Sports	Participate in a Discussion on Canadian Aviation	Participate in a Discussion on Aircraft Fabrication and Maintenance

Unofficial convenience copy of A-CR-CCP-802/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-802-PF-001/A-CR-CCP-802-PF-001.pdf.
Verify against the official publication.

Participate in a Field Exercise		

Unofficial convenience copy of A-CR-CCP-802/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-802-PF-001/A-CR-CCP-802-PF-001.pdf.
Verify against the official publication.

POSTERS OF VARIOUS SYMBOLS OF CANADA

CANADIAN CITIZENSHIP

RIGHTS AND FREEDOMS	RESPONSIBILITIES
Legal Rights	Understand and Obey Canada's Laws
Equality Rights	Express Opinions Freely While Respecting the Rights and Freedoms of Others
Mobility Rights	Help Others in the Community
Aboriginal Peoples' Rights	Care for and Protect our Heritage and Environment
Freedom of Thought	Eliminate Discrimination and Injustice
Freedom of Speech	Vote in Elections (municipal, provincial and federal)
Freedom of Religion	Support Canada's Ideals in Building the Country
The Right to Peaceful Assembly	
The Right to Legal Rights	
The Right to Apply for a Passport	
The Right to Run in Elections	
The Right to Vote in Elections	

Unofficial convenience copy of A-CR-CCP-802/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-802-PF-001/A-CR-CCP-802-PF-001.pdf.
Verify against the official publication.

THE ROYAL ARMS OF CANADA



Canadian Heritage – Ceremonial and Canadian Symbols and Promotion. Retrieved 4 April 2007, from http://www.pch.gc.ca/progs/cpsc-ccsp/sc-cs/arm2_e.cfm

Figure C-1 The Royal Arms of Canada

Unofficial convenience copy of A-CR-CCP-802/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-802-PF-001/A-CR-CCP-802-PF-001.pdf.
Verify against the official publication.

THE NATIONAL FLAG



Canadian Heritage – Ceremonial and Canadian Symbols and Promotion.
Retrieved 4 April 2007, from http://www.pch.gc.ca/progs/cpsc-ccsp/sc-cs/dfl_e.cfm

Figure C-2 The National Flag

Unofficial convenience copy of A-CR-CCP-802/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-802-PF-001/A-CR-CCP-802-PF-001.pdf.
Verify against the official publication.

CODE OF ENVIRONMENTAL STEWARDSHIP

The Government of Canada fully supports the principle of sustainable development.

To reflect this commitment in all aspects of its operation and activities, from facilities and real property management to procurement and waste management, the Government commits:

- to integrate environmental concerns with operational, financial, safety, health, economic development and other relevant concerns in decision-making;
- to meet or exceed the letter and spirit of federal environmental laws and, where appropriate, to be compatible with provincial and international standards;
- to improve the level of awareness throughout the public service of the environmental and health benefits and risks of operational decisions and to encourage and recognize employee actions;
- to apply environmentally responsible management practices to hazardous substances used in operations, including biological products, specifically with regard to the acquisition, handling, storage, safety in use, transportation and disposal of such substances;
- to ensure that environmental considerations are integrated into government purchasing policies and practices; and
- to seek cost-effective ways of reducing the input of raw materials, toxic substances, energy, water and other resources, and of reducing the generation of waste and noise.

Unofficial convenience copy of A-CR-CCP-802/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-802-PF-001/A-CR-CCP-802-PF-001.pdf. Verify against the official publication.

HISTORY OF THE ROYAL CANADIAN AIR CADETS

- The Air Cadet League of Canada was formed in 1940, and raised its first squadrons in 1941.
- In 1942, in recognition of the significant contribution of former cadets to the war effort, His majesty King George VI conferred the title royal to the Cadet Program, creating the Royal Canadian Air Cadets.
- In 1968, the Army, Navy and Air Force were unified into the Canadian Armed Forces. At that time the Canadian Forces and the cadet movement adopted a single green uniform. The first issue of the green Air Cadet uniform was worn in 1976. This uniform remained in use for almost 20 years. In 1994, the Air Cadet uniform changed back to the traditional Air Force blue style, which is still worn today.
- Following the unification of the Canadian Forces (CF) in 1968, a directorate of cadets was established in Ottawa to set policy and coordinate activities between the three elements of the Cadet Program, and Air Cadet officers became commissioned members of the CF.
- On July 30, 1975, parliament amended the relevant legislation by changing the word boys to persons, therefore permitting girls to become members of the Royal Canadian Air Cadets.
- The “Air Force Blue” represents the sky above. It is a uniform richly endowed with history and tradition. Wearing the uniform bestows recognition of the individual as a representative of Canada’s honoured forces. More than just a means of identification, it is recognized as a badge of courage and bravery. The “Air Force Blue” was proudly worn by Canadians during the wars of the 20th century and their exploits are honoured by all who serve.

Unofficial convenience copy of A-CR-CCP-802/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-802-PF-001/A-CR-CCP-802-PF-001.pdf. Verify against the official publication.

THIS PAGE INTENTIONALLY LEFT BLANK

Unofficial convenience copy of A-CR-CCP-802/PF-001, cached 2026-11-08 from https://app.cadets.gc.ca/cadet-publications/A-CR-CCP-802-PF-001/A-CR-CCP-802-PF-001.pdf. Verify against the official publication.