**EO M108.08 – MARCH AND HALT IN QUICK TIME**

1. **Performance**: March and Halt in Quick Time

2. **Conditions**:

   a. Given:

      (1) Words of command,

      (2) Supervision, and

      (3) Assistance as required.

   b. Denied: Nil

   c. Environmental: Drill hall or outdoor parade square in favourable weather.

3. **Standard**: IAW A-DH-201-000/PT-001, *The Canadian Forces Manual of Drill and Ceremonial*, the cadet shall march and halt in quick time.

4. **Teaching Points**:

| TP | Description | Method | Time | Refs |
|---|---|---|---|---|
| TP1 | Explain, demonstrate and have the cadets march in quick time. | Demonstration and Performance | 10 min | A0-002 (pp. 3-6–3-8) |
| TP2 | Explain, demonstrate and have the cadets halt in quick time. | Demonstration and Performance | 15 min | A0-002 (pp. 3-6–3-8) |

5. **Time**:

   a. Introduction / Conclusion: 5 min

   b. Demonstration and Performance: 25 min

   c. Total: 30 min

6. **Substantiation**: A demonstration and performance was chosen for this lesson as it allows the instructor to explain and demonstrate the skill the cadets are expected to acquire while providing an opportunity for the cadets to practice the skill under supervision.

7. **Reference**: A0-002 A-DH-201-000/PT-001 Director History and Heritage 3-2. (2006). *The Canadian Forces manual of drill and ceremonial*. Ottawa, ON: Department of National Defence.

8. **Training Aids**: Nil.

9. **Learning Aids**: Nil.

10. **Test Details**: Nil.



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Verify against the official publication.

11. **Remarks**:

a. It is recommended that ongoing feedback be provided to the cadets during drill practices, parade nights and ceremonial parades. All corrections shall be made immediately so that bad habits do not persist.

b. Assistant instructors may be required for this lesson.



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