EO M107.01 – DISCUSS YEAR ONE TRAINING

1. **Performance:** Discuss Year One Training

2. **Conditions:**

   a. Given:

      (1) Supervision, and

      (2) Assistance as required.

   b. Denied: Nil.

   c. Environmental: Classroom or training area large enough to accommodate the entire group.

3. **Standard:** The cadet shall discuss year one training.

4. **Teaching Points:**

TP	Description	Method	Time	Refs
TP1	Explain proficiency level one subject areas and performance objectives, to include: a. training common to the sea, air and air elements of the CCO, to include: 1. Positive Social Relations for Youth, 2. citizenship, 3. community service, 4. leadership, 5. personal fitness and healthy living, 6. physical activities, 7. air rifle marksmanship, 8. general cadet knowledge, and 9. drill and ceremonial; and b. air elemental training, to include: 1. CF familiarization, 2. Canadian aviation, aerospace, aerodrome operations and aircraft manufacturing and maintenance community familiarization, 3. aviation, 4. aerospace, 5. aerodrome operations, 6. aircraft manufacturing and maintenance, and 7. aircrew survival.	Interactive Lecture	15 min	A3-029
TP2	Discuss squadron optional training, to include: a. cultural education / travel;	Interactive Lecture	10 min	A3-029

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TP	Description	Method	Time	Refs
	b. music, to include: 1. military, and 2. pipes and drums; and c. summer and winter biathlon, d. first-aid, e. drill team, f. ground school, and g. other opportunities as resources allow.			

5. **Time**:

a.	Introduction / Conclusion:	5 min
b.	Interactive Lecture:	25 min
c.	Total:	30 min

6. **Substantiation:** An interactive lecture was chosen for this lesson to orient the cadets to year one training and optional training opportunities at the squadron.

7. **References:** A3-029 CATO 51-01 Director Cadets 3. (2006). *Air cadet program outline*. Ottawa, ON: Department of National Defence.

8. **Training Aids:** Presentation aids (i.e., whiteboards / flipcharts / OHP / multimedia projector) appropriate for training area.

9. **Learning Aids:** Nil.

10. **Test Details:** Nil.

11. **Remarks:**

    a. This lesson should follow EO M103.02 (Map Personal Goals for the Training Year).

    b. This lesson should be scheduled at the beginning of the training year.

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