EO C490.03 – MOVE A CASUALTY TO SHELTER

1. **Performance**: Move a Casualty to Shelter

2. **Conditions**:

   a. Given:

      (1) Wooden poles (approximately 3 m long),

      (2) Shirts / coats,

      (3) Blanket,

      (4) Tarp,

      (5) Cordage,

      (6) Supervision, and

      (7) Assistance as required.

   b. Denied: Nil.

   c. Environmental: Training area large enough to accommodate the entire group.

3. **Standard**: The cadet shall:

   a. assess the situation; and

   b. move a casualty to shelter using:

      (1) a rescue carry, and

      (2) an improvised stretcher.

4. **Teaching Points**:

TP	Description	Method	Time	Refs
TP1	Conduct an activity where the cadets will practice Emergency Scene Management (ESM), to include: a. scene survey, to include: 1. taking charge of the situation; 2. calling out for help, to attract bystanders; 3. assessing the hazards and making the area safe; 4. finding out the history of the scene, number of casualties and mechanism(s) of injury; 5. identifying yourself and obtaining consent; 6. assessing the responsiveness of casualty; and 7. getting medical help;	Practical Activity	15 min	A0-134 (pp. 1-11 to 1-15)

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TP	Description	Method	Time	Refs
	b. primary survey, to include: 1. checking the airway; 2. checking for breathing; and 3. checking circulation; c. secondary survey, to include: 1. obtaining a history of the casualty; 2. assessing the vital signs of the casualty; 3. performing a head to toe examination of the casualty; and 4. giving first aid to the casualty; and d. ongoing casualty care, to include: 1. giving first aid for shock; 2. monitoring the casualty's condition; 3. recording the events of the situation; and 4. reporting on what happened.			
TP2	Explain, demonstrate and have the cadets, in pairs / groups of three, move a casualty to shelter, to include: a. moving and carrying over short distances using: 1. drags, 2. the tarp drag method, 3. single-rescue carries, to include: (a) packstrap carry, (b) piggyback carry, and (c) carrying seat; and b. carrying over long distances using the following two-person carries: 1. the fore-and-aft lift and carry, and 2. two-hand seat.	Demonstration and Performance	20 min	C2-030 (pp. 18–30)
TP3	Explain, demonstrate and have the cadets, as members of a group, fabricate an improvised stretcher, to include: a. inventorying the available resources; b. fabricating the improvised stretcher; and c. testing the durability of the stretcher before use.	Demonstration and Performance	30 min	C2-030 (pp. 30–33)
TP4	Discuss casualty care, to include: a. focusing on: 1. breathing, 2. warmth,	Interactive Lecture	15 min	C2-030 (pp. 52–69)

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TP	Description	Method	Time	Refs
	3. body's position (eg, recovery, comfortable), 4. morale, 5. rest, 6. fluid intake, 7. urination, and b. recording all observations.			

5. **Time**:

a.	Introduction / Conclusion:	10 min
b.	Practical Activity:	15 min
c.	Demonstration and Performance:	50 min
d.	Interactive Lecture:	15 min
e.	Total:	90 min

6. **Substantiation**:

   a. A practical activity was chosen for TP 1 as it is an interactive way to allow cadets to experience emergency scene management skills in a safe, controlled environment. This activity contributes to the development of first aid skills and knowledge in a fun and challenging setting.

   b. A demonstration and performance was chosen for TPs 2 and 3 as it allows the instructor to explain and demonstrate moving a casualty to shelter and fabricating an improvised stretcher while providing an opportunity for the cadets to practice and develop these skills under supervision.

   c. An interactive lecture was chosen for TP 4 to introduce the cadets to assessing the situation and caring for a casualty.

7. **References**:

   a. A0-134 A-MD-050-072/PW-001 Canadian Forces (2006). *Military first aid: Safety oriented: basic and standard Levels: Activity book*. Ottawa: Department of National Defence.

   b. C2-030 ISBN 0-7710-8250-9 Merry, W. (1994). *St. John Ambulance: The official wilderness first aid guide*. Toronto, ON: McClelland & Stewart Inc.

8. **Training Aids**:

   a. Presentation aids (eg, whiteboard / flip chart / OHP / multimedia projector) appropriate for the classroom / training area,

   b. Wooden poles (approximately 3 m long),

   c. Shirts / coats,

   d. Blanket,

   e. Tarp, and

   f. Cordage.

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9. **Learning Aids**:

   a. Wooden poles (approximately 3 m long),

   b. Shirts / coats,

   c. Blanket,

   d. Tarp, and

   e. Cordage.

10. **Test Details**: Nil.

11. **Remarks**:

   a. Cadets who are qualified Survival Instructor or qualified first-aiders in Proficiency Level Four may assist in the conduct of this EO.

   b. The assessment of the casualty in order to move the casualty will be conducted by the qualified first-aider.

   c. Samples of improvised stretchers should be fabricated before conducting this lesson to use as examples.

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