EO C409.02 – INSTRUCT A 30-MINUTE LESSON

1. **Performance**: Instruct a 30-Minute Lesson
2. **Conditions**:
   a. Given:
      (1) A lesson specification,
      (2) An instructional guide, and
      (3) Supervision.
   b. Denied: Assistance.
   c. Environmental: Classroom or training area large enough to accommodate the entire group.
3. **Standard**: The cadet shall instruct a 30-minute lesson by:
   a. preparing the lesson;
   b. introducing the lesson;
   c. presenting the content of the lesson;
   d. confirming the knowledge / skills learned during the lesson; and
   e. concluding the lesson.
4. **Teaching Points**: Have the cadets instruct a 30-minute lesson by:
   a. preparing the lesson;
   b. introducing the lesson;
   c. presenting the content of the lesson;
   d. confirming the knowledge / skills learned during the lesson; and
   e. concluding the lesson.
5. **Time**:

a.	Introduction / Conclusion:	5 min
b.	Practical Activity:	85 min
c.	Total:	90 min

6. **Substantiation**: A practical activity was chosen for this lesson as it is an interactive way for cadets to develop instructional skills in a safe and controlled environment.
7. **References**: Nil.
8. **Training Aids**: Instructional Techniques Assessment Form.
9. **Learning Aids**:
   a. Presentation aids (eg, whiteboard / flip chart / OHP) appropriate for the classroom / training area, and
   b. Instructional Techniques Assessment Form.

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10. **Test Details**: Nil.

11. **Remarks**:

    a. There is no instructional guide for this EO.

    b. This EO may serve as additional time to complete EO M409.05 (Instruct a 30-Minute Lesson) or as additional time for the cadets to practice instruction.

    c. The cadets shall instruct Proficiency Level One or Proficiency Level Two cadets on a regular training session.

    d. The course officer shall communicate with the training officer to:

        (1) place the Proficiency Level Four cadets into the instructor schedule;

        (2) ensure the cadets are assigned a lesson at least one week prior to conducting this EO, to include:

            (a) a lesson specification, and

            (b) an instructional guide; and

        (3) the period allocation for this EO may be shortened if all three periods are not required for each Proficiency Level Four cadet to instruct a 30-minute lesson.

    e. Time for lesson planning for this EO is available in EO C409.01 (Plan a Lesson).

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