EO C390.06 – DETERMINE DIRECTION USING THE SUN

1. **Performance.** Determine Direction Using the Sun.

2. **Conditions**

   a. Given:

      (1) Analog watch,

      (2) Supervision, and

      (3) Assistance as required.

   b. Denied: N/A.

   c. Environmental: Field setting during the day with a clear view of the sun.

3. **Standard.** The cadet shall determine direction using the sun with:

   a. a shadow stick, and

   b. an analog watch.

4. **Teaching Points**

TP	Description	Method	Time	Ref
TP1	Explain, demonstrate and have cadets determine direction using a shadow stick.	Demonstration and Performance	15 min	C3-002 (p. 351, p. 352)
TP2	Explain, demonstrate and have cadets determine direction using an analog watch.	Demonstration and Performance	10 min	C3-002 (p. 352, p. 353)

5. **Time**

   a. Introduction/Conclusion: 5 min

   b. Demonstration and Performance: 25 min

   c. Total: 30 min

6. **Substantiation.** Demonstration and performance was chosen for this lesson as it allows the instructor to explain and demonstrate determining direction using the sun while providing an opportunity for the cadets to practice the skill under supervision.

7. **References.** C3-002 (ISBN 0-00-653140-7) Wiseman, J. (1999). *The SAS Survival Handbook*. Hammersmith, London: HarperCollins Publishers.

8. **Training Aids**

   a. Presentation aids (eg, whiteboard/flip chart/OHP/multimedia projector) appropriate for the classroom/training area, and

   b. Analog wall clock.

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9. **Learning Aids**

    a. Analog watch, and

    b. Stick.

10. **Test Details.** N/A.

11. **Remarks.** Sticks to be collected by the cadets in the field.

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